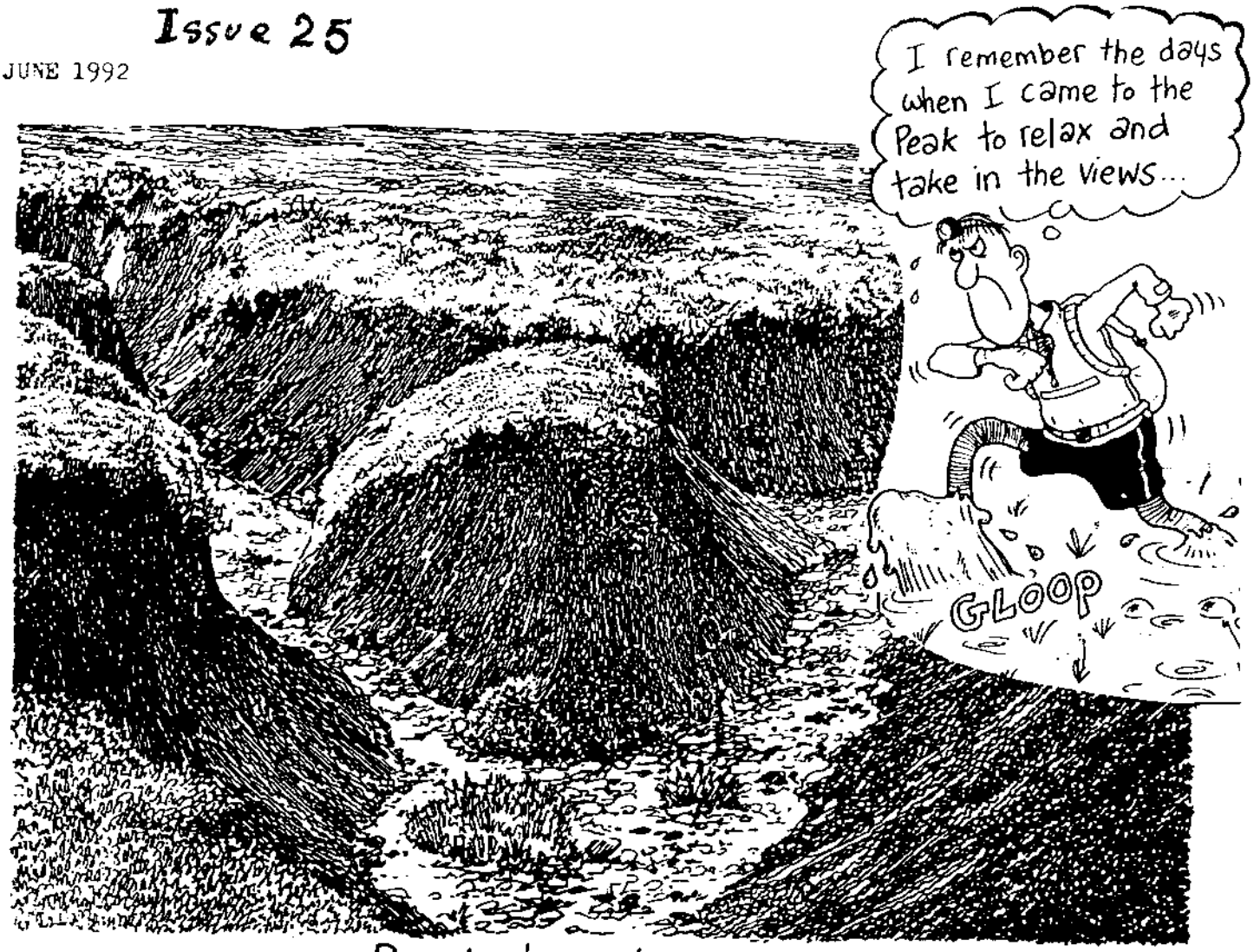
Issue 25

JUNE 1992



Peat Landscape

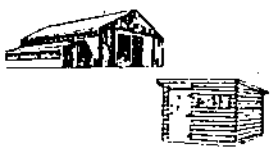
Fell runners on the Pennines become only too familiar with scenes such as that illustrated. The moors are generally not sufficiently steepsided to allow rain to run off quickly; quagmires and stagnant pools form in the peat, and only after heavy storms, when the ground is saturated, is there a movement of water, the overflow escaping along tortuous channels carved out by erosion, these forming a labyrinth that hinders progress and confuses sense of direction. The soft boggy ground is a trap for the unwary: travel with a strong companion!

RAMPAGE

CALDER VALLEY FELL RUNNERS

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EDITOR'S RAM BLINGS.....

Here it is at last, no you hav'nt missed an issue, this is the first since the Christmas edition that was published in February. There's no Committee News, Captains Comments or Lambpage but there are some excellent contributions and my grateful thanks go out to Rod, Rhys, Brian, Irene, Paul Frechette, Allan Greenwood, Pete White, Kieron's mum and Ian Hartman.

I hope to get the next issue out within a few months so don't delay, all results, and articles long or short required as soon as possible.

I am told that only about 35 members have paid their 1992 subs so far, which is not too good, especially considering that it's now only three pounds. I'm sure that more than thirty five members can afford the £3.00 . If you hav'nt paid because you hav'nt seen Richard he will be happy to receive your subs through the post at 16 Hope Street, Shelf, Halifax, tel Hx 202923.

I have been asked to mention that there will be an achievement of the year award presented at the next annual dinner, if you have a nomination for this award please pass details on to any committee member.

From Duncan -

Fancy a change on a Tuesday instead of the usual runs via Stoodley Pike or Sheepstones Trig (or both). Well here's your chance. I am planning a series of social runs from different venues. The runs will be approx 8 miles and will finish at or near a pub. Meeting times will be 7pm and running by 7.15. Make a note in your diary

14th July Widdop from Widdop road summit

11th August Pendle from Barley village

1st September Widdop from Widdop Resr. dam

For further details contact Duncan (0282 613559) or see the notice board the week before each event.

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COMMITTEE 1991-92

Chairman	Rod Sutcliffe	0422 380896
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Treasurer	Alistaire Sowden	0422 884860
Club Captain	Gary Webb	0422 842713
Membership Sec	Richard Kellett	0422 202923
Publicity	Duncan Thompson	0282 613559
Juniors	Alan Greenwood	0274 393101
Statistician	Ian Hartman	0274 546549
Race Co Ordinator	Linda Hayles/Irene Neville	0422 342808 0422 368955



Rod's Got plenty of time....

Please note Rod's new address

173 Scarr Bottom Road
Scarr Bottom
Halifax HX2 7DZ
tel. Hx 380896

See 'Doctor on the Go' Inside.

PENNINE RELAY - THE CLIMAX!

I think it was Peter White who brought to our attention the eight-stage Pennine Way Relay set up by Clayton-le-Moors Harriers in 1985. Their time was 41 hours 29 minutes and we tried to beat this in the Halifax Harriers attempt the following year. Although we slipped behind schedule and finished over two hours outside the Clayton time we knew it was a "soft" record that we were capable of beating. After this time I was surprised and pleased to find myself record holder for the final leg with a time of 4 hours 21 minutes from Byrness to Kirk Yetholm.

The Calder Valley attempt in 1988 was well outside the record but Gary was keen we should try again and so the 1992 attempt was planned.

From the strength and commitment of the team it was clear that with good weather and good luck the record would be ours. Jeff set off at 5.15 am on Friday, 19 June. I was working that day and on call that night, and was planning to drive up in the morning to Byrness. It had been said that there was no leeway in the schedule of the first three legs but as the day progressed news came back to base of first Jeff Winder, then Steve Houghton, and then Gary Webb all breaking their leg records by several minutes.

I awoke on Saturday morning to the amazing news that Duncan Thompson and Andy Wimpenny had also broken the leg record from Hardraw to Middleton and that Steve Skelton and Paul Cleary had lopped an amazing 1 hour 13 minutes off the Middleton to Garrigill record. Greg Houghton was also 12 minutes ahead of his schedule half-way round. If this pace continued I risked performing my usual trick of arriving at my start (in this case of Byrness) just as Jeff Coulson finished his. After a hectic dash northwards we arrived at Byrness at 2.45 pm - nobody there! Ten minute later the whole travelling circus arrived (amazed to see me ready to run) and I heard that Greg had also beaten his leg record and that Jeff "was absolutely flying" down the forest tracks towards us.

Having been lulled into a false sense of security by knowing that the record was in our grasp I now realised that the pressure was on for me to break my own leg record or be the only team member who failed to do this. Quite nervous now, I waited until Jeff arrived like an express train at full tilt and we touched hands as he broke his leg record by an incredible 21 minutes.

In Club vest and Gary's white hat I set off at a good speed up the steep hill through the forest and over the crag onto the northern edge of the backbone of England. Andy was waiting at the top with my bunbag and water. Most of the final 29 miles of the Way runs along the border fence between England and Scotland. It is a high ridge run with no water anywhere along the route until 2 miles from the finish. The route crosses no roads and therefore there is little opportunity for support. In dry conditions (and it was very dry) the running is quite fast and now even faster than previously with over a mile of duckboards and paving stones crossing previously boggy stretches.

I made good progress and felt comfortable early on, reaching Ravens Knowe after 30 minutes, passing through the Roman fort at Tew Green and arriving at Windy Gyle, almost halfway in just under 2 hours. Duncan and Andy had run up here to meet me with a very welcome bottle of water.

Two weeks previously whilst recce-ing I had hidden two cans in the grass near the trig point at Kings Seat a couple of miles further on. Ten paces out from the trig point, there's the tussock - no cans! After running round in circles for half a minute looking under numerous identical tussocks I paced it out again accurately and there they were.

From here on the route was harder and my legs were tiring. A short, but seemingly interminable stretch of peat groughs at the bottom of the long climb to The Cheviot had me walking for the first time. A mile further on and I reached the point where the 1½ mile detour up The Cheviot started. Up to this point I had thought the record was on but I was beginning to realise how tough it was going to be. Although the route up to The Cheviot was much drier than a fortnight previously I was still up to my knees in bog twice and my feet were getting sore. However, a fast descent back to the main route and a fast run along half a mile of duckboards to Auchope Cairn raised my spirits again. A flying descent increased my confidence further, but the long drag up to The Schil seemed endless and I was walking once more. It took me an hour to Kirk Yetholm from The Schil when recce-ing. Could I do it in 50 minutes? I reached the summit with 54 minutes left to get inside the record.

I still found myself able to run fast downhill and reached Burnhead Farm in the valley quite quickly. Two miles of road ahead of me and half an hour to go. I was met a mile from the finish by Andy, Duncan and Gary without whom I would not have kept running up the last cruel climb of the road half a mile from Kirk Yetholm. As the top passed I was flying again down the road and touched the Border Hotel after 4 hours and 5 minutes, 16 minutes inside the record. This event will remain one of my greatest memories of fell running. I am very proud to have been part of such a committed team and extremely pleased to have helped to gain the Pennine Way Relay Record for Calder Valley Fell Runners. I am also very thankful to Maria, Bernard and Kay, Andy (Thompson), Rhys, Denise, Pat, Ann at the surgery and everyone else who helped in this venture.

Rod Sutcliffe

1.	Edale to A58 (Jeff Winder)	4-53 (5-02)
2.	White House to Gargrave (Steve Houghton)	4-43 (4-47)
3.	Gargrave to Hardraw (Gary Webb)	4-53 (5-04)
4.	Hardraw to Middleton (Duncan Thompson/Andy Wimpenny)	5-15 (5-23)
5.	Middleton to Garrigill (Steve Skelton/Paul Cleary)	6-19 (7-32)
6.	Garrigill to Peel Road (Greg Houghton)	4-08 (4-17)
7.	Peel Road to Byrness (Jeff Coulson)	3-52 (4-15)
8.	Byrness to Kirk Yetholm (Rod Sutcliffe)	4-05 (4-21)

TOTAL TIME 38 hours 09 minutes (41-29)

(Times in brackets are the previous record times)

Rod Sutcliffe

PENNINE WAY 8 LEG RELAY RECORD ATTEMPT

CALDER VALLEY FELL RUNNERS 19-20 JUNE 1992

SCHEDULE

ACTUAL TIMES

Leg		Dist Miles	Times Record	Times Schedule	Scheduled start times	Runners	Start Time	Leg Time	Aggregate Time
1.	Edale - A58	34	5-02	5-10	Fri 0500	Jeff Winder	0515	4-53-34	4-53-34
2.	A58 - Gargrave	36	4-47	5-00	1010	Steve Houghton	1008	4-43-36	9-37-10
3.	Gargrave - Hardraw	38	5-04	5-10	1510	Gary Webb	1451	4-53-??	14-30-??
4.	Hardraw - Middleton	33	5-23	5-45	2020	Duncan Thompson Andy Wimpenny	NIGHT STAGE 1944	5-15-??	19-44-57
5.	Middleton - Garrigill	38	7-32	6-40	Sat 0205	Steve Skelton Paul Cleary	NIGHT STAGE 0059	6-19-33	26-04-30
6.	Garrigill - Peel Road	28	4-17	4-15	0845	Greg Houghton	0719	4-08-??	30-12-??
7.	Peel Road - Byrness	33	4-13	4-15	1300	Jeff Coulson	1127	3-52-??	34-04-44
8.	Byrness - Kirk Yetholm	29	4-21	4-20	1715	Rod Sutcliffe	1519	4-05-03	38-09-47
	TOTAL:	269	41-29	40-35	2135				38-09-47
			TIME TO BEAT		2229				

RESERVE: Pete Horne

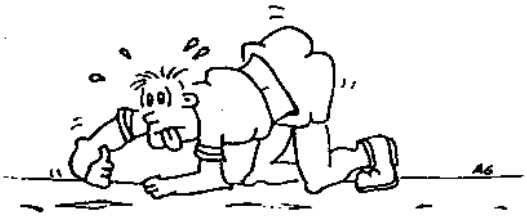
A FELL RUNNER'S MOTHERS ODE

HIS NAME IS KIERAN
'KEZ' TO HIS FRIENDS

HE TRIES TO FOLLOW
THE MODERN TRENDS

A GAME OF POOL, A RIDE ON HIS BIKE
A FELL RACE, A RELAY
A FIVE MILE HIKE

ODD TUESDAYS NIGHTS
HE'S OFF FOR A SESSION
HIS VENTOLIN INHALER
CLUTCHED TO HIS BOSOM



HE FALLS IN THE DOOR
COLLAPSES IN A HEAP
"GIVE ME FOOD, GIVE ME DRINK
I'LL HAVE A SHOWER I THINK.

