



RAMPAGE

ISSUE 8

CALDER VALLEY
FELL RUNNERS

DECEMBER 1988



S. CLAUS FINISHING THE WINTER HILL RACE.

2.

EDITORIAL

(!)

Well, here it is at last - sort of! RMPAGE 8 has finally run off the press. Bod has now resigned as editor and Jill will take over from the next issue, but she will need help and contributions for what is proving to be a very time consuming job.

In the meantime here is an emergency Christmas issue. Once more we offer our apologies for the non-appearance of RAMPAGE for most of the year. We are sure it has been sadly missed and intend to ensure that it appears regularly next year. We plan to have named copies so that everyone will be sure to get one.

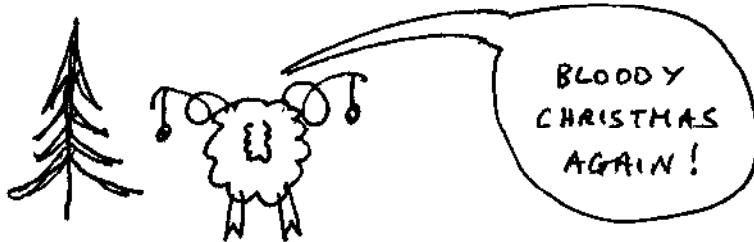
Apologies also for the poor typing due to the rushed production.

Our juniors have had an excellent year under the guidance of Mike "Mutton" Bowden and their results (published on "Lampage") are worth looking at. Mike is creating a firm foundation for the future success of the club and deserves our whole hearted support.

WE want to make the Club Championship of more interest to everyone next year and some ideas are published in this issue. We will welcome further comments about this. Let's make it a real hot competition!

DON'T FORGET THE ANNUAL DINNER! Tickets are limited to 80 this year and are likely to be in short supply so make sure to order yours now from Jim Sheard. The dinner is at the Wool Merchant in Halifax on Saturday 28th January after the Club Handicap. They cost £10 each (£5 deposit before 9th January)

FINALLY, A MESSAGE FROM RAMSBOTTOM:



Rod Sutcliffe

COMMITTEE

Chairman	Rhys Kift	Hx 883634
Secretary	Graeme Woodward	Hx 885185
Treasurer	Alistair Sowden	Hx 884860
Club Captain/Fixtures Sec.	Jeff Winder	Hx 883600
Membership Secretary	Richard Kellett	Hx 202923
Social Secretary	Jim Sheard	Hx 884764
Publicity Officer	Dave Yates	-

CO-OPTED MEMBERS

Officer for Juniors	Mike Bowden	Hx 831249
RAMPAGE Editor	Jill Thistlethwaite	Hx 884756
Statistics/Publicity/Communic	Rod Sutcliffe	BBr 845438

OTHER CLUB OFFICIALS

Equipment Officer	Graeme Woodward
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CALDER VALLEY FELL RUNNERSCLUB CHAMPIONSHIP 1988

	NAME	POINTS	RACES	AVERAGE POINT PER RACE
1.	D. THOMPSON	907	10	91
2.	J. WINDER	898	10	90
3.	P. HORNE	688	10	69
4.	G. WEBB	568	6	95
5.	R. CROSSLAND	565	7	81
6.	R. SUTCLIFFE	534	7	76
7.	T. GAUNTLETT	520	8	65
8.	B. HORSLEY	491	7	70
9=	R. ROWLANDS	328	4	82
9=	R. CLARE	328	4	82
11	S. SKELTON	317	4	79
12	P. ROUND	250	4	63
13	G. WOODWARD	249	5	50
14	R. HORNE	246	5	49
15	P. REGAN	244	7	35
16	C. JONES	192	3	64
17	R. KELLETT	188	3	63
18	A. THOMPSON	187	3	62
19	J. MARSHALL	179	3	60
20	S. KIRKBRIDE	178	5	36
21	M. HOLMES	177	2	89
22	D. SHEPHERD	160	4	40
23	J. RILEY	152	4	38
24	B. BLAMIRE	150	4	38
25	S. CAVELL	149	5	30
26	J. SHEARD	148	5	30
27	T. REDMOND	137	4	34
28	R. ARRANDALE	128	4	32
29	G. SPENCER	100	4	37
30	A. SOWDEN	108	2	54
31	R. BENN	107	2	54
32	C. GREENWOOD	103	3	34
33	A. SOWDEN	94	2	47
34	S. TOWLER	92	2	46
35	D. YATES	88	2	44
36	M. DAVIS	82	1	82
37	C. PEART-BINNS	80	2	40
38	T. DANIELS	73	1	73
39	M. ANDERTON	64	1	64
40	D. LANGMEADE	58	4	15
41	M. FLEETWOOD	57	2	29
42	J. THISTLETHWAITE	56	3	19
43	M. BRAMHALL-PIMLOTT	50	2	25
44	G. COPPOCK	48	1	48
45	C. ASHWORTH	47	1	47
46	D. RIDGWAY	37	1	37
47	P. CARTWRIGHT	25	2	25
48=	D. ANDERSON	22	1	22
48=	J. SMITH	22	3	7
50	J. SMITH	19	2	10
51	A. BOWDEN	17	1	17
52	M. BOWDEN	8	2	4
53=	P. ANDERSON	3	1	3
53=	R. NUTTALL	3	1	3

* O.K. : OLD AND KNACKERED.

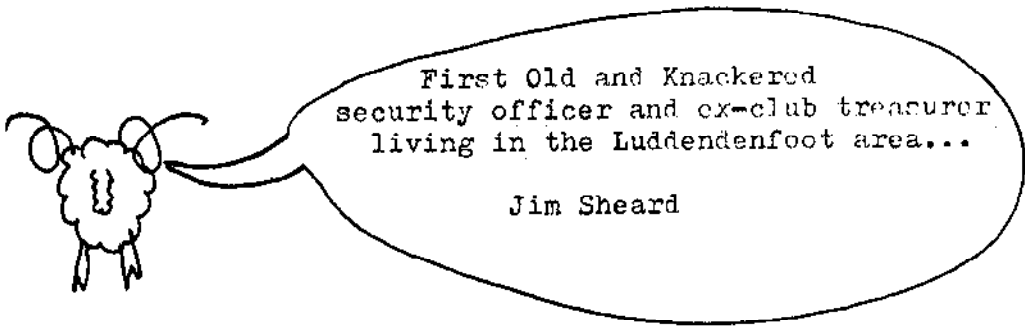
CLUB CHAMPIONSHIP 1988

CONGRATULATIONS TO DUNCAN THOMPSON on winning this year's club championship in a close battle with Jeff Winder which left the two of them just three points apart before the last race at Winter Hill.

