

	<b>Howarth Hobble</b>	09-Mar-13	<b>Cat</b>	<b>Time</b>	<b>rating</b>	<b>improvement</b>	
1	Duncan Harris	Chester Tri	M45	4:22:14	1.12		
3	Kevin Hoult	CVFR	M35	4:27:47	1.14	5%	best ever!
7	Simon Bourne	CVFR	M40	4:41:13	1.20	-2%	
23	Cath Wood	Bridlington	F	4:58:49	1.28		
29	Chris Mawdsley	CVFR	M45	5:00:25	1.28	0%	
32	Martin Huddleston	CVFR	M40	5:02:26	1.29	4%	best ever!
45	Jon Underwood	CVFR	M40	5:13:24	1.34	1%	
47	Stephen Smithies	CVFR	M45	5:16:55	1.35	-6%	
78	Ian Wood	CVFR	M45	5:38:02	1.44	-8%	
93	Doug Gurr	CVFR	M45	5:49:16	1.49	-1%	
117	Linda Murgatroyd	CVFR	F45	5:58:36	1.53	3%	
119	Jackie Scarf	CVFR	F50	5:58:45	1.53	0%	
140	Tony Steward	CVFR	M55	6:14:34	1.60	3%	
153	Adrian Shaw	CVFR	M50	6:18:40	1.62	-7%	
230	John Nunn	CVFR	M50	7:18:49	1.87	-3%	
251	Philip Jones	CVFR	M55	7:42:06	1.97	-2%	

320 individuals/pairs finished