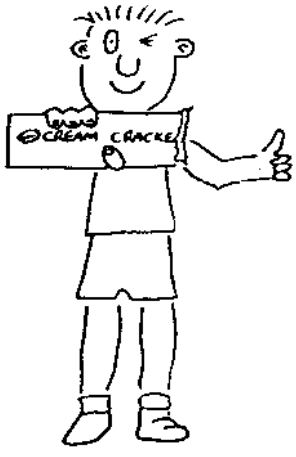
HALF AN HOUR LATER
HE'S SPARKLING CLEAN
HAS FORGOTTEN HE'S EATEN
AND STARTS OVER AGAIN.

LOOKING THROUGH RAMPAGE
HE SPIES A RACE
I THINK I'LL TRY THAT ONE
BUT MY OLD TRAINERS WONT STAND THE PACE.

COULD YOU BUY ME NEW WALSHS ?
I'LL CARE FOR THEM WELL
I'LL GET A NEW INHALER
AND SOME DEXTROSOL

IS MY BUM BAG AROUND ?
ARE MY THERMALS CLEAN ?
NOW WHERE ARE MY SHORTS ?
GOSH I DO SOUND KEEN.

WELL I'M OFF TO BED
I'M TOTALLY SHATTERED
MY WHOLE BODY ACHES
WHERE DID YOU HIDE THE CREAM CRACKERS!!!



AG

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Trev's Triumph June 13th 1992
Reflections of a day on the fells

I arrive at Threlkeld with Rhys at 03. 10 on what is a perfect morning and we talk quietly as we watch the sun rise over the side of Blencathra.
Driving out to Threlkeld we had seen a number of moving lights twinkling near the summit of Saddleback and tried to decide which was Irene and which was Linda.
3.24 and we anxiously await the arrival of our runners. 4.10 am, some 20 minutes behind schedule, we spy Linda, Brian and Trevor jogging down the road. Flasks of tea are opened and they enjoy a quick drink and I prepare to leave with them on the next section. Rhys elects to wait for Andy and Irene, who unfortunately havent appeared. With the rising sun on our backs we commence the climb to Clough Head. The views are magnificent with bands of mist laying in the valley bottoms and as we climb the air temperature begins to rise. Linda is climbing well and we let her set the pace, Trevor brings up the rear, climbing steadily. The morning is absolutel beautifull, not a breath of wind and only the sound of skylarks can be heard. From the ridge beyond Gt Dodd we can look down on the flat mirror image of Thirlmere, whilst to our left Ullswater and Striding Edge form a dramatic foreground.

We are running within 50 metres of another B.G. group whos interpretation of "visit each summit" is somewhat different from ours. Brian is providing an unending supply of fresh oranges which are delicious and I continue to force Linda and Trevor to drink as much as possible. The sun is quite hot now and it must be at least 70 when we start the decent from Dollywaggon. I refill the water bottles at Grizedale tarn and run off after Trevor and Linda. Brian elects to run down the path to Dunmail from the tarn. Fairfield is always a desperate climb at the best of times, but Linda and Trevor make a rapid ascent with a pattern now firmly established waich sees Linda leading the climbs and Trevor the descents. Again numerous drinks of water are forced down the two and we arrive at Dunmail some 14 minutes down on schedule but the two runners are in good shape. We are greeted with smiling faces by Margaret, Bod, Rosie and Mark. Linda mutters about not being long and warns Trevor "8 minutes Trev". Trevor wisely stuffs in the pasta whilst giving his feet a rest. I give Linda my "silly" hat well wetted and warn her to eat often and drink plenty, - seconds later she is crossing the road with Bod whilst Trevor hastily replaces his shoes and moves after the retreating Linda.
Mark elects to wait and see about what happened to Irene. Thirty minutes later Rhys and Andy appear jogging down the track. Irene has unhappily had to abandon her attempt on Dollywaggon because of illness. Mark sets off in search of Bod and Linda and I relax with a cup of tea and look forward to a hot shower and breakfast in Keswick before rejoining the fun at Wasdale.

Part Two

Wasdale car park is like Butlins when we arrive with a host of runners and back up vehicles all over the place, the temparature is about 80 and we worry about the runners. A good tip for future attempts - remember the binoculars. We borrow a pair from Tod Harriers, and anxiously scan the Fell slopes for our team. I have estimated that for the attempt to have any chance of success our runners must leave Wasdale no later than 4. 15pm. At 3.50 we meet Trevor walking down the track above the car park, he is in good shape, but complains that his feet ache. Linda and Bod are some way behind up the slope of Sca Fell.

I urge Trevor into our water hole, he sits on the grass and removes his shoes and socks. The (now famous) box of pasta is thrust into one hand and a cup of tea from Margaret in the other.
Working quickly (just like changing tyres in a grand prix) I administer several pain killers whilst Jackie washes face, hands and legs in an effort to cool our runner. Trevors feet have a few blisters which I clad in a liberal supply of plaste and packings.

At 4.05 he is ready to go and still no sign of Linda. Rod decides to wait as she cant be far behind and the round is still on. I leave with Trevor and Paul and we are soon climbing steadily into an ever freshening and cooling breeze 500yds from the summit the best running conditions of the day are encounted.
I find the traverse to Dore Gap without much trouble, Rhys was right it must have saved us at least 15 mins by my reconing. Rod has now rejoined us, Linda retires in the carpark at Wasdale, meeting Mr X and driving off without speaking to any of the people lower down the car park who have helped and supported her all day (its not on Linda.)
We reach the summit of Red Pike with Trevor climbing steadily and Freshette muttering about not being able to keep up with him.On the run into Steeple Paul spys Helen Diamontides sat on a rock and describes to us in great detail what he will do to her when he catches her. As we pass her Paul says "hello" and runs off. The temperature is cooling rapidly and on reaching Pillar cagools and lifers are put on. At the base of Pillar we come across the girl who we were running with earlier on Helvellyn, she is layed on the ground looking decidedly rough. Rod hides his black bag from view and we jog on up Kirk Fell. A bad line here by me and we end up climbing a loose rock shute. Paul makes several suggestions about my parenthood. 10 mins and a short step to the summit and we can now see the mass of Gable in front of us. My watch tells me that provided Trevor does not blow up - he has got it cracked.
We climoed Gable in 20 mins stopping only for water. We reach the summit at 7.53 giving us just over the hour for our target time of 9.00pm at Honister.

Green Gable, Brandreth and Grey Knotts are conquered very quickly. Rod elects to run down and get the tea brewed and back up crew geared up. We make a rapid but carefull descent to Honister and arrive at 8.40 well in hand on the schedule.
Trevor has 3hrs and 39mins to become a member of the B.G. club "No problem".
I have a quick chat with Russ before ne and Paul bare there arses (Why you ask?)
10 mins break and our intrepid runner begins his trudge up Dale Head.

As for me its time for a shower and fish and chips in Keswick. At 11pm walking down High St, Keswick, fish and chips in hand I reflect on the highs and lows of the day. Yes its all been wortnwhile, a great day out on the fells and hopefully within the next 45mins the B.G. club will have a new member.

I arrive at the path from Portinscale and settle down to wait for our team. Its 11.15 and one team has just past me walking sedately to the finish with strange glazed looks in their eyes. Its 11.30 and round the corner our hero appears with Rhys, Russ A & B. Trevor complains that Rhys has been shouting at him - I promise him I will talk to Rhys later. We run the last ½ mile as though we have just started and arrive at Moot Hall to cheers from about 50 supporters and runners. A memorable conclusion to a memorable day.
Well done Trevor and well done Calder Valley for providing all the support.

Approx times of arrival	
Keswick depart	00.00
Threlkeld	04.10
Dunmail	08.40
Wasdale	15.50
Honister	20.40
Keswick	23.55

Road support - Margaret, Rosie, Heather, Salley, Jackie, Rhys and Peter.
Fell support - Andy, Brian, Rhys, Paul, Rod, Bod, Mark, Russ A & B Jez and Peter.

Bob Grahams time 60 years ago to the day just for the record was 23.39 mins.

Comiserations to Linda and Irene, dont stop trying and good luck next time.

P. White 16.06.92

THE 39 TRIGS CHALLENGE

Distance.....Atleast 105 miles
Total climb...Approx 20000ft
Objective.....To bag all 39 trig points on the South Pennines O.S. map 1:25000 in one attempt
Start and finish.....Mytholmroyd Community Centre

First succesful attempt: Rhys Kift and Peter White 29th June,1991
32 hours 41 mins

The idea was the brainchild of Bod who about 2½yrs ago said he'd searched the map and found 39 trig points and that it would be a good idea to go out and bag them all in one go. I was busy at the time sorting out the SPAMM and just had a quick look at the list of trigs agreeing that it looked good.

Meanwhile Bod had plotted all the points and was quietly jogging round them all sorting out the possible routes.

Anyway, at the beginning of Summer 91 my employer decided that he didn't need my services any longer, and finding that I had some time to myself I thought I'd get a couple of runs sorted out. The first was the Bob Graham, which I completed in early June, and feeling suitably pleased with myself turned my attention to the 39 trigs.

Fired with enthusiasm I contacted Bod and after a short meeting together with Rod agreed a date for the attempt. Rod, although very keen couldn't attempt it before August because of other committments. Bod became less certain in the ensuing days because he was due to move house at any time so I casually mentioned it to Pete and he was immediately dead keen on doing it.

Unfortunately, Bod was still uncertain about his house move and not being 100% fit he pulled out, so it was down to me and Pete.

We very quickly recced most sections of the route, each of us going out and doing seperate sections in the tricky areas - we already knew large sections from previous training runs and events.

I spent many hours devising the route trying to find what I thought was the optimum route to pick up all the trigs and drew up a time schedule based on 25 hours and at 8.00am on Saturday,29th June, we were off.....

SECTION 1

M.C.C. - Sheepstones Edge - High Brown Knoll - Cross Hill - Standing Stone Hill - Bridestones - Stoodley Pike - Little Holder Stones - Light Hazzles Edge - Blackstone Edge - Lydgate.

We left M.C.C. in perfect conditions, bright blue sky, sunny, light breeze, taking the first climb to Sheepstones very steady. We followed good tracks to High Brown Knoll then down to Midgehole and up to Cross Hill, Heptonstall, by the water tower. We kept noticing fresh tracks, definately Walshes and were convinced it was Bod who must have set off earlier - the stud marks were following our route exactly!!!!

After the long pull up to Standing Stone Hill we found a good line through Dukes Cut to Bridestones then down to the road in Todmorden for a very welcome cup of tea and banana sandwiches provided by our ever faithful back up team - Margaret, Rosie and Jackie.

A jog and and a steady climb soon brought up StoodleyPike, this is a trig point marked on the map but as you know there isn't an actual triangulation point. We then got stuck into the long tedious run out to Blackstone Edge taking in Little Holder Stones and Light Hazzles Edge (again no trig point) A steady run off Blackstone Edge brought us into Lydgate where our back up were ready with more tea, rice pudding and peaches etc.. We were feeling good here and a few minutes up on our schedule.

SECTION 2

East Hill - Rusby Hill - Hunger Hill - Brown Wardle Hill -

Freeholds Top - Small Shaw Height - Thievley Pike - Holme Chapel

We set off after 10 minutes rest in good weather on the long leg basically from Rochdale to Nelson. I'm sure we looked a little out of place trotting through the Saturday morning shoppers on Littleborough High Street making our way out to Shore and East Hill. We then had some complicated sections making our way to Rusby Hill through Healy dell out to Hunger Hill and back to Brown Wardle Hill(trig missing)

We had a slight fall out about the best line over Hades Hill but Pete soon saw my point of view and we followed an obvious route which took us direct on the ridge path to Freeholds Top (Trough Edge End) taking in part of the Rossendale Way. We followed good tracks down to Higher Broad Clough, just North of Bacup, and then tackled the stiff short climb up to Small Shaw Height where we could see the dark shape of Thievley Pike in the distance. This was our next summit after which we dropped down into Holme Chapel. My legs were definately feelin g the effects of the steep descent off Thievley Pike, and we could clearly see the huge mass of Hoof Stones Height waiting for us. We'd covered about 38 miles but the weariness soon evaporated at the sight of our back up team with very welcome refreshments. It was now nearly 6.00pm but we' only 67 miles to go!