Only three members completed the maximum number of qualifying races. We hope to encourage more people to attempt the championship seriously next year.

*The full results are published on page 3. Here are a few further statistics.

Highest average points per race	Gary Webb	95
Best three short races	Gary Webb	290
Best three medium races	Duncan Thompson	276
Best three long races	Jeff Winder	251
First lady	Jill Thistlethwaite	
First vet	Steve Kirkbride	
First male brown haired doctor	Rod Sutcliffe	



Best club mascot	RAMSBOTTLER
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PROPOSAL FOR A NEW CLUB CHAMPIONSHIP SCORING SYSTEM - Duncan Thompson

This method could still adopt the present system of a runner's 10 best performances from 15 pre-selected races comprising his final score.

In a Club Championship race the first CVFR member to finish would get one point. Second member home would get two points, third three points, fourth four points and so on down to the last CVFR member to finish the race.

At the end of the season a runner's 10 best scores (three from each group and one other) are totalled up. The runner with the least points is the Club Champion.

This system means that CVFR members are competing against each other directly even though they could be well away from each other in the actual positions.

Another advantage of this system with its eliminating all non-CVFR members from the results is that if, as happened at Thieveley this year, the English National Team shows up, the club members are not "pushed" down the results and consequently down the points list. For example: in my own case at Thieveley I was second CVFR member, therefore I would get 2 points. Under the current system I would get 87 points. Compare this with another short race, Downham, where I was first CVFR member and would get 1 point. Due to the lack

(continued on page 5)

CHAMPIONSHIP SCORING SYSTEM

of "class" runners at this race I was a lot further up the field and scored 92 points under the current system. These 4 points could prove quite important whereas the 1 point (my proposed system) gap would keep things close.



I trust that the committee will give this (and any other systems put forward) due consideration and shall be glad to hear their observations.
D.T.

TODMORDEN HARRIERS CLUB CHAMPIONSHIP AND GRADING SCHEME FOR 1989

Todmorden have devised a grading scheme which allows senior runners to compete on similar terms allowing for age and sex. It also allows runners of all abilities to set themselves targets and aim for defined standards based on times rather than race positions.

Correction factors are worked out for different age and sex groups based on World best times and these are applied to each race record. Runners can then aim to achieve set class times in relation to this standard time for their age and sex category. Elite class would be within 10% above the standard time and Gold Class 1 would be within 15% above etc.

Their classes are as follows, giving the percentage time above the standard time which would qualify for the class plus the points scored for the club championship.

ELITE		10%	20pts	BRONZE	Class 1	45%	13pts
					Class 2	50%	12
GOLD	Class 1	15%	19		Class 3	55%	11
	Class 2	20%	18				
	Class 3	25%	17	NOVICE	Class 1	60%	10
					Class 2	65%	9
SILVER	Class 1	30%	16		Class 3	70%	8
	Class 2	35%	15		Class 4	75%	7
	Class 3	40%	14		Class 5	80+ %	6

This system could be adapted for our club to allow us to measure our improvement throughout the season and to give a fairer championship table at the end.

Rod Sutcliffe.

COMMITTEE DECISION
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The committee has decided that for next year we will continue with the same championship system as last year, but that we will run a grading system alongside it. Jeff Winder and Rod Sutcliffe will devise the system.

PLEASE MAKE YOUR COMMENTS TO ROD OR JEFF

SURVIVAL ON THE BEN

SUSAN BAILEY on a Ben Nevis race, memorable for the atrocious conditions

For many British hill runners, the peak of their ambitions is called Ben Nevis. Every year, 600 entries are received by Secretary of the Ben Nevis Race Association, George MacFarlane. Some come back annually to improve their personal best, some come once, just to be able to say they've done it.

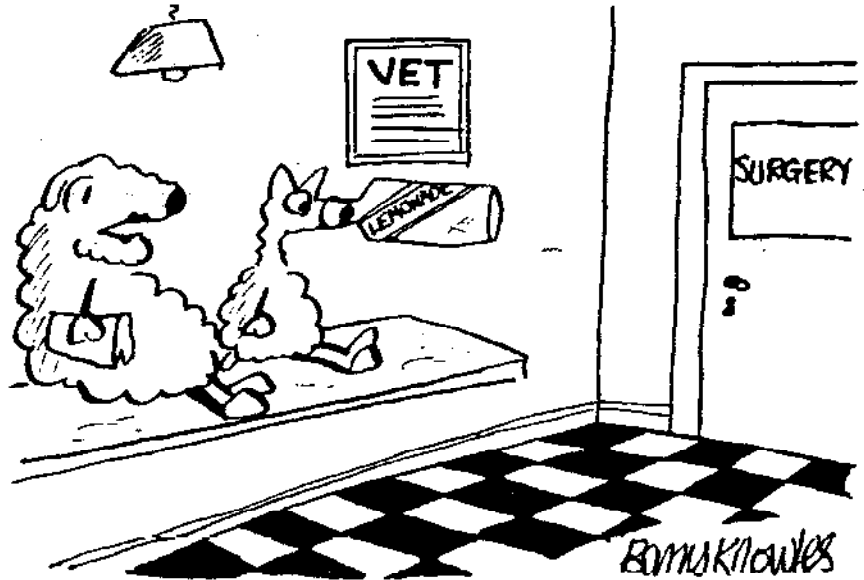
In normal conditions, the temperature measures 16° lower at the top, air pressure is 4½" lower and people have been known to suffer from altitude sickness. Many road runners who try it soon learn there's more to hill running than stamina and speed. The start involves a circuit of the New Town Park in Fort William, followed by a brisk run along the road to Achintee Farm, which lulls road runners into a sense of false security. From there, the 4406' climb is non-stop, even if it is mainly by path. There are no gulleys or shoulders to offer temporary relief. The tourist track zigs round Melantee, crosses the notorious Red Burn at the half way stage and zags at an even steeper pitch up to the boulder strewn summit. This 14 mile route is too easy for the runners, however, who cut out most of the zigs and zags, reducing the distance to

10. Local veterans like Eddie Campbell who this year completed his 37th Ben Nevis race, are the ones to watch for safe shortcuts. The descent is relentless and the last mile of road back to the park sees many just not knowing how to use their legs.

