

	<b><u>Rivington Pike</u></b>	30-Mar-13	<b><u>Cat</u></b>	<b><u>Time</u></b>	<b><u>rating</u></b>	<b><u>improvement</u></b>
1	Tom Cornthwaite	Northumberland FR		0:18:04	1.05	
10	Max Wharton	CVFR	U18	0:19:34	1.14	-1%
23	Katie Walshaw	Holmfirth	L	0:20:24	1.19	
37	Stephen Smithies	CVFR	V45	0:21:24	1.25	0%
42	Robert Paradise	CVFR		0:21:47	1.27	1%
60	Mark Wharton	CVFR	V45	0:22:34	1.32	1%
216	Jeremy Wilkinson	CVFR	V40	0:28:26	1.66	-2%
267	Steve Cavell	CVFR	V55	0:30:53	1.80	-3%

312 runners