SECTION 3 Merrill Head - Hoof Stones Height - Delf Hill - Extwistle Hill Marsden Height - Waltons Monument - Lad Law - Little Wolf Stones - Withins Heights - Penistone Car Park.

Our back up team were to leave us here in the good hands of Linda and Irene who would wait for us at Penistone Hill (Haworth) We were to pass through Duncan's territory so he agreed to meet us with a flask of tea after Marsden Heights. We set off knowing that this was to be a very tough section, some of it over ground we weren't too sure of.

A steady climb over Merrill Head brought us to the road which we jogged along in the evening sun to Stiperden Bar and then up to the summit of Hoof Stones Height. It seemed an eternity down to Gorple Stones, followed by a very difficult section over very tussocky ground to Delph Hill which was reached in fine conditions with clear views of Nelson and the landscape round to the menacing bulk of Lad Law in the distance. Peter had checked out this section so the going was a little easier as we followed good field paths picking up Extwistle Hill. As we toiled up the long climb to Marsden Heights we were encouraged by the thought of Duncan who would be waiting for us with hot drinks, only to find on our arrival at Marsden Heights which is stuated on a Golf Course, NO DUNCAN! Thoroughly depressed we both trudged across this magnificent golf course to the trig point, wondering what could have happened, was he waiting somewhere else? had he forgotten? Can't have..."Did I tell him the right place?" enquired Pete in his usual calming tones! We silently marched along the 11th hole - 274 yds - par 4 - suddenly feeling very tired,cold, weary, fed up when..... there he was! Duncan, stood on the wall at the summit, waving, what a good bloke!! We ran across, touched the trig, briefly explained where we needed him and ran off across the golf course to where Duncan had drinks ready. It was very welcome.

Duncan met us again a couple of miles further on at Waltons Monument where it was starting to rain unexpectedly , darkness coming on earlier. We had hoped to get over Lad Law and Wolf Stones before dark but it was obvious we weren't going to make it - conditions were deteriorating rapidly. Duncan pointed out the best way onto Lad Law so off we went- we both knew this was going to be hard - we'd done 56 miles and the old legs were complaining.

It was just about dark as we tried to find the track up Lad Law but we'd missed it, so we stumbled over the tussocks for an eternity aiming directly for the summit. We found the trig in total blackness - the rain had stoppedand we could clearly see the lights of Nelson in the distance and closer the road past the Herders pub.

We were now one hour down, mainly because I hadn't allowed for any stopping time at feeding places, thinking we would be up on our schedule anyway. The route is fairly tough and we weren't able to keep up on my normal 100 mile pace which is 5mph for the first 12 hours then struggle in! I'd based our times on 8k/hr for 100k then 6k to the finish, but we couldn't maintain it.

With the mist just threatening to engulf us we found the track off and jogged down to the main track at the bottom - the Pendle Way. We followed this with some difficulty till we met the road - it was now raining steadily, the wind was freshening and we were getting cold. We'd left Holme Chapel a long time ago in good weather, in shorts, but things were a lot different now - it was cold, wet, and we'd no more backup till Haworth. It was a mistake, we should have had backup on this road. This was a long section - 26 miles - without support, in serious country.

A compass bearing took us to Wolf Stones, a horrendous climb in these conditions- no path - just tussocks, then rocks covered in bilberry bushes. The descent was just as bad, we hit a series of walls, all of which had to be climbed before we got back to the road.

Peter had sorted out this next bit to Withins - it involved the climbing of a terrible gulley, which in daylight would be OK, but in the dark and the rain it was a different matter. I cursed Peter all the way up, falling into the flooded clough several times, questioning his navigational abilities and his parentage! He proudly pointed to a heap of 5 or 6 stones, this was his marker cairn - fabulous! This marked the point where we had to climb a nearly vertical dirt cliff, which had now turned to mud. This took us out onto Withins moor and miraculously we went straight to the trig.

Conditions were really bad now and we couldn't find the track from the ruin down the Bronte bridge, we ended up on the Pennine Way, having to run back again to the ruin to make sure were on the right track. It's dead obvious in daylight but not in these conditions and after 60+ miles.
The run down to Penistone went on forever, we where now,well down on our schedule, some three hours, it was still raining and very windy.

With some relief we saw lights flashing in the distance, Linda and Irene must have seen our headtorches, they also looked very relieved to see us, forgetting plans to call out the moorland rescue! and concentrating on getting a brew on.

We needed a good rest here, suprisingly stopping for an hour. Fully changed and getting plenty of food down. The girls did a superb job. With road shoes on we set of on the next leg, just as dawn was breaking.

SECTION 4 Penistone Hill - Branshaw Moor - Catstones Hill - Nab Hill

Soil Hill East - Soil Hill West - Delph Hill - Mount Tabor

We left the car on very stiff legs, taking 100 yards or so to loosen up again. We searched Penistone Hill in half light and drizzle, a very grey dawn looking for a grey trig point. At one point we charged down a track sure we could see it - it turned out to be a horse! We then ran across to a trig shaped bush! Pete ran all over the place shouting abuse at everything and everyone - even the horse. After deciding to run right round the moor it just turned up - no problem!

We jogged in to Haworth, past the Church, eventually finding the right road through Mytholmes up onto Branshaw Moor, another golf course. Retracing our steps back to the road, I picked out our route across Damems to Catstones Hill. This involves losing a lot of height and a

tough climb back out of the valley. The girls were waiting by the Guide pub, I snatched an orange, which was just the job and trotted over Catstones Hill and down into Cullingworth. I was feeling the effects of the lack of sleep now as we trudged up the road to the Five Flags, walking with my eyes closed, actually nodding off and staggered into the wall!

We stoked up at the Five Flags, said cheerio and set off down the road on our way to Nab Hill, we wouldn't see them again until Mount Tabor. This section seemed to be very tough, we were progressing very slowly. Mind you we'd done 75 miles, only 30 to go !!

Pete was really suffering with his feet as we approached Mount Tabor and looked done in as we toiled over Delph Hill. Approaching Mount Tabor I ran ahead to get the girls ready with plenty of plasters clean socks and his road shoes.

Margaret rejoined us here informing us that Jackie would be waiting at Wainhouse Tower. The sun had come out now, a miraculous change in the weather, we had dry socks on, filled up with food, and we suddenly felt fresh, even though we'd covered about 82 miles. The running to Wainhouse Tower was at a good pace, we'd definately changed gear and felt good.

The section from Haworth to Mount Tabor after a bad night section had seen us at our lowest ebb but we were over it now and ready for the last couple of sections - we could see the end.

SECTION 5 Wainhouse Tower - Greetland Moor - Norland Moor - Wholestone Moor - Rishworth Lodge

Briefly touching Wainhouse Tower - there's no trig here - we joined the team and tucked in again. This was to be a short stop as we were keen to be off. Jogging down Wakefield Gate we soon got to the main road and across it heading for Pickwood Scar. Another steep climb and some steady jogging brought us onto Greetland Moor - again no trig point. Following the Calderdale Way across Norland Moor we were being passed by orienteers galloping in all directions, making us feel very slow even though we were going quite well. Touching the trig we could see the welcome sight of the team waiting on the road with another welcome brew.

Our backup was more regular now, it was necessary to keep us going. We now had the prospect of a long road section through Barkisland and Krumlin, out to Outlane with the horrendous Penny Hill to overcome. We were still feeling good, just jogging on steadily, walking up Penny Hill in lovely sunny conditions.

We seemed to reach the M62 bridge in no time, in fact before our backup had arrived, so we carried on over Wholestone Moor, passing Scammonden Water watching the yachts tacking into the stiff breeze. We were as glad as they were for the breeze as the sun was now quite hot. Recrossing the M62 we ran under the massive wall of Boothwood Reservoir and crossed the road for another welcome rest at Rishworth Lodge. This was a perfect spot, sat in the shade with both families fussing over our every need, and we knew we'd almost done it, 96 miles done.

SECTION 6 Dog Hill - Manshead End - Crow Hill - Mytholmroyd Community Centre.

Irene, who had been up all night, joined us for the last section, and she looked slightly nervous about keeping up with us! It was a refreshing change from listening to Pete wingeing all the way (sorry Pete) It's a long way to Dog Hill summit but we were going well and feeling good and soon reached it.

Off Dog Hill we descended down to a track which leads to the road over Baitings dam , which saved our legs a bit, and had another quick snack, SPAM SANDWICHES, absolutely superb - 99 miles done.

Not hanging about we set off again with very stiff legs on the dreaded climb up Manshead, which was too bad, reaching the summit in high spirits in fantastic weather. Crow Hill was clear in the distance, so we charged off the summit, now going at normal training pace, which was amazing after the distance we had covered. We got to Crow Hill in no time, a quick photo at the summit and a bit of arm waving and off we went at full speed down the tracks to Mytholmroyd.

We'd done it.....106 miles in 32 hours 41 mins 15 secs.
We'd been to every trig on the map in one trip, it took a bit longer than expected, but we'd done it. No doubt somebody else will try it, I hope they do. It's a fantastic route, visiting places you'd never think of going to.

It was a lot tougher than I expected, mainly because of the nature of the event, there are a lot of isolated summits, so there is alot of climbing and route finding is a little tricky in places. I suppose the time can be reduced to sub 30 hours, 28 hours is probably the right time, never the less we've set the standard and it's there to be beat.

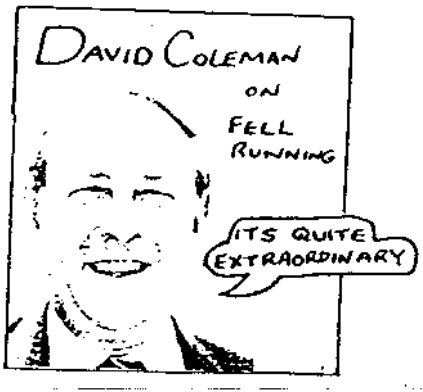
We think that it should be done as two unnacompanied runners, to make it more interesting, with just road side backup. This will prevent big packs of runners passing over what is in places private land. It also cuts out the moronic runners who just latch onto groups with no idea of where they've been or where they're going. It also means that both runners have got to know what they are doing on the fells.

GIVE IT A GO !!!

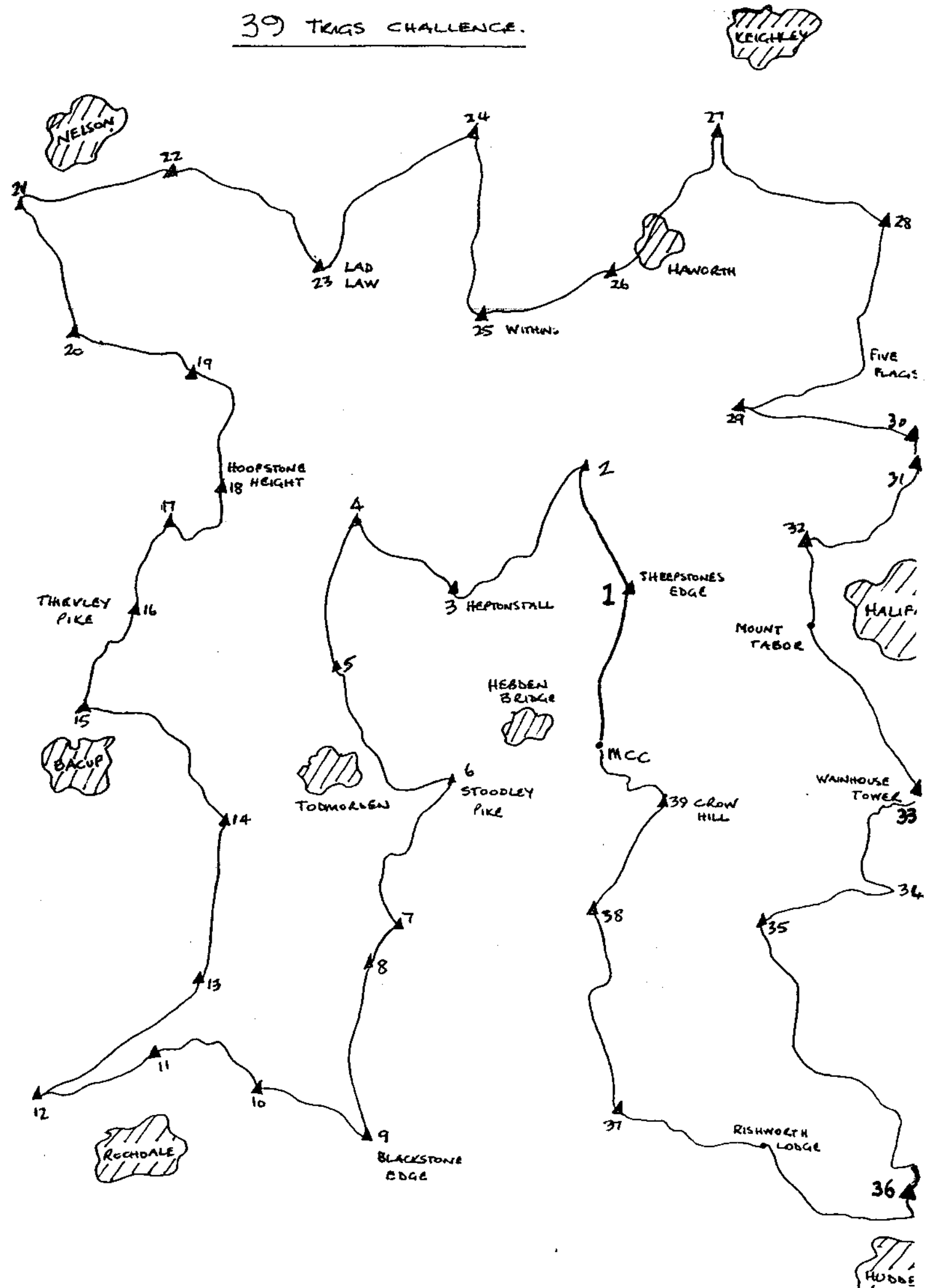
Finally I must thank all those who helped out, making the attempt a succesful one. They did a fabulous job - after all we only did the running!