This year's race saw many in that condition up on the hill. An hour before the start the summit party reported winds up to 70 m.p.h. hail, a temperature of zero, and visibility down to 5 yards but with marshals and mountain rescue personnel littering the mountain, it was felt safe to proceed. Runners were recommended to wear additional clothing however, advice which not all heeded.

It wasn't long before the first retrials were being relayed by the Highland Raynet Group, who were acting as marshals. Conditions were particularly bad at the Red Burn where winds caught you and could rip open a cagoule. Many recognised their limits in time to turn back safely. Others battled on. When local runner Collette Chrystal, winner of the mixed supervet category in the Scottish Mountain Trial returned, we knew things were bad.

Those who don't reach the summit in two hours are turned back, and confirmation came through shortly before four that all runners were to be sent back at 16.12 (The start had been delayed by 12 minutes.) This rule is for the benefit of officials and runners. The summit party are on the hill from 8 a.m. and stay there until the last competitor is reported down and safe, usually at about 6 p.m. Were there no time limit on the ascent, allowing for injuries, they might not be back before dark. As for the runners, fit competitors can run fast and continuously therefore keeping up body temperatures and only being exposed to the elements for a couple of hours. Slower runners are obviously at greater risk.



"Dave said you were going so well when you went past and this would save you having to stop for a drink...."

Colin Donnelly was strongly tipped to win and took an early lead which he held all the way to the summit, taking the brunt of punishing gusts of wind and navigational decisions — not easy with visibility down to 50 yards and sleet driving in your face. But it was Gary Devine of Pudsey and Bramley, who took advantage of the wind behind him three quarters of the way down and leapt past a tired Colin, to cross the finish line in a time of 1.30.10, 5 minutes outside the record. First lady was newcomer Sara Taylor of Horsforth Fellandale in a time of 2.05.23.

70 mph

Meanwhile, back on the mountain, the race was also over for some. Staggering in the now 70 m.p.h. gusts, it was enough to do just keeping going in sub-zero temperatures. Men wept with exhaustion, were blown over by gusts of wind and thence crawled on hands and knees. What do you do when the guy in front collapses at your feet? Personal bests were long forgotten as people, without much left themselves, struggled to help fellow runners, sharing clothes and carrying them to the mountain rescue teams.

By 6.45, additional help had been called in and five teams were on the mountain, the local Lochaber team, RAF Kinloss, Glencoe, Lochiel and RAF Leuchars. Helicopters from Leuchars and Lossiemouth

were evacuating serious cases of exposure, hypothermia and a broken ankle. Donald Watt, leader of the Lochaber Mountain Rescue Team claimed that 8 participants were within ½ hour of death and were only saved by the skill of the rescue services. He spoke scathingly, and rightly so, of their scanty dress. Fortunately, of 18 hospitalised, only 2 had to be detained overnight and they were released on Sunday.

In the aftermath of questions as to whether the race should have been allowed to proceed, all concerned must look very closely at their responsibilities. The organisers could hardly have stressed more forcibly prevailing conditions, yet runners chose to ignore warnings. Orienteers and hill runners are accustomed to wearing or carrying full body cover. No one could have objected if it had been made a condition of entry, yet it wasn't.

Ben Nevis is no place for the naive. From the gaelic, it is said to be the mountain with its summit nearest heaven yet it felt quite the opposite on Saturday. If not given the respect he deserves, old Ben will extract it. Results? 488 starters, 450 finishers, all safe.

ROMBALDS MOOR FELL RACE, 20 NOV 88

5 1/2 miles, 2000 ft.

- 1. G. Devine (P and B.) 34-49
- 16. D. Thompson 36-06
- 52. R. Sutcliffe 32-32
- 78. B. Horsley 39-43
- 109. C. Greenwood 41-32
- 127. T. Redwood 42-21
- 151. S. Cavell 43-31

WINTER HILL FELL RACE, 27 NOV 88

11 miles, 2700 ft

- 1. G. Devine (P and B) 1-23-39
- 12. G. Webb 1-29-08
- 28. D. Thompson 1-32-53
- 52. J. Winder 1-38-06
- 53. R. Sutcliffe 1-38-09.
- 62. B. Horsley 1-39-11
- 65. A. Crossland 1-39-41
- 237. C. Greenwood 2-00-55

Team (five runners)

- 6. Calder Glen Harriers (?!)

BOULSWORTH HILL FELL RACE, 17 DEC 88

8 miles, 1200 ft.

- 1. G. Devine (P and B.) 47-33
- 12. D. Thompson 50-48
- 16. R. Rowlands 52-05
- 48. G. Woodward 59-25
- 74. G. Spencer 63-12
- 76. S. Cavell 63-23

(142 fm.).

CAPTION
COMPETITION



Suggestions for a caption

(preferably related to fell running) will be published in the next issue.

There will be a prize for the winner.

The judge's decision shall be final (but he may be amenable to negotiation!)

ENTRIES TO ROD OR JILL PLEASE.

LAMPAGE..... Mike Mutton

Since last writing the junior section of the club has gone from strength to strength. New members have joined and the juniors are more than twenty in number. Throughout the summer, juniors have been showing the club colours throughout Yorkshire and Lancashire and have put Calder Valley first past the post in four fell races. Edward Welham in his debut at Skipton and Alex Bowden at Buckden, Windhill Gala and Gale Fell Races.

