

	Pendle	06-Apr-13	Cat	Time	rating	improvement	
1	Rob Hope	P&B		0:32:13	1.04		
6	Shaun Godsman	CVFR	M40	0:33:24	1.08	2%	best this year
10	Tim Ellis	CVFR		0:34:29	1.12	-2%	
14	Victoria Wilkinson	Bingley	F	0:35:19	1.14		
27	Mark Goldie	CVFR	M40	0:37:11	1.20	3%	
30	Stephen Smithies	CVFR	M40	0:37:24	1.21	3%	best this year
50	Rob Dobson	CVFR		0:39:21	1.28	-1%	
51	Robert Paradise	CVFR		0:39:32	1.28	0%	
61	Ben Frechette	CVFR		0:40:21	1.31	1%	
74	Ashley Sharp	CVFR		0:41:25	1.34		
102	Mark O'Connor	CVFR		0:43:41	1.42		
135	Trudi Entwistle	CVFR	F40	0:46:27	1.51	-4%	
149	Jim Mosley	CVFR	M40	0:47:23	1.54	0%	
171	Richard Ingram	CVFR	M40	0:49:05	1.59	-6%	
188	Nathan Kennaugh	CVFR		0:50:15	1.63	-3%	
191	Nicky Bolton	CVFR		0:50:33	1.64	-14%	
192	Sharon Godsman	CVFR	F40	0:50:36	1.64	-1%	
222	Toby Sydes	CVFR	M40	0:52:25	1.70	1%	
275	Charlotte Wetton	CVFR	F	0:56:26	1.83	5%	
295	Ruth James	CVFR	F18	0:58:51	1.91	-7%	

340 finishers