Margaret, Rosie, Sally, Heather.
Jackie, Robert, Penny the dog,
Duncan,
especially Linda and Irene for the night section.

P.S. The mystery footprints we saw in the early stages were Bod's who had done the first couple of sections the day before, and of course we ought to thank Bod for thinking up the idea in the first place.



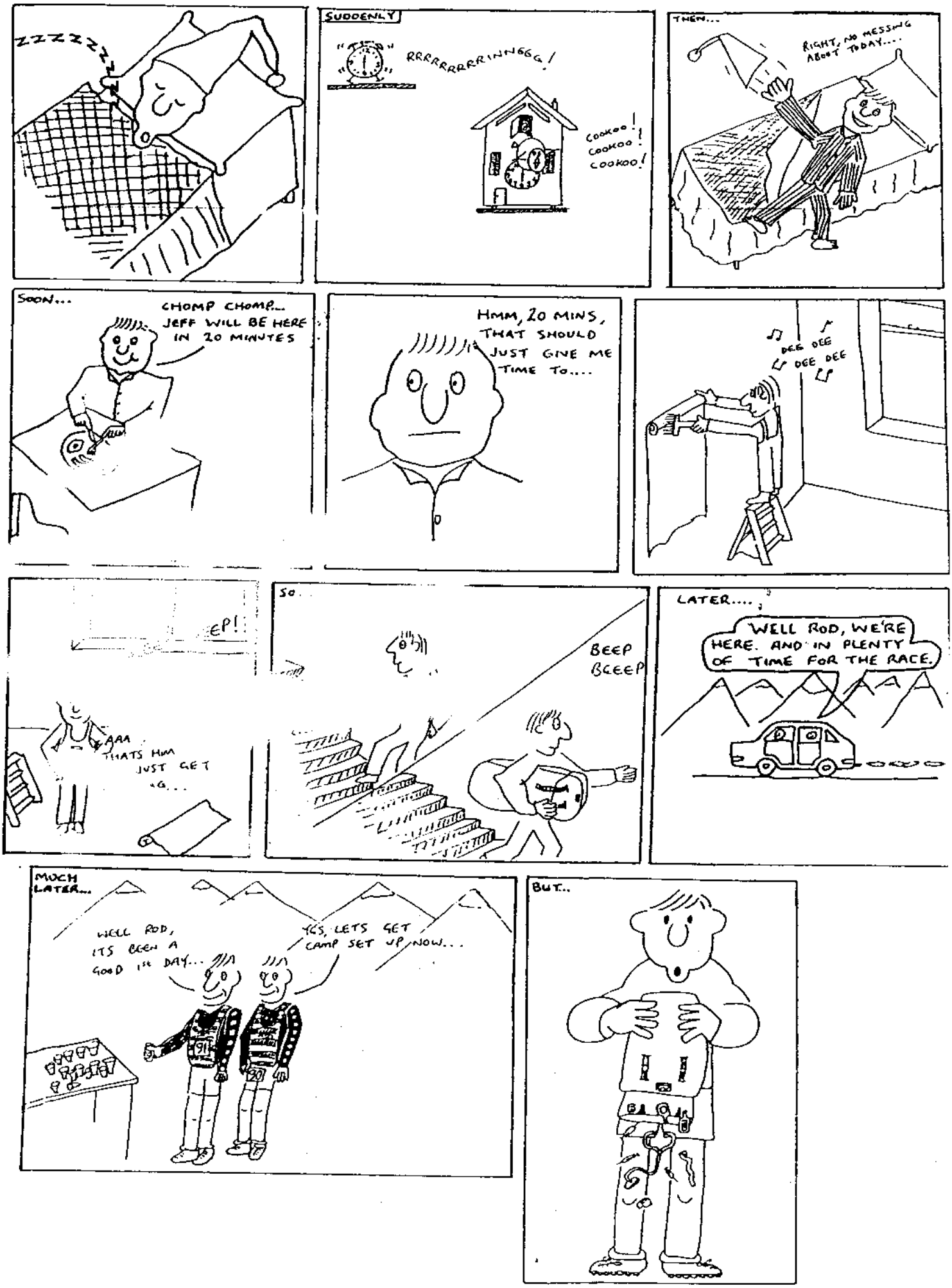
39 TRIGS CHALLENGE.



SOUTH PENNINE 39 TRIG CHALLENGE 105 MILES APPROX

No	Name	Grid Ref	Dist Acc	Est Time	Act Time	Height
1	Sheepstones Edge	015278	2K	0830	0825	1315
2	High Brown Knoll	009304	5K	0850	0847	1453
3	Cross Hill	983284	9.5K	0935	0925	954
4	Standing Stone Hl	952303	13.5K	10.05	0955	1305
5	Bridestones	932267	17.7K	1040	1030	1437
CP	Rose & Crown	Time in 10.55		Time out	1059	
6	Stoodley Pike	973243	24.3K	1145	1131	1319
7	Little Holder Stns	969213	27.4K	1200	1156	1378
8	Lt Hazzles Edge	963193	29.6K	12.15	12.48	1246
9	Blackstone Edge	972163	33.1K	12.50	1312	1549
RV	Lydgate (21 mls)	955164				
10	East Hill	919176	39.1K	13.40	1350	1004
11	Rusby Hill	890167	42.5K	1410	1419	1033
12	Hunger Hill	865159	45.7K	1435	1447	1044
13	Brown Wardle Hill	898186	48.4K	1520	1538	1312
14	Freeholds Top	906218	50.6K	1545	1611	1489
15	Small Shaw Ht	861246	56.6K	1640	1708	1342
16	Thievley Pike	872272	59.6K	1705	1735	1473
RV	Holme Chapel (38ml)	875285	Time in 1755	Time out	1815	
17	Merrill Head	885295	62.3K	1745	1831	1079
18	Hoof Stone Height	914292	65.8K	1820	1907	1571
19	Delf Hill	899337	72.0K	1910	2001	1247
20	Extwistle Hill	875340	75.0K	1935	2025	794
21	Marsden Heights	862362	78.1K	2005	2057	886
CP	Finsley Rd (50mls)	869358				
22	Waltons Monument	894373	82.0K	2040	2140	1109
23	Lad Law	929356	86.2K	21.35	2245	1696
24	Lt Wolf Stones	971394	92.8K	2230	2345	1453
25	Withins Height	978358	97.3K	2305	0145	1457
RV	Penistone Hill	020364	Time in 0225	Time out	0325	
26	Penistone Hill	023367	102.3K	2335	0345	1030
27	Branshaw Moor	037396	106.1K	0020	0430	942
28	Catstones Hill	069383	110.1K	0100	0520	955
CP	Five Flags (75mls)	064355				
29	Nab Hill	036324	118.1K	0220	0658	1480
30	Soil Hill East	079315	122.3K	0300	0842	1322
31	Soil Hill West	077313	122.5K	0305	0851	1309
32	Delph Hill	899337	127.0K	0345	0851	1227
RV	Mount Tabor (82mls)	054272				
33	Wainhouse Tower	078240	133.6K	0445	1010	
34	Greetland Moor	074221	138.8	0515	1052	721
35	Norland Moor	055214	138.8K	0535	1110	932
36	Wholestone Moor	078116	145.8K	0630	1231	1246
CP	Rishworth Lodge	026165				
37	Dog Hill	003171	154.0K	0740	1429	1427
38	Manshead End	998198	156.8K	0810	1540	1368
39	Crow Hill	019229	160.8K	0830	1610	1256
	Mytholmroyd C.C.	013260	163.8K	0900	1640	

'Doctor On The Go.' by Savage Pencil.



THE SEQUEL TO STUD MARKS ON THE SUMMIT:- SHEEP DROPPINGS ON THE SUMMIT.

In 1981 after playing rugby for 5 years, I started fell running. Jeff Winder said to me "Let's do a fell race." I said "yes O.K." Jeff said "you'll need a compass" I said "It's alright I've got one".

Friday night came and we set off for Borrowdale. On arrival at the camp site we pitched the tent in darkness to arise next morning to an awesome sight. The mountains were looming above us. Were my eyes playing tricks on me? No, we really were going to run up these beasts.

Then Jeff gave me another shock to the system, He said "by the way it's an 18 mile race."

At this point my bowels went loose and I was off to the loo. After a clean change of skiddies I was on the way to the starting line shaking like a leaf.

It was hot and sunny with the temperature soaring into the eighties. Jeff said "there's a spot check, so have your compass ready"

I got my famous mickey mouse compass out. It was one I found in a lucky bag back in my school days but I had no idea how to use it. Jeff started to laugh and said "Your joking, get out your real compass" I said "This is my real compass" At that the race started with Jeff still laughing.

After six hours of pain, blistered feet and sunburn, I managed to crawl back to the finish. Now eleven years on I still can't use a compass!

After hearing the tale of Joss Naylor and Billy Bland, For those that don't know. Once upon a time high on the fells on a damp and misty day, whilst out training, Billy said to Joss "I think we're on top of Wasdale." Joss said "Nay we can't be Billy Look at the sheep droppings we're on Yewbarrow fell." "I think your right." said Billy. So the moral of the story is, If you can navigate from sheep droppings what's the point of buying a £7:50 compass.

Now after three weeks in the lakes and a little research, I can also navigate from sheep droppings.

Here is a list to assist those who cannot use a compass. The mnemonic is W.E.B.S. remember it.

(1)WASDALE MARBLE-colour brown

A perfectly round dropping only found on the bottom of the fell because they always roll to the bottom. So if on Wasdale and you can't find sheep droppings you know where you are.

(2)ENNERDALE PEARL-colour green

A bright shiny dropping always gleaming up at you. If the sun is out these act as mirrors to show you the way.

(3)BORROWDALE BULLET-colour half brown half green

Just like a bullet. Sharp end stuck up quite spiky when hardened by the sun. Only found on Borrowdale.

(4)SKIDDAW CLUMP-colour dark grey

Always in a clump. Very slippery. If you stand on one they always get stuck on your shoe. hard to flick off. found all over Skiddaw. (Not to be mistaken by the Redmond dropping)

So if your ever lost on any of the above fells just stop. Take a good look at the droppings and straight away you will know where you are. Throw away your compass and stop giving your money to Sylvia. Buy my new book out soon! you will never be lost again. If Joss and Billy can do it so can you!

FOOTNOTE:

I am still researching the other fells. BRIAN HORSLEY

The Karrimor by Irene Neville

"....talking as one of the four teams who completed the Karrimor..."
(Sorry Lads)

The day started fine, all the Calder Valley teams were wishing everyone good luck, little did we know what lay ahead of us.

After the second whistle, Helen and i set off up the first climb to our first control of the day, so we marked up our maps and then set off.

The first control took longer to get to than we thought, two hours of climbing, it was going to be a long day.

After a quick look at the map we set off to find the second control climbing down the crags to the edge of the woods, but decided they were too low, so we contoured high and made a good line along the tops to the trig point and from there we took a bearing.

We came out of the mist to see a col, navigation going really well so far. More traversing around the next hill, where we caught up with a team that had been in front.

Checkpoint two, out with the rice pudding & fruit, remembering the words of advice from Pete White and Rhys Kift, good food for distance running.

Helen checked the map while i clipped the card and we were on our way again. Good running to the next control but Helen goes over on her foot, however, she braved the cold water and put her foot in the lake.

We got control three , four and five out of the way, so we headed for the sixth control, this should be easy going now, but no such luck.

The next stretch was like an assault course, very difficult with a 17 to 18lb pack on your back. However we coped very well with the situation.