Special congratulations to Chris Jones for setting a record number of points in the British Junior Championships and giving the rest of you a target to beat in years to come. Also to Alex Bowden for his win over 800m in the West Yorkshire Schools Cross Country Championship and completing twenty boys races over 800m and 1500m undefeated!

The participation of the juniors in the West Yorkshire Cross Country League can only give the club wider recognition and in years to come County caps for some of you youngsters.

Finally a special thanks to all those club members and parents who have helped with the juniors over the past six months and ensured that training nights and getting to races has been possible.

JUNIOR RACE RESULTS * * * *

SKIPTON JUNIOR FELL RACE 12/6/88

U/11

1. E. Welham 5-57
(36 finishers)

U/13

1. M. Moorhouse (Salford) 7-29
13. L. Parry 8-42
26. N. Parry 9-21
32. K. Bowden 10-14
(34 finishers)

U/15

1. S. Brophy (Holmfirth) 13-09
4. A. Bowden 13-46

U/17

1. C. Walker (P and B) 25-22
9. M. Anderton 29-43
(22 finishers)

GREAT HAMELDON HILL JUNIOR RACE

1. J. Taylor (Clayton) 21-59
3. A. Bowden 23-25
(35 finishers)

BUCKDEN JUNIOR FELL RACE U/15

1. A. Bowden no time
5. I. Powell "
10. K. Bowden "
(33 finishers)

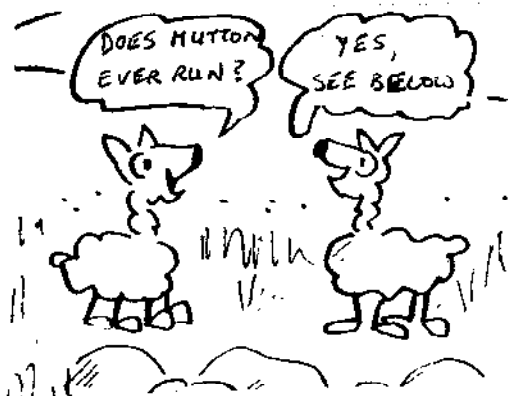
GALE FELL RACE U/16 30/10/88

1. A. Bowden 10-56
7. E. Welham (2nd U/12) 12-45
11. G. Bailey 14-04
12. C. Nuttall 14-21
17. Anna Clarkson 15-58
19. D. Ayling 16-16
20. Karen Godsell 16-36
(33 finishers)

HOLLINGWORTH LAKE FUN RUN 16/10/88

3½ miles

2. A. Bowden
14. M. Mutton (The club's oldest junior)
(180 finishers)



GREAT NORTH RUN HALF MARATHON

3910. M. Mutton 96-06
(around 23000 finishers!)

DOES ANYONE HAVE THE WADSWORTH JUNIOR FELL RACE RESULTS????????????????????????????????????

CROSS COUNTRY

SKIPTON OPEN CC 8/10/88

U/13

1. C Fell (Rossendale)	10-56
42. J. Smith	12-53
67. N. Parry	13-55
70. K. Bowden	1406
76. C. Nuttall	14-14
(82 finishers)	

U/15

1. W. Styan (Holmfirtn)	13006
2. A. Bowden	13-17
(84 fin.)	

U/11

26. E. Welham	?
(Gave the other 70 200m start!)	

W YORKS CC LEAGUE, LEEDS 15/10/88

U/13

19. E. Welham	13-15
23. J. Smith	13-42
43. G. Bailey	14-39
49. N. Parry	14-57
59. K. Bowden	15-37
61. C. Nuttall	15-55
70. D. Ayling	?

Team 7th out of 11

U/15

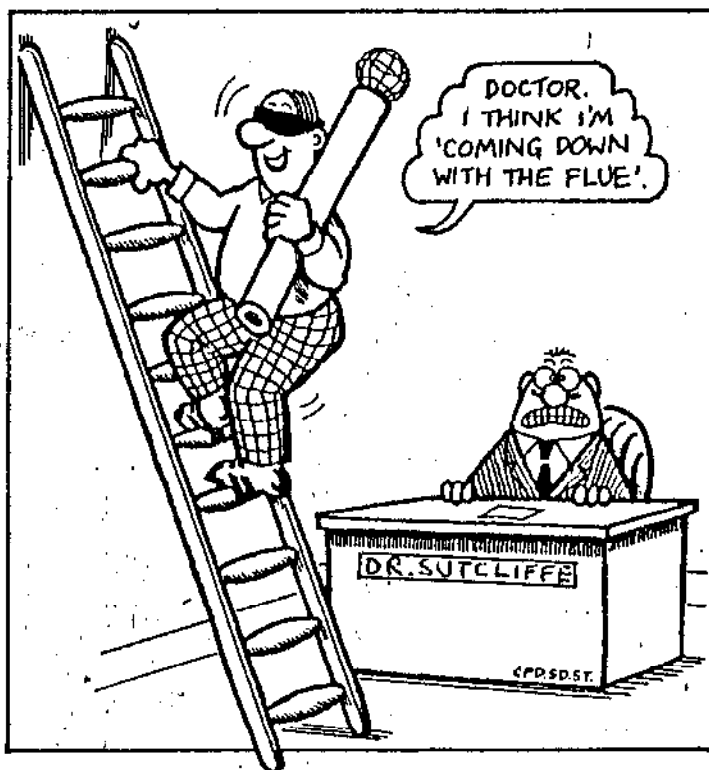
1. G. Garside (Lingwood)	11-02
2. A. Bowden	11-12
37. C. Britton	13-05
56. I. Powell	14-15

U/17

1. A. Pearson (Longwood)	15-28
17. M. Ali	17-50
26. R. Skelton	18-46

In the next edition (hopeful! - ed.) final placings in the U/13 cross country championships, Junior British Fell Race Championships and U/15 Club Fell Race Championship and more lamfiles if you can find a photograph of yourself.

