

| <u>Norland Moor</u> |                   | 25-Aug-13            | <u>Cat</u> | <u>Time</u> | <u>rating</u> | <u>improvement</u> |
|---------------------|-------------------|----------------------|------------|-------------|---------------|--------------------|
| 1                   | Tom Adams         | Ilkley               |            | 0:35:14     | 1.10          |                    |
| 6                   | Liam Gough        | CVFR                 |            | 0:41:39     | 1.30          | 3%                 |
| 7                   | Mark O'Connor     | CVFR                 |            | 0:41:43     | 1.30          | 4%                 |
| 12                  | Sula Gay          | Hunters Bog Trotters | F          | 0:42:34     | 1.32          |                    |
| 42                  | Lance Parker      | CVFR                 | M40        | 0:48:08     | 1.50          | 1%                 |
| 44                  | James Kershaw     | CVFR                 |            | 0:48:54     | 1.52          | -5%                |
| 60                  | Paul Taylor       | CVFR                 | M45        | 0:52:20     | 1.63          | -2%                |
| 61                  | David Culpan      | CVFR                 | M50        | 0:52:21     | 1.63          | 1%                 |
| 62                  | Tim Hayles        | CVFR                 |            | 0:52:28     | 1.63          | 0%                 |
| 70                  | Brian Shelmerdine | CVFR                 | M60        | 0:52:52     | 1.64          |                    |
| 75                  | John Nunn         | CVFR                 | M50        | 0:53:12     | 1.66          | 3%                 |
| 91                  | Rachel Johnston   | CVFR                 | F45        | 0:57:08     | 1.78          | 0%                 |
| 109                 | Linda Hayles      | CVFR                 | F55        | 1:11:59     | 2.24          | -27%               |

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