The light was beginning to fade but the 7th control and base camp here we come! (Only another 1Km to go)

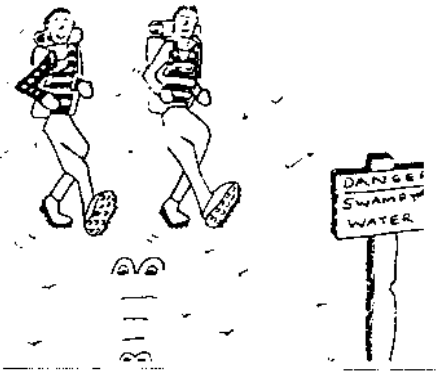
We put up the tent just before it came dark, made some tea and dried our clothes, then got out our sleeping bags. We hoped the 2nd day wouldn't be another nine hours.

The second day we woke with the Tannoy blasting out, telling everyone to get up. (Only six o'clock but lots to do) Before we set off there was breakfast to have and the tent to take down and pack away, Haversack much lighter now. Eight-thirty off on the second day, a long climb and dangerous traverse to first control, very scarey, lots of swampy water to run through, in fact never getting chance to dry off.

Moved much better on the second day, our packs not as heavy,lots of climbing but our finishing spirits still very high. It was much harder than anything i had done before. Six hours later we were running into the finish (not before we had taken a detour through a Pine forest, got a little lost for a minute or two and had several followers with us, they thought we knew where we were going!)

Jess came to meet us and gave Helen a big hug. Thanks all round. A great weekend- looking forward to next year.

Irene.



Open fell racing or 'Guides races'

To me there has always seemed to be a bit of mystique about Open fellraces. The fact that they are said to come under a different 'code' to F R A races and so don't appear in the fixtures calendar, coupled with the stories about people actually being banned from F R A races because they had taken part in an Open race seemed a bit odd to say the least. I thought running was for everyone and that races were made for runners to compete in, so surely 'open' means just that. Very curious i reckoned so last summer i decided to go out and see what all the fuss is about.

Whilst on camping holiday in August, Carol and i noticed a sign advertising Ennerdale show (Aug 26th) and decided that it would be a good day out. A glance through the British Open Fell Runners Association (BOFRA) fixture list told us that there would also be the added bonus of a fell race.

We arrived at about Noon, the sun was blazing down already and without a cloud in the sky it promised to be another scorcher of a day. No entry to the Showground carpark as we were runners, so in to the farm fields and immediately the atmosphere hit our nostrils, a lovely mixed aroma of cow muck, Horse manure and barbecued Cumberland sausage.

Down in the showfield the Hounds were being walked briskly, warming up for the Trail racing and the Showjumping was in full flight with a running commentry over the Tannoy. Children had balloons, old folks ate ice cream, coconuts were being shyed and sheep were being shown. A real Country Show atmosphere.

The Junior races (u/12's-u/14's-u/17's races) would start at 1.30 and the Seniors would follow, so we were told at the information tent. Entries were taken by one of the farmers' wives, no numbers were given, she just asked what colours of vest & shorts we would be wearing, "for the commentator". Oh, and by the way, entry was free.

We walked around the Showfields a while, taking in the atmosphere, and it was starting to get almost unbearably hot. I could have murdered a pint as we passed the beer-tent but i was already scared of being last in the race as it was. We hadn't seen anyone we knew yet, in fact we hadn't seen anyone who looked as if they might be running. What if we're the only ones who've come to do the fell race?

As it turned out i needn't have worried. We had walked a full circle of the showground, back to the Info tent, and we saw that others were registering, including David Hird, our friend from Keighley and the Veteran Roger Ingham of Skipton. They sat with us as we watched the Junior race. It was a real spectacle, 1000 foot straight up & down, all visible from where we sat.

In all there were 10 entrants for the Senior race, three of them ladies. We were asked to line up in the middle of the show ring and we were counted. Hundreds of people around the ring had turned their attention to us and i just wanted the starter to let us go. We were told to get set, the hanky was dropped and the crowd cheered us and clapped as we sprinted off.

Straight across the field we went, onto a straw bale and over the perimeter fence, then up a short rough grassy banking to a dirt track. A five bar gate was hurdled then out onto the grassy fellside. Two lean looking lads had surged into the lead and were

soon forcing the pace. I was lying third (THIRD !!) but i very soon began to feel the effect of the fast pace in the blistering heat. By the 2nd gate i had been caught by David and Carol, and i was now sweating like mad. "You went off a bit quick didn't you?" She said, but i couldn't summon up a reply.

Carol followed David up and away, following the fence slightly off to the left and steeply to the first flag. I was really starting to suffer. Flies were buzzing round me and getting in my eyes. I found it hard to get my breath.
In what had seemed like a very long 10 minutes, i had reached the summit flag and was speeding back towards the showfield. I could hear heavy footfalls behind and heavier breathing. Oh no, i can't lose anymore places!

I didn't dare look back, just let myself go down the steep fellside and even started contemplating leaping the fell gate. As it got closer though i became aware of the fence and gate being about four feet high and of solid wood, so compramised (bottled out) with a two handed vault which i think i ought to practice a bit.

Along the track now and we've cracked it. As i hit the last gate a great magnet seemed to pull my legs. I heard him catching me again his stride breaking as he too went over the gate. I dashed towards the straw bales and over the perimeter fence, the Tannoy in the field told everyone, "Oh, here come another two runners, make a bit o' room, look out-mind that horse and let em through"

He was right on my shoulder as we dashed through the smell of horse manure to the line. A small envelope the size of a wage packet was thrust into my hand together with a rosette which declared me 5th. My rival came over smiling and shook my hand. As we chatted, he asked if i knew there was another race tomorrow at Crosby Ravensworth.

My paypacket contained a five pound note, the first prize i had ever won. Ah, i thought, that must be what the F R A object to. Receiving a money prize makes you a professional in their eyes, though nobody could possibly earn a living from the prizemoney, even if they won every week.
That seemed to me to be the only difference in our races and the Open races, (though not all of them give money) The people are just as friendly and enthusiastic about the sport. Roger Ingham of Skipton, a great authority on open fellrunning, came in 8th. He asked his son to run over to the car and fetch his camera because he wanted his photo taken with Carol. He told her that she was, by running today, the first Lady ever to beat him "in all my 30 years of running". Then he took us for a drink to celebrate and asked us to come and run in the Embsay crag race which he organises. What a smashing bloke.

Crosby Ravensworth race the next day was more like a cross country course really. Starting again from a village show with showjumping, sheepdog trials and a very large beer tent. The Seniors went off at 6 p.m. and we had to negotiate seven hurdles (fences and dry stone walls) on the way out to the turning point at a farm, then the same route back. Prizes at this race were such as you might find on a tombola or raffle stall, wine, baskets of fruit, jams, ornaments etc which i suspect were donated, and all the juniors received an engraved silver spoon with a coat of arms on the handle, in a presentation box.

I would say that some of the top runners in these races are pretty good. Steve Carr who won at both of the above races ran at Dufton pike and was placed in the top 10 in a very high class field.

Other Open races we did last season include Burnsall (Sept 20th) which uses the same route as the August Bank Holiday race, Embsay (Sept 27th) a horseshoe route, from The Olde Elm Tree pub in the village of Embsay near Skipton, with an extremeley steep climb up to Embsay Crag, and Wasdale Head Show (10th Oct) where the race goes from the showfield near the Church, over a drystone wall and straight to the top of Kirk Fell (2330'/1½m) and back. See the section in Wainwright's 'The Western Fells' (Kirk Fell 4) and see what he thought of this climb, he was right!

The winner John Atkinson did 29 minutes, and as at Ennerdale, they gave small cash prizes. The races are organised by a Mr Jim Naylor brother of the great Joss Naylor, fellrunning's living legend, of Bowderdale. Joss was in fact at the show exhibiting his Herdwick sheep though idon't know whether they won.

So there we are. Apart from the smaller fields, and the shorter faster courses there don't appear to be any differences in these races and the ones we're familiar with. They are well organised and run in by people who love the sport, and they welcomed us with open arms. Don't just take my word for it though, go and see for yourself.

Footnote

At Wasdale the highlight of the show was definately the Hound trail as far as we were concerned. A large piece of sack cloth is used to lay a scent trail after first having been soaked in a bath containing a mixture of aniseed and paraffin. From an early age the dogs are trained to follow this scent, firstly over very short distances, to find their dinner. As the dog grows so the distance is increased and so very soon learns that if he runs for it he gets it quicker, and sometimes, if he doesn't run fast enough he may be beaten to it by another dog!

The Hounds look like a cross between a Greyhound and Beagle and will cover ten miles over the fells in about ½ an hour! Their reward at the finish is a scrap of food from the owner, who will shout, clap whistle and jump up and down as their dogs run to them.
Betting is big business and the prize money, together with the prestige of winning at Wasdale is strongly contested.

Allan Greenwood.

GUIDES RACING

Guides or Fell Racing, unique perhaps only to the English Lake District, probably dates back to the time when man first thought of challenging another to a test of strength or endurance, and the challenge may have been carried by a wrestling bout or a race to the top of some high peak. There would be no reward, save that of self satisfaction and the knowledge of being a better man, in his turn the winner would probably be challenged by one from a neighbouring village and thus Guides or Fell Racing has become one of Lakeland's best loved sports.

As time passes, one can read of gruelling guides races for which the winner might receive 10/- and it was not until the 19th century that prizes of £1 were given, which gradually increased until the present day when sums of up to £15 and a fine trophy are awarded to the winner.

At each local sports records are kept of the times taken by the winning competitors, to complete the particular route and these are from time to time, broken. Among the competitors are many farmers' sons, who are used to clambering the mountains in their daily task of tending the sheep. During the sports held the runners are confronted almost at once with the steep incline, with its rough bracken high and deep ghylls. They are permitted to make their own way to the summit and, on rounding the flag are given a disc to be brought back to the Judge. This is to ensure that each competitor rounds the summit flag.

Accidents are infrequent, despite the difficult terrain, and the speed with which the runners make the descent, but ambulance men are placed along the route, at frequent intervals, to give aid if needed.

The term "Guides" is derived from the older days, maybe 150 years ago, when the Lakes were beginning to attract visitors and the mountains were regarded as almost impassable places, the bold visitors who climbed them doing so only with the assistance of local guides. These were men of the shepherd type who knew the particular mountains and any number of them were scattered about the Lake District.

The first so-called Guides Races would be between these chaps and later they were introduced at the sports meetings, thus instead of Mountain Races, they became known as Guides Races, competitors wearing spiked shoes or slippers, changing into boots for the descent. Now the competitors wear the same footwear for both ascent and descent.

Footnote

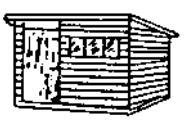
It is pleasing to note that this extract was written in 1953 - very little has changed since except children are now also well catered for. We feel sure that in 1992 many people whether competitor, parent or visitor on holiday will get a lot of pleasure out of this open traditional sport.

Paul Judge
(B.O.F.R.A. President)