IF YOU HAVEN'T GOT YOUR NITE VEST YET - SEE ME AT TRAINING - MUTTON



KIMM 88 RESULTS

ELITE 74km, 3750m

1. A. O' Cleirigh	
R. Bryson	11-14-56
16. J. Winder	
G. Webb	13-05-50
25. T. Daniel	
S. Willis	13-48-40
43. P. Frecette	
R. Sutcliffe	15-09-20
61. R. Crossland	
S. Skelton	16-1158
(105 starters)	

A CLASS 59km, 2650m

1. J. Taylor	
A. Trigg	9-32-22
100. B. Blamires	
G. Woodward	13-14-28
116. R. Kift	
J. Riley	13-32-01
(197 starters)	

B CLASS 50km, 2320m

1. H. Pakit	
Penny Rother	8-37-40
118. M. Fleetwood	
D. Yates	11-48-33
(334 starters)	

Halifax HAC Calderdale Way Relay 1988

Pos	Team	Leg 1	Leg 2	Leg 3	Leg 4	Leg 5	Leg 6
1	Pud & Bram A	1.13.35 (7)	2.08.56 (1)	2.47.21 (3)	3.49.05 (1)	4.39.30 (1)	5.44.17 (1)
	Leg Time	1.13.35 (7)	0.55.21 (1)	0.38.25 (12)	1.01.44 (1)	0.50.25 (3)	1.04.47 (1)
2	Bingley A	1.12.40 (6)	2.13.11 (5)	2.46.55 (1)	3.51.57 (2)	4.41.44 (2)	5.46.58 (2)
	Leg Time	1.12.40 (6)	1.00.31 (8)	0.33.44 (1)	1.05.02 (2)	0.49.47 (1)	1.05.14 (2)
3	Rossendale A	1.12.11 (3)	2.11.07 (3)	2.46.57 (2)	3.53.19 (3)	4.43.10 (3)	5.50.29 (3)
	Leg Time	1.12.11 (3)	0.58.56 (3)	0.35.50 (2)	1.06.22 (5)	0.49.51 (2)	1.07.19 (4)
4	Clayton A	1.12.15 (5)	2.12.53 (4)	2.51.20 (6)	3.56.41 (5)	4.48.34 (4)	5.54.18 (4)
	Leg Time	1.12.15 (5)	1.00.38 (9)	0.38.27 (13)	1.05.21 (3)	0.51.53 (4)	1.05.44 (3)
5	Horwich A	1.11.35 (2)	2.09.51 (2)	2.48.04 (4)	3.56.10 (4)	4.49.52 (5)	6.01.34 (5)
	Leg Time	1.11.35 (2)	0.58.16 (2)	0.38.13 (7)	1.08.06 (7)	0.53.42 (5)	1.11.42 (14)
6	Halifax A	1.14.20 (8)	2.18.20 (8)	2.58.33 (8)	4.08.09 (9)	5.02.20 (6)	6.15.38 (6)
	Leg Time	1.14.20 (8)	1.04.00 (19)	0.40.13 (25)	1.09.36 (10)	0.54.11 (7)	1.13.18 (20)
7	Kendal	1.12.13 (4)	2.13.20 (6)	2.52.55 (7)	4.09.03 (10)	5.06.59 (12)	6.15.47 (7)
	Leg Time	1.12.13 (4)	1.01.07 (10)	0.39.35 (20)	1.16.08 (23)	0.57.56 (19)	1.08.48 (9)
8	Rochdale A	1.11.30 (1)	2.13.42 (7)	2.49.58 (5)	4.00.46 (6)	5.03.17 (8)	6.16.22 (8)
	Leg Time	1.11.30 (1)	1.02.12 (14)	0.36.16 (3)	1.10.48 (12)	1.02.31 (45)	1.13.05 (19)
9	Skyrac A	1.19.45 (18)	2.21.06 (10)	2.59.08 (10)	4.06.44 (7)	5.02.37 (7)	6.18.23 (9)
	Leg Time	1.19.45 (18)	1.01.21 (11)	0.38.02 (6)	1.07.36 (6)	0.55.53 (11)	1.15.46 (30)
10	Holmfirth A	1.15.45 (9)	2.22.15 (13)	3.00.31 (12)	4.12.12 (13)	5.08.30 (13)	6.18.40 (10)
	Leg Time	1.15.45 (9)	1.06.30 (27)	0.38.16 (8)	1.11.41 (14)	0.56.18 (12)	1.10.10 (10)
11	Clayton Vets	1.18.37 (13)	2.19.06 (9)	2.58.58 (9)	4.11.08 (12)	5.06.47 (11)	6.19.52 (11)
	Leg Time	1.18.37 (13)	1.00.29 (6)	0.39.52 (22)	1.12.10 (15)	0.55.39 (10)	1.13.05 (18)
12	Calder Valley A	1.18.27 (12)	2.21.59 (12)	3.01.20 (13)	4.07.33 (8)	5.04.46 (9)	6.19.56 (12)
	Leg Time	1.18.27 (12)	1.03.32 (16)	0.39.21 (19)	1.06.13 (4)	0.57.13 (14)	1.15.10 (27)
13	Bingley B	1.17.55 (11)	2.21.34 (11)	2.59.58 (11)	4.13.31 (14)	5.11.41 (14)	6.22.09 (13)
	Leg Time	1.17.55 (11)	1.03.39 (17)	0.38.24 (11)	1.13.33 (19)	0.58.10 (22)	1.10.28 (11)
14	Rochdale Vets	1.19.48 (19)	2.26.04 (21)	3.05.02 (16)	4.15.49 (16)	5.13.55 (16)	6.22.21 (14)
	Leg Time	1.19.48 (19)	1.06.16 (24)	0.38.58 (15)	1.10.47 (11)	0.58.06 (21)	1.08.26 (8)
15	Rossendale B	1.19.49 (17)	2.23.27 (15)	3.01.44 (14)	4.10.45 (11)	5.05.52 (10)	6.23.35 (15)

