

<b><u>Ian Roberts</u></b>		10-Mar-13	<b><u>Cat</u></b>	<b><u>Time</u></b>	<b><u>rating</u></b>	<b><u>improvement</u></b>
1	Joe Crossfield	Halifax		0:53:25	1.17	
11	Katie Walshaw	Holmfirth	F	0:57:27	1.26	
31	Paul Biddulph	CVFR	MV40	1:01:18	1.34	3%
45	Andy Thorpe2	CVFR	MV40	1:05:09	1.43	-21%
82	David Culpan	CVFR	MV50	1:14:16	1.62	-2%

108 runners