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English Sports & Fell Races

Day	Date	Location		County	Approx. time
Monday	4th May	Rusland Fell Races/Hound Trials		Cumbria	6.00 p.m.
Saturday	9th May	Cracoe Sports & Fell Races	*	N. Yorks	2.00 p.m.
Wednesday	13th May	Old Swan '6'		N. Yorks	6.30 p.m.
Saturday	16th May	Crosshills Gala Fell Races		W. Yorks	3.00 p.m.
Saturday	23rd May	Sedbergh Gala Fell Races	*	Cumbria	1.30 p.m.
Monday	25th May	Dent Sports Fell Races		Cumbria	2.00 p.m.
Thursday	28th May	Killington Sports Foot Races		Cumbria	6.00 p.m.
Saturday	30th May	Wray Sports Fell Races		Lancs.	6.30 p.m.
Sunday	31st May	Farleton Knott Fell Races	*	Cumbria	12 noon
Saturday	6th June	Lowgill Sports Fell Races		Lancs.	6.30 p.m.
Sunday	7th June	Coniston Gullies Fell Races	*	Cumbria	12.00 Noon
Wednesday	10th June	White Lion Kildwick Fell Races		W. Yorks	6.30 p.m.
Sunday	14th June	Helvellyn Fell Races (Senior race first)	*	Cumbria	2.00 p.m.
Thursday	18th June	Worthway Relay	P.E.	W. Yorks	7.00 p.m.
Saturday	20th June	Langcliffe Gala Fell Races		N. Yorks	3.30 p.m.
Sunday	21st June	Sharphaw Fell Races	*	N. Yorks	12.00 Noon
Thursday	25th June	The Guide Races, Hainworth		W. Yorks	6.30 p.m.
Saturday	27th June	Levens Sports		Cumbria	2.00 p.m.
Sunday	28th June	Moorcock Inn Fell Races	*	N. Yorks	12.00 Noon
Thursday	2nd July	Murder Mile - Silsden		W. Yorks	7.00 p.m. prompt
Sunday	5th July	Kirkby in Furness Gala Fell Races	*	Cumbria	2.00 p.m.
Sunday	5th July	The New Inn Road Races, Wray		Lancs.	11.00 a.m.
Thursday	9th July	Great Yorks Cross Country, Addingham		N. Yorks	6.30 p.m.
Saturday	11th July	Alva Highland Games (British Hill Championship)	*	Scotland	1.00 p.m.
Saturday	18th July	White Lion Inn Fell Races	*	N. Yorks	12.00 Noon
Sunday	19th July	Wharfedale Fell Races, Grassington		N. Yorks	2.00 p.m.
Saturday	25th July	Cowling Gala Fell Races		W. Yorks	3.00 p.m.
Saturday	25th July	Ambleside Gala Fell Races		Cumbria	2.00 p.m.
Thursday	30th July	Ambleside Sports	P.E. *	Cumbria	12.30 p.m.
Saturday	1st August	Beetham Sports		Cumbria	2.00 p.m.
Saturday	1st August	Hellifield Gala		N. Yorks	5.00 p.m.
Saturday	8th August	Arncliffe Gala Fell Races	*	N. Yorks	2.00 p.m.
Saturday	15th August	Rusland Sports Fell Races		Cumbria	1.00 p.m.
Thursday	20th August	Grasmere Sports	P.E.	Cumbria	12.00 Noon
Saturday	22nd August	Gargrave Show Fell Races		N. Yorks	3.00 p.m.
Sunday	23rd August	Innerleithan International Hill Races (TBC)		Scotland	1.00 p.m.
Wednesday	26th August	Ennerdale Show Fell Races		Cumbria	2.00 p.m.
Wednesday	26th August	Reeth Show Fell Races		N. Yorks	2.00 p.m.
Thursday	27th August	Crosby Ravensworth Fell Races		Cumbria	6.00 p.m.
Saturday	29th August	Malhamdale Show Fell Races		N. Yorks	3.00 p.m.
Saturday	29th August	Broughton in Furness (Juniors only)		Cumbria	2.00 p.m.
Saturday	29th August	West Witton Fell Races		N. Yorks	6.30 p.m.
Sunday	30th August	Keswick Sports Fell Races		Cumbria	12.00 noon
Sunday	30th August	Hatton Gill Show Fell Races (Seniors/U14 only)		N. Yorks	2.00 p.m.
Monday	31st August	Hebden Sports Fell Races		N. Yorks	2.30 p.m.
Tuesday	1st September	Kilnsey Show & Sports	P.E.	N. Yorks	2.00 p.m.
Wednesday	2nd September	Muker Show Fell Races		N. Yorks	2.00 p.m.
Saturday	5th September	Lowick Show Fell Races		Cumbria	2.00 p.m.
Sunday	6th September	Kendal Sports (Juniors only)		Cumbria	2.00 p.m.
Sunday	6th September	Bradley Family Show Day		W. Yorks	4.00 p.m.
Saturday	12th September	Hawkswick Dash Fell Races	*	N. Yorks	12.00 noon
Saturday	12th September	Lothersdale Show Fell Races		W. Yorks	3.00 p.m.
Sunday	13th September	Kettlewell Fell Races	*	N. Yorks	12.00 Noon
Sunday	13th September	Ulverston Sports Fell Races (TBC)		Cumbria	2.00 p.m.
Saturday	19th September	Egremont Crab Fair Sports Foot Races		Cumbria	2.00 p.m.
Sunday	20th September	Burnsall Fell Races	*	N. Yorks	12.00 Noon
Saturday	26th September	Eskdale Show Fell Races	*	Cumbria	2.00 p.m.
Sunday	27th September	Embsay Fell Races	*	N. Yorks	12.00 Noon
Saturday	3rd October	Yetlhorn Shepherds Meet		Cumbria	1.30 p.m.
Sunday	4th October	Dog & Gun Fell Races, Glusburn	*	W. Yorks	12.00 Noon
Saturday	10th October	Alwinton Show Fell Races		Northumbria	2.00 p.m.
Saturday	10th October	Wasdalehead Show Fell Races	*	Cumbria	2.00 p.m.
Sunday	11th October	Bronteway Race	P.E.	W. Yorks	10.00 a.m.
Saturday	17th October	Buttermere Show Fell Races	*	Cumbria	1.00 p.m.
Sunday	25th October	Malham Fell Relay Races		N. Yorks	10.30 a.m.
Saturday	7th November	Waina Sca Shepherds Meet		Cumbria	2.00 p.m.
Saturday	7th November	B.O.F.R.A. Presentation Dinner - Morecambe		Lancs.	7.30 p.m. prompt

OPEN HILL RACES IN SCOTLAND

Wednesday	8th July	Kenmore Highland Games	6.00 p.m.
Saturday	11th July	Alva Highland Games (British Hill Championship)	1.00 p.m.
Saturday	18th July	Tomintoul Highland Games	11.00 a.m.
Saturday	18th July	St Ronan's Border Games, Innerleithen	2.00 p.m.
Sunday	19th July	Rosneath & Clynder Highland Games	12.00 Noon
Wednesday	22nd July	Luss (Loch Lomond) Highland Gathering	11.00 a.m.
Saturday	25th July	Lochearn Head Highland Games	11.00 a.m.
Saturday	25th July	Dufftown Highland Games	11.30 a.m.
Friday	31st July	Durness Highland Games	12.30 p.m.
Saturday	1st August	Aboyne Highland Games	12.30 p.m.
Saturday	8th August	Atholl & Breadal Bane Highland Gathering	2.00 p.m.
Thursday	13th August	Ballater Highland Games	12.30 p.m.
Friday	14th August	Assynt Games - Lochinver Sutherland	12.00 Noon
Saturday	15th August	Helmsdale Highland Games (Scot Hill Race Championship)	12.00 Noon
Saturday	22nd August	Lonach Highland Gathering	1.00 p.m.
Sunday	23rd September	Innerleithen International Hill Races (TBC)	1.00 p.m.
Thursday	27th August	Argyllshire Highland Games (Oban)	11.00 a.m.
Saturday	5th September	The Braemar Highland Gathering	11.00 p.m.

* Denotes National Westminster Bank Fell Runners Championship Event

P.E. Denotes Pre-entry and entries will not be taken on the day

Most English events include races for seniors, under 17's, under 14's, under 12's. The Scottish events may vary from this, but those marked * do conform to the above age groups.

Please Note: Every effort has been taken to check the accuracy of the information in this leaflet. B.O.F.R.A will not be responsible for any alterations that may arise as these are beyond our control.

(Any information/additions for the 1997 season

HAWORTH HOBBLE 1992

It's Saturday morning 6:00 am I'm up and off to pick up Andy Thompson. As we approach Haworth the rain is slowing down. It's soon 8:00 am and we are ready for the start, and there seems to be thousands of runners. Someone somewhere shouted GO! and we are off up the main street walking!! By the time Keith monkton and myself arrive at the top of the main street we actually manage to break into a slow trot!! A 1/4 mile further on we actually started to run!!

At Bronte bridge there is a route change so as to avoid the stiles. However, two minutes later stile number one appears. We have to queue for 5 mins. We both get up and over and proceed to stile number two. At this stile a runner tries to push in, but another runner sees him and shouts and growls at him like a Pit Bull terrier. The runner whimpers and goes back to his rightful position.

We arrive at Widdop to be greeted by Linda who informs us that loads of runners have gone through so we should frame ourselves. (such a cheerful soul my wife) As we run past Widdop resevoir the waves splashed over the top. Keith was at the nearside so the spray missed him because of his height but managed to sideswipe me I was soaked, much to Keith's delight, He chuckled all the way to checkpoint 3. Keith was in front by 20 yds. He kindly waited for me at the checkpoint and asked if I felt OK, I think I answered yes.

Whilst following Keith over Hambledon moor I took note of his footsteps over a peat bog. He skipped over the bog, meanwhile I disappeared up to my thighs in mud. As I tried to get out I nutted the mud with my head and came out looking like Al Jolson. At the next checkpoint Keith was waiting, from here on I christened him the "mud skipper".

From Studley Pike we kept up a steady pace coming down off the pike through Hebden and then the run up to Heptinstall, which for the first time I actually managed to run all the way. Then down to the crags to the next checkpoint. By this time I was getting used to people, complete strangers to me saying to Keith "alright Keith", that man Monkton is better known than Tom Jones (or for the younger members Jason Donovan) Going through the crags I was like a dog on a lead being pulled along by it's master. Finally up to the top of the stairs then it's my turn to encourage Keith. For the first time in the race.

We were on the last 1/4 mile to the finish when suddenly Keith said "follow them two in front" I obeyed only to end up in someone's garden. After tramping down a few weeds we found our way out and finally arrived at the finish and a well deserved pint and a meal.

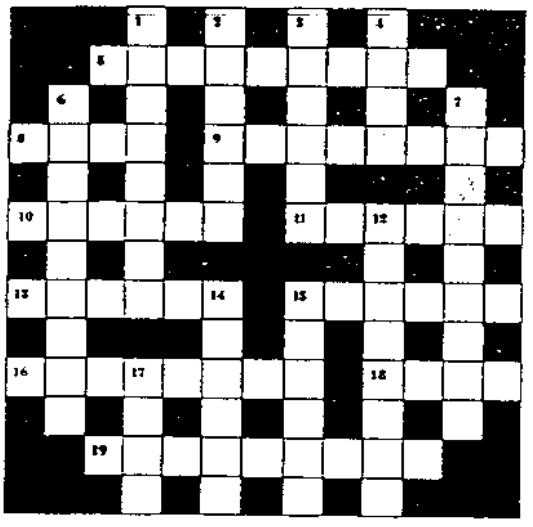
BRIAN HORSLEY

Following the response to our xmas x-word (last issue) we have decided to do another for you, along the same lines. In actual fact, when we offered the quoted "Magnificent Prize" in the last issue, puzzlers will have immediately spotted the cryptic clue in that phrase and realised that it wasn't ballpoint pens that were up for grabs, but a lovely new pair of ETA studded fell shoes.

The first (only) correct entry was received from a Mr P Horne, of Nipperholme Halifax. Well done Mr Horne.

No prizes this time - Answers on page 33

QUICKIE CROSSWORD No. 2

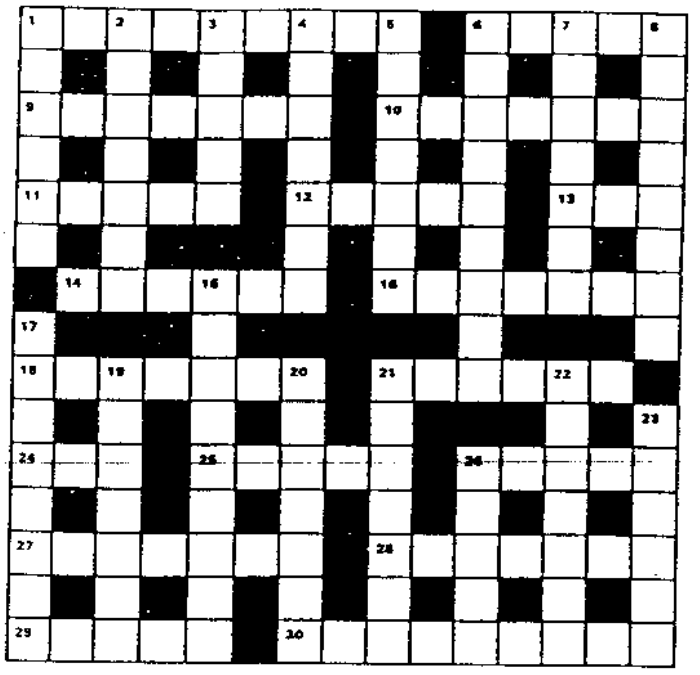


ACROSS

5 First word of this union is well illustrated (9)
8 Halt (4)
9 Pronounces irrelevant – beyond the lines (5,3)
10 Puts faith in someone (6)
11 US currency (6)
13 Learning experience (6)
15 UK currency or weight (6)
16 Clumsy, mistake-prone people (8)
18 US pop star, French dear (4)
19 Became mature – like film, perhaps (9)

DOWN

1 Puts forward idea – pops the question (8)
2 Field games (6)
3 Sent demand for payment by William (6)
4 Gap in mountain (4)
6 Agitated cup of tea, perhaps (7,2)
7 What beach holidays are all about (3,3,3)
12 Set off rocket or boat (8)
14 Wanted in North East seed (6)
15 Moveable part of engine (6)
17 Moves from some place (4)



CRYPTIC CROSSWORD No. 2

ACROSS

1 What a performance to turn out map on time! (9)
6 Try to make silent cover indicate you don't care (5)
9 USSR in a troublesome situation for him (7)
10 Mark's removal not in doubt after a time (7)
11 Strange way to go to reach the lake (7)
12 Composer of great music about English seaside (5)
13 The point of punctual arrival (3)
14 Ink's been split, there's the rub! (6)
16 What might be used with a brush puts Dan in a difficulty (4-3)
18 The diplomat in the case? (7)
21 Money we got back for some nut (6)
24 Teacher with quiet literary flow? (3)
25 No drink taken in the light of being bad tempered (5)
26 Grim end to a craft (5)
27 Close connection with what goes on at a late hour (7)
28 Intake of some substance for afternoon drinkers (3-4)
29 One might forget one's eaten it (5)
30 Make aware of ale being offered between short measures (9)

DOWN

1 One might be ready to go after the wrap-up (6)
2 Refuse to give way to drink – that's the remedy! (7)
3 Green circle not recorded (5)
4 Big Noel thrown out for being mean (7)
5 Mere lad corrupted by Beryl (7)
6 Some of the sailors' bodies indicating their capacities? (3-6)
7 Collection of facts presented at an assembly (5-2)
8 It's on the cards you'll get it at Christmas (8)
15 Adds flourishes at this time when one makes a speech (9)
17 How many numbers for a prince of the church? (8)
19 Time to get close when Baby comes round (7)
20 Meet Rex the outrageous at last! (7)
21 Weep over the last broken glass (7)
22 Graceful eagle flying over an empty nest (7)
23 Not given notice of invisible quality (6)
26 Cinders has captured Ernie's heart – it's common talk! (5)

CRYPTIC NO. 1 – SOLUTIONS

ACROSS: 1 Asterisk, 5 Shapes, 9 Portrait, 11 Amused, 12 Prose, 13 Clap, 16 Opus, 17 Developer, 18 Brie, 20 Realm, 21 Idiot, 22 Over, 24 Blueprint, 27 Tail, 28 Diet, 29 Asset, 32 Bridge, 33 Desirable, 34 Ernest, 35 Bloomers

DOWN: 1 Aspect, 2 Thread, 3 Rare, 4 Slip, 6 House, 7 Passport, 8 Sidestep, 10 Trees, 11 Ascenders, 14 Peter, 15 Cellulose, 18 Boast, 19 Portable, 20 Reason, 23 Novel, 25 Trade, 26 Stream, 29 Ages, 30 Tall, 31 Wren

QUICKIE CROSSWORD NO. 1 – SOLUTIONS

ACROSS: 1 Printers, 7 Isles, 8 Anvil, 9 Merger, 10 Grey, 12 Root, 14 Hearth, 17 Notes, 18 Egg on, 19 Credited.