29 Todmorden	1.25.43 (40)	2.25.33 (18)	3.05.40 (19)	4.24.55 (20)	5.27.48 (24)	6.51.35 (29)
Leg Time	1.25.43 (40)	0.59.50 (5)	0.40.07 (24)	1.19.15 (37)	1.02.53 (46)	1.23.47 (59)
•••						
33 Halifax B	1.25.19 (37)	2.33.17 (32)	3.16.40 (34)	4.40.43 (39)	5.40.34 (39)	6.56.08 (33)
Leg Time	1.25.19 (37)	1.07.58 (35)	0.43.23 (38)	1.24.03 (52)	0.59.51 (30)	1.15.34 (29)
34 EPOC A	1.22.07 (28)	2.35.23 (36)	3.16.10 (31)	4.34.40 (32)	5.37.02 (31)	6.56.23 (34)
Leg Time	1.22.07 (28)	1.13.16 (47)	0.40.47 (28)	1.18.30 (32)	1.02.22 (44)	1.19.21 (39)
•••						
45 St Bedes	1.17.45 (10)	2.24.38 (16)	3.09.20 (24)	4.33.35 (28)	5.37.25 (33)	7.09.02 (45)
Leg Time	1.17.45 (10)	1.06.53 (30)	0.44.42 (41)	1.24.15 (53)	1.03.50 (49)	1.31.37 (76)
46 Nidd Valley	1.27.58 (49)	2.32.00 (41)	3.24.43 (47)	4.43.40 (44)	5.50.15 (45)	7.11.22 (46)
Leg Time	1.27.58 (49)	1.10.02 (37)	0.46.43 (52)	1.18.57 (34)	1.06.35 (55)	1.21.07 (47)
<u>47 Calder Valley B1</u>	<u>32.25 (63)</u>	<u>2.45.51 (58)</u>	<u>3.25.41 (49)</u>	<u>4.48.54 (51)</u>	<u>5.50.43 (46)</u>	<u>7.11.24 (47)</u>
Leg Time	1.32.25 (63)	1.13.26 (49)	0.39.50 (21)	1.23.13 (50)	1.01.49 (40)	1.20.41 (44)
48 Rochdale Vets D1	29.25 (55)	2.41.01 (53)	3.28.08 (52)	4.48.40 (50)	5.52.48 (48)	7.13.54 (48)
Leg Time	1.29.25 (55)	1.11.36 (42)	0.47.07 (54)	1.20.32 (42)	1.04.08 (50)	1.21.06 (46)
•••						
69 Rossen Rejects	1.33.26 (68)	2.47.08 (62)	3.36.35 (63)	5.15.49 (68)	6.31.05 (69)	7.59.31 (69)
Leg Time	1.33.26 (68)	1.13.42 (50)	0.49.27 (66)	1.39.14 (74)	1.15.16 (72)	1.28.26 (69)
<u>70 Calder Valley C1</u>	<u>35.45 (72)</u>	<u>2.52.30 (68)</u>	<u>3.48.20 (71)</u>	<u>5.29.38 (74)</u>	<u>6.37.53 (71)</u>	<u>7.59.54 (70)</u>
Leg Time	1.35.45 (72)	1.16.45 (63)	0.55.50 (82)	1.41.18 (78)	1.08.15 (59)	1.22.01 (52)
71 Kippar B	1.33.25 (67)	2.56.47 (71)	3.54.36 (76)	5.20.17 (70)	6.35.41 (70)	8.00.40 (71)
Leg Time	1.33.25 (67)	1.23.22 (78)	0.57.49 (85)	1.25.41 (58)	1.15.24 (73)	1.24.59 (62)

88 TEAMS

WELL DONE!

LUCK OF THE IRISH

An impromptu all-Irish partnership took the 21st K.I.M.M. by storm. DERRYCK DRAPER reports

With the landscape dominated by the huge mound of Cheviot and a perfect Indian Summer's day to speed their footstep the 2000 + competitors in the 1988 Karrimor International Mountain Marathon were determined to 'give it their best' as they left the Northumbrian village of Alwinton.

Entries were even more sought after than usual in this 21st in the KIMM series, and there were very few cases of non-appearance to mar the symmetry of the organisers' computer listings. Demand for souvenir tea and sweat shirts during the Friday evening registration session was such that the Karrimor sales staff quickly reported a 'sold out' situation on most of the popular sizes.

Despite heavy overnight mist, Saturday 22 October dawned clear and the 12-hour forecast suggested a short period of settled weather. The course planners Verena Johnston (B,C, Score) and Adrian Barnes (Elite, A) had used the long slopes and deep valleys of the Cheviots to the full, and at the end of the day more than one team confessed to underestimating the time/distance equation. The weather however helped a record number of teams to the overnight camp — there were over 1100 tents crammed on to the B/C/Score site and more at the Elite/A site.

With 1987 Elite class winners Derek Ratcliffe and Peter Irwin split by a few thousand miles of ocean (the former is still out of the country), Peter and his new partner Andy Schofield became something of an unknown quantity. Certainly they were well down the listings at the end of Day 1 and looked unlikely to make up the deficit on the leaders Aonghus O'Cleirigh and Robin Bryson, an all Irish team formed at short notice when Robin's intended partner Ken Taylor withdrew a few days before the start with a ruptured achilles tendon and Aonghus's partner Pat Farrell also was forced to drop out. In Class A, Andy Trigg and John Taylor from Longdendale avenged Andy's early retirement of last year by building up an eight-minute lead.

Sunday reversed the fantastic weather of the previous day. Visibility was down to 50 metres maximum and a steady drizzle hampered organisers and competitors alike. With routes lying across Kidland Forest map reading skills were at a premium and what had been predicted as a twenty minute run from the penultimate control to the finish became a forty-five minute compass route.

Even so the leaders in Class C2, Ian Christian and Peter Kelly, raced into the finishing lane in a totally unexpected burst of speed and almost beat the timekeepers to the punch. The status quo in the Elite and A classes held to the overnight ratings, but there was a major upset in the B class



A shout of triumph from Aonghus O'Cleirigh as he and Robin Bryson charge home to win the Elite title in the 1988 KIMM

when the mixed team of Pakit Hyman and Penny Rother made up seven placings despite the weather conditions and stormed home ten minutes ahead of their nearest rivals. This is the first outright victory by a mixed team in the KIMM.

