

<b>Gargrave</b>		17-Aug-13	<b><u>Time</u></b>	<b><u>rating</u></b>	<b><u>improvement</u></b>
1	Jack Simpson	Leeds City	0:22:23	1.14	
16	Robert Paradise	CVFR	0:26:11	1.34	0%
18	Liam Gough	CVFR	0:26:23	1.35	-2%
31	Claire Lilley	Skipton	0:29:00	1.48	
39	Nicky Bolton	CVFR	0:30:09	1.54	<b>5%</b>

83 runners