DOWN: 1 Polar, 2 Instep, 3 Tree, 4 River, 5 Simmering, 6 Plaything, 11 Relent, 13 Outer, 15 Raged, 16 Used.

CALDER VALLEY FELL RUNNERS CHAMPIONSHIP
Handicaps for 1992

A separate handicap for short, medium and long races has been calculated for each club member based on performances in races in 1991. For each race, the winner's time has been subtracted from the member's time and this figure has been divided by the race distance in miles. The handicap figures shown below are the average number of seconds per mile by which the member is slower than the winner's time. A few adjustments have been made to correct anomalies. If a member has not raced at a particular distance, the handicap has been estimated from performances in races at other distances, where possible. Handicaps have not been calculated for members who did not race in 1991 or runners who were not members of the club in 1991.

For each championship race in 1992, each runner's handicap will be multiplied by the race distance in miles and this will be subtracted from the actual race time to give a corrected time on which the handicap points will be based.

Name	Sh	Med	Lng
Russell Arrandale		410	
Mick Banks	113	139	189
Alex Bowden			
Tony Bradley	128		
Michael Burns	244	365	278
Paul Cleary			97
Paul Frechette			
Stewart Gardner	91		
Chris Godridge	89	117	156
Allan Greenwood	169	216	320
Carol Greenwood	111	149	181
Linda Hayles	226	284	380
Pete Horne	114	124	130
Greg Houghton	80	110	133
Rhys Kift			
Steve Kirkbride	143	200	280
Keith Munton			151
Christopher Nuttall	157		
Stephen Nuttall			
Bernard Pierce			
Eddie Procter	150	135	296
Pete Regan	99	200	286
John Riley	159	290	300
Richard Rowlands		29	
Rob Skelton	71	114	200
Jon Smith	63		
Graham Spencer	133	200	303
Jill Thistlethwaite			
Duncan Thompson	64	74	100
John Walker			
Pete White			
Jon Wilkinson	113	156	173
Andy Wimpenny	70	62	138
Graeme Woodward	84	124	149

Name	Sh	Med	Lng
Andy Auton			
Richard Benn	115	180	303
Kieran Bowden			
Mark B-Pimlott	100	157	132
Steve Cavell	143	211	290
Dennis Commissar	322	-	-
Graham Fry	158	223	274
Dennis Gildea	125	154	229
Dave Goldie	46		
Carl Greenwood	102	160	248
Ian Hartman	103	150	207
Bob Horne			
Brian Horsley	89	120	150
Steve Houghton	66	77	103
Richard Kellett	91	131	240
Pete Mason			
Irene Neville	250	416	423
Roger Nuttall			
Chris Peart-Binns	92	144	181
Kay Pierce			
Trevor Redmond	131	190	287
George Ridgway			
Pete Round	90	114	150
Jimmy Sheard	201		
Steve Skelton	66	80	94
Alistair Sowden			
Rod Sutcliffe	88	111	130
Andy Thompson	105	138	200
Simon Towler			
Gary Webb	28	26	40
Jez Wilkinson	143	181	250
Tim Wilkinson	100	189	232
Jeff Winder	53	58	78

CALDER VALLEY FELL RUNNERS 1992 CHAMPIONSHIP

Race Results

Pos.	Name	Time	Champ pts	Vet pts	Ladies pts	Handicap	Adjusted Time	Hcp pts
	RACE 1: WADSWORTH TROG (BL 20m/4,000ft) - SATURDAY 22nd FEBRUARY							
1.	Andrew Schofield	2.54.38						
8.	Jeff Winder	3.10.48	40	20		26.00	2.44.48	27
12.	Rod Sutcliffe	3.15.04	39	19		43.20	2.31.44	33
13.	Duncan Thompson	3.15.39	38			33.20	2.42.19	28
22.	Carol Greenwood	3.24.00	37		10	60.20	2.23.40	37
26.	Pete Horne	3.30.07	36	18		43.20	2.46.47	25
27.	Mick Banks	3.30.59	35			63.00	2.27.59	34
34.	Geoff Coulson	3.34.55	34	17		-	-	21
35.	Barry Price	3.37.05	33	16		-	-	21
46.	Brian Horsley	3.44.44	32	15		50.00	2.54.44	24
48.	Ian Hartman	3.46.05	31	14		69.00	2.37.05	31
54.	Pete Regan	3.51.06	30			95.20	2.15.46	40
57.	Andy Thompson	3.51.52	29			66.40	2.45.12	26
65.	Richard Kellett	3.54.42	28			80.00	2.34.42	32
72.	Trevor Redmond	3.56.20	27			95.40	2.20.40	39
76.	Steve Kirkbride	3.58.00	26	13		93.20	2.24.40	36
88.	Chris Godridge	4.04.51	25			52.00	3.12.51	22
89.	Pete White	4.05.35	24	12		-	-	21
92.	John Riley	4.06.57	23	11		100.00	-2.26.57	35
99.	Steve Cavell	4.14.20	22			96.40	2.37.40	30
103.	Eddie Procter	4.18.21	21	10		98.40	2.39.41	29
122.	Tony Bradley	4.36.10	20			-	-	21
123.	Tony Flint	4.36.13	19	9		-	-	21
124.	Graham Spencer	4.37.11	18			101.00	2.56.11	23
132.	Irene Neville	4.44.20	17	8	9	141.00	2.23.20	38
DNF	Rob Skelton, Jez Wilkinson							
	RACE 2: ILKLEY MOOR FELL RACE (AS 4.5m/1,150ft) - SUNDAY 8TH MARCH							
1.	James Parker	37.29						
8.	Gary Webb	39.12	40			2.06	37.06	39
37.	Duncan Thompson	42.46	39			4.48	37.58	36
38.	Rob Skelton	42.47	38			5.20	37.27	38
63.	Chris Godridge	44.50	37			6.41	38.09	35
72.	Carol Greenwood	45.12	36		10	8.20	36.52	40
76.	Carl Greenwood	45.25	35			7.40	37.45	37
90.	Brian Horsley	46.27	34	20		6.41	39.46	29
92.	Pete Round	46.29	33			6.45	39.44	30
103.	Ian Hartman	47.01	32	19		7.44	39.17	31
132.	Pete Regan	48.26	31			7.26	41.00	26
142.	Denis Gildea	49.17	30			9.23	39.54	28
146.	Steve Kirkbride	49.40	29	18		10.44	38.56	32
148.	Graeme Woodward	50.00	28			6.18	43.42	24
151.	Eddie Procter	50.09	27	17		11.15	38.54	33
154.	John Riley	50.14	26	16		11.56	38.18	34
191.	Rhys Kift	52.25	25	15		-	-	23
203.	Allan Greenwood	54.01	24			12.41	41.20	25
221.	Pete White	56.37	23	14		-	-	25
226.	Michael Burns	58.16	22	13		18.18	39.58	27
	RACE 3: EDALE SKYLINE FELL RACE (AL 21m/4,500ft) - SUNDAY 29th MARCH							
1.	Brian Thompson	2.38.23						
12.	Gary Webb	2.51.23	40			14.00	2.37.23	37
31.	Geoff Coulson	3.08.16	39	20		-	-	36
53.	Carol Greenwood	3.16.08	38		10	63.21	2.12.47	40
59.	Rod Sutcliffe	3.16.23	37	19		45.30	2.30.53	38
84.	Barry Price	3.29.50	36	18		-	-	36
131.	Jez Wilkinson	3.45.47	35			87.30	2.18.17	39
DNF	Allan Greenwood							

CALDER VALLEY FELL RUNNERS 1992 CHAMPIONSHIP

Race Results (continued)

Pos.	Name	Time	Champ pts	Vet pts	Ladies pts	Handicap	Adjusted Time	Hcp pts
RACE 4: LLANBEDR TO BLAEVAVON FELL RACE (AL 14m/4,500ft) - SUNDAY 12th APRIL								
1.	John Nixon	1.58.58						
5.	Paul Cleary	2.03.47	40			22.38	1.41.09	40
6=.	Gary Webb	2.05.53	39			9.20	1.56.33	37
13.	Rod Sutcliffe	2.13.09	38	20		30.20	1.42.49	39
50.	Ian Hartman	2.32.22	37	19		48.18	1.44.04	38
RACE 5: SCREEL HILL RACE (AS 4m/1,300ft) - SATURDAY 18th APRIL								
1.	Brian Potts	29.14						
17.	Rod Sutcliffe	34.30	40	20		5.52	28.38	40
36.	Bob Horne	39.24	39	19		-	-	39
RACE 6: KINDER DOWNHILL FELL RACE (AM 10m/2,150ft) - SUNDAY 26th APRIL								
1.	John Nixon	1.09.19						
10.	Gary Webb	1.11.54	40			4.20	1.07.34	32
11.	Steve Houghton	1.12.10	39			12.50	59.20	37
22.	Steve Skelton	1.15.54	38			13.20	1.02.34	35
24.	Duncan Thompson	1.16.14	37			12.20	1.03.54	34
27.	Andy Wimpenny	1.16.27	36			10.20	1.06.07	33
28.	Rob Skelton	1.17.25	35			19.00	58.25	38
59.	Rod Sutcliffe	1.20.54	34	20		18.30	1.02.24	36
88.	Ian Hartman	1.23.15	33	19		25.00	58.15	39
110.	Jez Wilkinson	1.25.30	32			30.10	55.20	40
232.	Karen Darke	1.41.18	31		10	-	-	31
RACE 7: CONISTON FELL RACE (AM 9m/3,500ft) - SATURDAY 2nd MAY								
1.	Keith Anderson	1.05.22						
72.	Paul Cleary	1.20.30	40			-	-	31
81.	Jeff Winder	1.21.39	39	20		8.42	1.12.57	34
102.	Steve Skelton	1.23.43	38			12.00	1.11.43	37
149.	Andy Thompson	1.27.21	37			20.42	1.06.39	39
150.	Brian Horsley	1.27.29	36	19		18.00	1.09.29	38
172.	Chris Godridge	1.29.58	35			17.33	1.12.25	35
188.	Richard Kellett	1.31.45	34			19.39	1.12.06	36
200.	Jez Wilkinson	1.32.37	33			27.09	1.05.28	40
233.	Mick Banks	1.35.59	32			20.51	1.15.08	32
258.	Denis Gildea	1.38.05	31			23.06	1.14.59	33
269.	Geoff Bell	1.39.22	30			-	-	31
?	Barry Price	result not available						
RACE 8: BUTTERMERE SAILBECK (AM 9.4m/4,250ft) - SUNDAY 10th MAY								
1.	Ian Holmes	1.29.23						
25.	Jeff Winder	1.39.48	40	20		9.05	1.30.43	35
29.	Steve Houghton	1.40.34	39			12.04	1.28.30	38
40.	Robin Skelton	1.43.31	38			17.52	1.25.39	40
41.	Rod Sutcliffe	1.43.41	37	19		17.23	1.26.18	39
47.	Duncan Thompson	1.45.39	36			11.36	1.34.03	33
57.	Greg Houghton	1.47.43	35	18		17.14	1.30.29	36
67.	Pete Horne	1.49.34	34	17		19.26	1.30.08	37
84.	Brian Horsley	1.52.56	33	16		18.48	1.34.08	32
111.	Mick Banks	1.58.46	32			21.47	1.36.59	30
117.	Ian Hartman	2.00.37	31	15		23.30	1.37.07	29
123.	M Bramall-Pimlott	2.01.29	30			24.36	1.36.53	31
130.	Carl Greenwood	2.02.50	29			25.04	1.37.46	28
142.	Steve Cavell	2.05.00	28			33.03	1.31.57	34
170.	Richard Benn	2.16.33	27			28.12	1.48.21	27

