

<b><u>Burnsall</u></b>		24-Aug-13	<b><u>Cat</u></b>	<b><u>Time</u></b>	<b><u>rating</u></b>	<b><u>improvement</u></b>
1	Simon Bailey	Mercia		0:14:10	1.00	
23	Robert Paradise	CVFR		0:18:02	1.27	4%
31	Lee Shimwell	CVFR		0:18:45	1.32	1%
35	Stephen Smithies	CVFR	V40	0:19:12	1.36	-4%
F1	Mel Price	Mercia	F40	0:19:25	1.37	
52	James Kershaw	CVFR		0:20:29	1.45	-1%
70	Nicky Bolton	CVFR		0:22:00	1.55	0%
F4	Jo Buckley	CVFR	F	0:22:50	1.61	-25%

152 runners