Guest of Honour for the 21st KIMM was Alistair Patten, one of the team responsible for course planning on the very first event in 1968. He gave one or two anecdotes — including noting that the courses on the first race had been so long that they had to be changed overnight for Day 2 to avoid the possibility of competitors still running on Monday morning. Alistair also paid a tribute to Roger Wilson of Pendle Forest Orienteers and a long-term member of the KIMM team, who had died seven days previously. In Roger's memory the trophy donated by the PFO for the C2 class would henceforth be known as the Wilson Trophy.

With the usual vote of thanks all round, organiser Jen Longbottom then reminded

everyone that there would be a video film, a book and a birthday party to celebrate the Mountain Marathon's success. It is hoped that the video will be ready in time for Christmas, and the book will be available at the party which will be held in the Armitage Centre, Manchester on February 12th 1989.

Elite 1. Aonghus O'Cleirigh/Robin Bryson 11 hrs 14 mins 56 secs. 2. Mark Rigby/Martin Stone 11 hrs 39 mins 51 secs. 3. Tim Laney/Colin Valentine 11 hrs 46 mins 23 secs. A 1. John Taylor/Andy Trigg 9 hrs 32 mins 27 secs. 2. D Britton/G Watson 9 hrs 39 mins 39 secs. 3. Neil Conway/Steve Birkinshaw 10 hrs 09 mins 16 secs. B 1. Pakit Hyman/Penny Rother 8 hrs 37 mins 40 secs. 2. Simon Thompson/John Kewley 8 hrs 47 mins 23 secs. 3. Doug Condy/Phil Stewart 8 hrs 52 mins 39 secs. C1 1. Philip Lumley/Finbar Costigan 7 hrs 11 mins 38 secs. 2. Sara Taylor/David Taylor 8 hrs 00 09 secs. 3. Peter Eccles/John Pickering 8 hrs 02 mins 21 secs. C2 1. Ian Christian/Pete Kelly 6 hrs 24 mins 47 secs. 2. Trevor Dibben/Gary Atkins 7 hrs 07 mins 35 secs. 3. Neil Tipping/John Tipping 7 hrs 17 mins 48 secs.

ROCK & RUN MARATHON IN MAY

The second Rock & Run Mountain Marathon will be held in the Highlands of Scotland on May 20/21st. The organisers are promising the area will be reasonably accessible from the south.

The event will follow the classic 2-day 2-man formula and there will be a wide range of courses from a tough elite down to a short 'E' class with an age limit of 14. The elite down to a short 'E' class with an age limit of 14. The elite class will demand scrambling skills.

Official entry forms are available by see from Rock & Run, 4 Cheapside, Ambleside, Cumbria LA22 8B.

K.I.M.M. '88

For Calder Valley

results see page

9.



RESULTSDOWNHAM FELL RACE 8m/1,500' 23/7/88

1.	R Owen (Clayton)	43-28
16.	D Thompson	47-33
23.	K Munton	48-28
56.	P Horne	51-18
70.	J Marshall	53-05
92.	R Horne	55-04
116.	G Thompson	57-05
138.	P Regan	58-35

(193 Finishers)

SEDBURGH HILLS RACE 14m/6,6000' 21/8/88

1.	H Symonds (Kendal)	2-02-53
17.	J Winder	2-16-13
28.	R Rowlands	2-21-32
30.	M Holmes	2-21-59
43.	S Skelton	2-24-58
45.	R Sutcliffe	2-25-05
46.	R Clare	2-25-11
52.	R Crosland	2-26-32
54.	D Thompson	2-26-56
64.	T Daniel	2-28-46
81.	B Horsley	2-32-41
122.	R Horne	2-43-10
127.	A Sowden	2-43-56
157.	T Redmond	2-52-24
188.	P Regan	3-06-34
219.	C Sheard	3-20-41

(239 Finishers)

SEDBURGH JUNIOR RACE

1.	M Rice	1-31-24
7.	M Anderton	1-42-18
9.	C Jones	1-46-34

(12 Finishers)

THREE SHIRES RACE 13m/4,000' 17/9/88

1.	C Donnelly (Eryri)	1-50-07
11.	G Webb	1-56-14
22.	J Winder	2-00-23
34.	D Thompson	2-03-26
38.	R Crosland	2-04-24
68.	R Sutcliffe	2-10-23
87.	S Skelton	2-15-01
132.	P Horne	2-23-20
133.	P Round	2-23-20
201.	J Marshall	2-33-40
228.	R Benn	2-27-08
273.	G Spencer	2-49-16
281.	S Cavell	2-50-30

(346 Finishers)

THIEVELEY PIKE FELL RACE 3½m/900' 24/9/88

1.	G Devine (Pud & Bram)	24-31
10.	G Webb	26-21
30.	D Thompson	28-02
34.	J Winder	28.30
67.	T Gauntlett	30-06
68.	K Munton	30-07
85.	M Anderton	30-56
101.	P Horne	31-42
103.	J Marshall	31-45
112.	P Round	32-14
117.	G Thompson	32-27
125.	C Jones	32-55
158.	D Shepherd	34-44
179.	J Riley	35-49

(239 Finishers)

SHEPHERDS SKYLINE 6m/1,150' 5/11/88

1.	M Rice (Todmorden)	41-08
15.	D Thompson	43-18
21.	J Winder	44-04
42.	R Crossland	46-59
51.	B Horsley	47-42
52.	T Gauntlett	47-49
56.	R Sutcliffe	48-26
70.	C Jones	49-59
88.	R Kellett	51-35
110.	P Horne	53-24
116.	D Shepherd	53-41
124.	P Regan	54-31
127.	S Towler	54-51
139.	G Woodward	55-24
145.	M Bramall-Pimlott	55-38
148.	S Cavell	55-52
159.	G Spencer	57-03
177.	C Peart-Binns	58-58
220.	R Nuttall	69.35
225.	J Smith (Lady)	75-35

(226 Finishers)

