

Wharfedale Off-Road Marathon

01-Jun-13

Cat**Time****rating****improvement**

1	Ricky Lightfoot	Ellenborough		2:33:07	0.91			
3	Karl Gray	CVFR	V40	2:42:00	0.96	3%	best this year	
10	Jo Buckley	CVFR	FV35	3:04:31	1.10	14%	best ever!	First woman
88	Jon Hairsine	CVFR	V50	4:21:06	1.55	-3%		
94	Linda Murgatroyd	CVFR	FV45	4:34:13	1.63	-1%		

117 runners