SHEPHERDS SKYLINE JUNIOR RACE

1.	I Powell (Calder Valley)	15-44
19.	A Clarson (Girl)	20-33
20.	L Coughlan	20-54
23.	P Coughlan	22-44

(29 Finishers)

RESULTS

(CONTINUED)

SHEEP DROPPINGS

DUDDON 20 Miles, 6,000 ft 4/6/88

- | | | |
|------|------------------------|---------|
| 1. | S Livesy (Rossendale) | 2-46-25 |
| 18. | G Webb | 3-03-47 |
| 19. | J Winder | 3-03-57 |
| 28. | R Crossland | 3-15-22 |
| 53. | S Skelton | 3-31-28 |
| 64. | R Sutcliffe | 3-38-18 |
| 89. | D Yates | 3-51-39 |
| 95. | P Horne | 3-56-51 |
| 121. | M Fleetwood | 4-18-41 |
| 127. | D Longmead | 4-18-41 |
| 147. | P Regan (139 FINISHED) | 4-31-03 |

HOLME MOSS 16m/4,000 19/6/88

- | | | |
|-----|---------------------------|---------|
| 1. | A Trigg (Glossopdale) | 2-15-03 |
| 4. | J Winder | 2-27-05 |
| 20. | D Thompson | 2-46-41 |
| 26. | P Horne | 2-53-16 |
| 36. | T Gauntlett (65 FINISHED) | 3-00-11 |

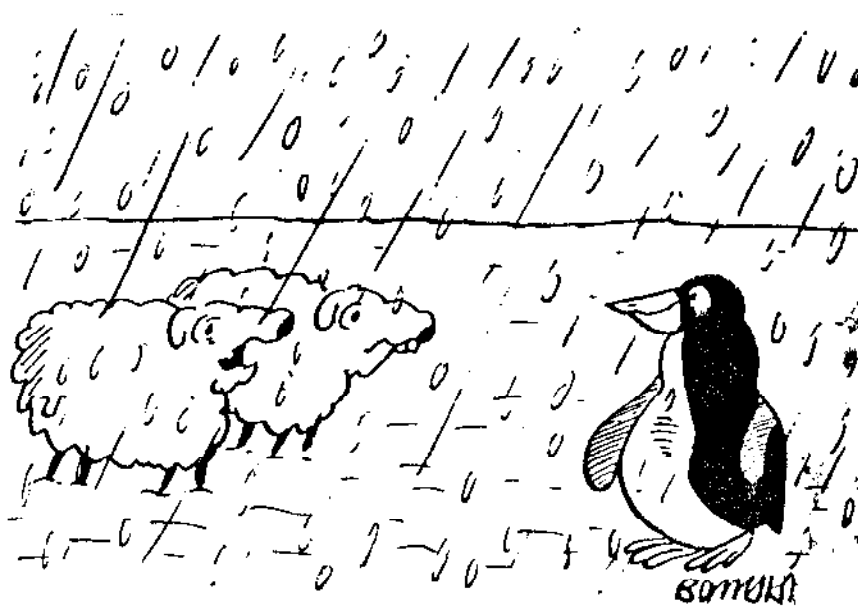
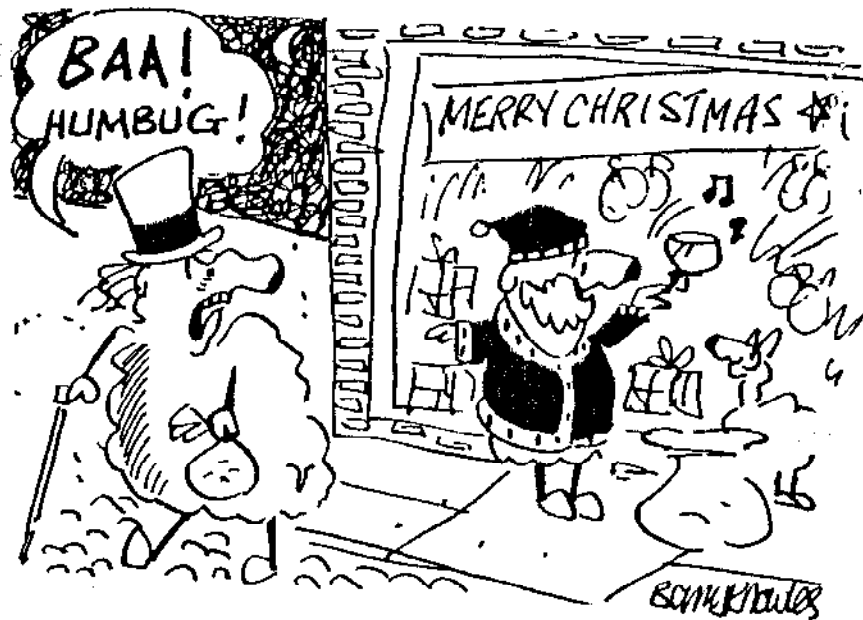
MYTHOLMROYD 7m/1,350 9/7/88

- | | | |
|------|----------------------|-------|
| 1. | D Cartridge (Bolton) | 46-05 |
| 14. | D Thompson | 54-43 |
| 19. | R Sutcliffe | 55-47 |
| 27. | B Horsley | 57-01 |
| 29. | T Gauntlett | 57-47 |
| 41. | R Kellett | 59-11 |
| 63. | A Sowden | 62.26 |
| 71. | R Arrandale | 63.00 |
| 83. | D Shepherd | 64-13 |
| 88. | S Cavell | 64-56 |
| 123. | M Bowden | 73-00 |
| 125. | J Sheard | 74-11 |

Team Calder Valley 5th

TURN SLACK 8m/1,500 23/7/88

- | | | |
|------|--------------|-------|
| 1. | R Owen (U/A) | 60-13 |
| 17. | D Thompson | 64-48 |
| 26. | M Holmes | 66-49 |
| 34. | K Munton | 67-39 |
| 57. | T Gauntlett | 71-36 |
| 74. | F Horne | 73-08 |
| 169. | G Spencer | 82-56 |
| 186. | S Cavell | 85-40 |
- (249 Finishers)



"There! I told you we'd strayed a bit off course ..."