CALDER VALLEY FELL RUNNERS 1992 CHAMPIONSHIP

Race Results (continued)

Pos.	Name	Time	Champ pts	Vet pts	Ladies pts	Handicap	Adjusted Time	Hcp pts
	RACE 9: BLACKSTONE EDGE FELL RACE (AS 3.5m/1,200ft) - WEDNESDAY 20th MAY							
1.	Shaun Livesey	28.02						
10.	Gary Webb	29.55	40			1.38	28.17	31
11.	Richard Rowlands	29.57	39			-	-	22
20.	Duncan Thompson	31.27	38			3.44	27.43	35
27.	Jeff Winder	31.46	37	20		3.06	28.40	29
28.	Steve Houghton	31.52	36			3.51	28.01	34
32.	Rob Skelton	32.17	35			4.09	28.08	33
34.	Rod Sutcliffe	32.30	34	19		5.08	27.22	38
37.	Pete Round	32.46	33			5.15	27.31	36
39.	Carl Greenwood	32.52	32			5.57	26.55	39
47.	Leahn Parry	33.26	31			-	-	22
51.	Andy Thompson	33.35	30			6.08	27.27	37
55.	Denis Gildea	33.49	29			7.18	26.31	40
69.	Pete Horne	34.51	28	18		6.39	28.12	32
73.	Ian Hartman	35.04	27	17		6.01	29.03	28
84.	Mick Banks	35.44	26			6.36	29.08	26
91.	Graeme Woodward	36.02	25			4.54	31.08	23
99.	Chris Peart-Binns	36.29	24			5.22	31.07	24
101.	Tony Bradley	36.32	23			7.28	29.04	27
108.	Eddie Procter	37.09	22	16		8.45	28.24	30
113.	Trevor Redmond	37.48	21			7.39	30.09	25
115.	Alan Jones	37.52	20	15		-	-	22
	RACE 10: DUDDON VALLEY FELL RACE (AL 20m/6,000ft) - SATURDAY 30th MAY							
1.	Gavin Bland	2.44.21						
25.	Jeff Winder	3.12.39	40	20		26.00	2.46.39	34
26.	Steve Houghton	3.12.50	39			34.20	2.38.30	39
41.	Andy Wimpenny	3.25.37	38			46.00	2.39.37	38
48.	Rod Sutcliffe	3.27.32	37	19		43.20	2.44.12	36
58.	Pete Horne	3.37.09	36	18		43.20	2.53.49	30
63.	Brian Horsley	3.37.52	35	17		50.00	2.47.52	32
74.	Greg Houghton	3.44.38	34	16		44.20	3.00.18	29
87.	Andy Thompson	3.48.40	33			66.40	2.42.00	37
88.	Mick Banks	3.49.09	32			63.00	2.46.09	35
97.	Jez Wilkinson	3.52.10	31			83.20	2.28.50	40
102.	Ian Hartman	4.02.46	30	15		69.00	2.53.46	31
117.	Richard Kellett	4.06.58	29			80.00	2.46.58	33
147.	Bob Horne	4.29.20	28	14		-	-	28

If you spot any errors or omissions, please let me know
(Ian Hartman - 0274 546549)

CALDER VALLEY FELL RUNNERS -1992 CHAMPIONSHIP
Provisional placings after 10 races

	NAME	RACE																					TOTAL
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	POINTS
		(L)	(S)	(L)	(L)	(S)	(M)	(M)	(M)	(S)	(L)												
1	Rod Sutcliffe	39		37	38	40	34		37	34	37												296
2	Ian Hartman	31	32		37		33		31	27	30												221
3	Gary Webb		40	40	39		40			40													199
4	Jeff Winder	40						39	40	37	40												196
5	Duncan Thompson	38	39				37		36	38													188
6	Brian Horsley	32	34					36	33		35												170
7	Mick Banks	35						32	32	26	32												157
8	Steve Houghton						39		39	36	39												153
9	Rob Skelton		38				35		38	35													146
10	Pete Horne	36							34	28	36												134
11	Jez Wilkinson			35			32	33			31												131
12	Andy Thompson	29						37		30	33												129
13	Carol Greenwood	37	36	38																			111
14	Chris Godridge	25	37					35															97
15	Carl Greenwood		35						29	32													96
16	Richard Kellett	28						34			29												91
17	Denis Gildea		30					31		29													90
18	Paul Cleary				40			40															80
19	Steve Skelton						38	38															76
20	Andy Wimpenny						36				38												74
21	Geoff Coulson	34		39																			73
22	Eddie Procter	21	27							22													70
23	Barry Price	33		36																			69
23	Greg Houghton								35		34												69
25	Bob Horne					39					28												67
26	Pete Round		33							33													66
27	Pete Regan	30	31																				61
28	Steve Kirkbride	26	29																				55
29	Graeme Woodward		28							25													53
30	Steve Cavell	22							28														50
31	John Riley	23	26																				49
32	Trevor Redmond	27								21													48
33	Pete White	24	23																				47
34	Tony Bradley	20								23													43
35	Richard Rowlands									39													39
36	Karen Darke						31																31
36	Leahn Parry									31													31
38	Geoff Bell							30															30
38	Mark Bramall-Pinlott								30														30
40	Richard Benn								27														27
41	Rhys Kift		25																				25
42	Allan Greenwood		24																				24
42	Chris Peart-Binns									24													24
44	Michael Burns		22																				22
45	Alan Jones									20													20
46	Tony Flint	19																					19
47	Graham Spencer	18																					18
48	Irene Neville	17																					17

CALDER VALLEY FELL RUNNERS -1992 CHAMPIONSHIP
Handicap - provisional placings after 10 races

	NAME	RACE 1 (L)	2 (S)	3 (L)	4 (L)	5 (S)	6 (M)	7 (M)	8 (M)	9 (S)	10 (L)	11	12	13	14	15	16	17	18	19	20	21	TOTAL POINTS
1	Rod Sutcliffe	33		38	39	40	36		39	38	36												299
2	Ian Hartman	31	31		38		39		29	28	31												227
3	Gary Webb		39	37	37		32			31													176
4	Duncan Thompson	28	36				34		33	35													166
5	Jeff Winder	27						34	35	29	34												159
5	Jez Wilkinson			39			40	40			40												159
7	Mick Banks	34						32	30	26	35												157
9	Brian Horsley	24	29					38	32		32												155
9	Rob Skelton		38				38		40	33													149
10	Steve Houghton						37		38	34	39												148
11	Andy Thompson	26						39		37	37												139
12	Pete Horne	25							37	32	30												124
13	Carol Greenwood	37	40	40																			117
14	Carl Greenwood		37						28	39													104
15	Denis Gildea		28					33		40													101
16	Richard Kellett	32						36			33												101
	Chris Godridge	22	35					35															92
	Eddie Procter	29	33							30													92
19	Steve Skelton						35	37															72
20	Andy Wimpenny						33				38												71
20	Paul Cleary				40			31															71
22	John Riley	35	34																				69
23	Steve Kirkbride	36	32																				68
24	Bob Horne					39					28												67
25	Pete Regan	40	26																				66
25	Pete Round		30							36													66
27	Greg Houghton								36		29												65
28	Steve Cavell	30							34														64
28	Trevor Redmond	39								25													64
	Barry Price	21		36																			57
31	Geoff Coulson	21		36																			57
32	Tony Bradley	21								27													48
33	Graeme Woodward		24							23													47
34	Pete White	21	23																				44
35	Irene Neville	38																					38
36	Geoff Bell							31															31
36	Karen Darke						31																31
	Mark Bramall-Pimlott								31														31
	Michael Burns		27																				27
	Richard Benn								27														27
	Allan Greenwood		25																				25
	Chris Peart-Binns									24													24
	Graham Spencer	23																					23
43	Rhys Kift		23																				23
45	Alan Jones									22													22
	Leahn Parry									22													22
	Richard Rowlands									22													22
	Tony Flint	21																					21

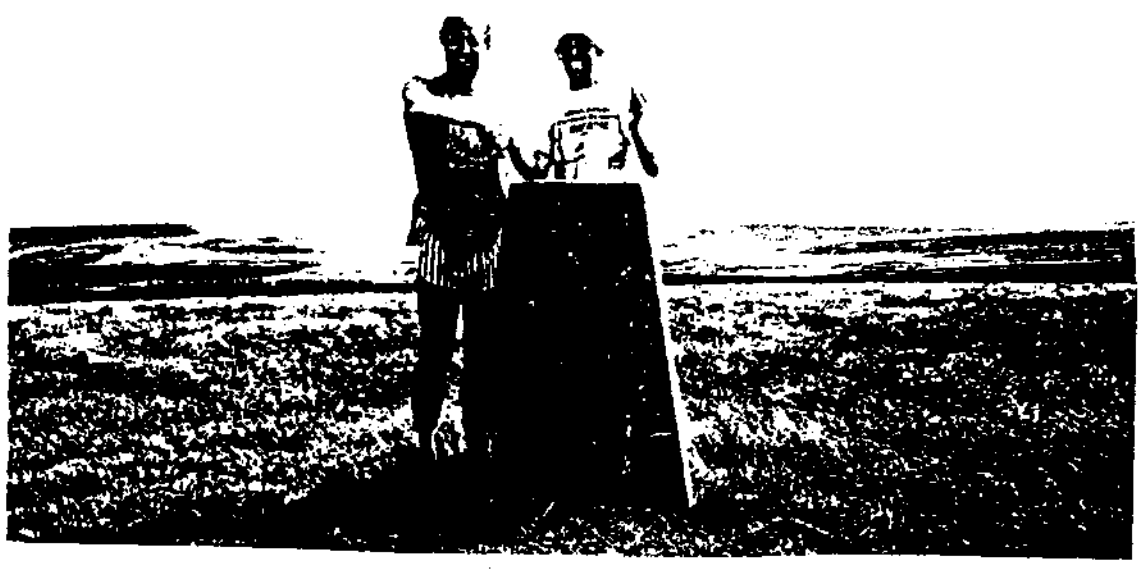
CALDER VALLEY FELL RUNNERS -1992 VETERANS CHAMPIONSHIP
Provisional placings after 10 races

	NAME	RACE 1 (L)	2 (S)	3 (L)	4 (L)	5 (S)	6 (M)	7 (M)	8 (M)	9 (S)	10 (L)	11	12	13	14	15	16	17	18	19	20	21	TOTAL POINTS
1	Red Sutcliffe	19		19	20	20	20		19	19	19												155
2	Ian Hartman	14	19		19		19		15	17	15												118
3	Jeff Winder	20						20	20	20	20												100
4	Brian Horsley	15	20					19	16		17												87
5	Pete Horne	18							17	18	18												71
6	Eddie Procter	10	17							16													43
7	Geoff Coulson	17		20																			37
8	Barry Price	16		18																			34
8	Greg Houghton								18		16												34
10	Bob Horne *					19					14												33
11	Steve Kirkbride	13	18																				31
12	John Riley	11	16																				27
13	Pete White	12	14																				26
14	Geoff Bell							18															18
15	Alan Jones									15													15
15	Rhys Kift		15																				15
17	Michael Burns		13																				13
18	Tony Flint	9																					9
19	Irene Neville	8																					8

CALDER VALLEY FELL RUNNERS -1992 LADIES CHAMPIONSHIP
Provisional placings after 10 races

	NAME	RACE 1 (L)	2 (S)	3 (L)	4 (L)	5 (S)	6 (M)	7 (M)	8 (M)	9 (S)	10 (L)	11	12	13	14	15	16	17	18	19	20	21	TOTAL POINTS
1	Carol Greenwood	10	10	10																			30
2	Karen Darke						10																10
3	Irene Neville	9																					9

THE LAST TRIG.



1992

CALDER VALLEY FELL RUNNERS CHAMPIONSHIP RACES

JULY	1	Wed 7.30pm	STOODLEY PIKE	E.O.D.	SHORT
	11	Sat 11am	MYTHOLMROYD	E.O.D.	MEDIUM
AUG.	1	Sat 11am	BORROWDALE (B)	E.O.D.	LONG
	16	Sun 12noon	SEDBERGH HILLS	E.O.D.	LONG
	22	Sat 2.30pm	WREKIN (E)	E.O.D.	SHORT
	29	Sat 3pm	PENDLETON	E.O.D.	SHORT
SEPT.	5	Sat 2pm	BEN NEVIS	Ent by 31/7	MEDIUM
	19	Sat 2.30pm	GREAT SHUNNER FELL (CW)	E.O.D.	MEDIUM
	26	Sat 11am	PERIS HORSESHOE (B)	Ent by 20/9	LONG
OCT	10	Sat 11am	LANGDALE HORSESHOE	Ent by 30/9	LONG
NOV.	14	Sat 1.45pm	SHEPHERDS SKYLINE (CW)	E.O.D.	SHORT
	22	Sun 11am	WINTER HILL	Ent by 15/11	MEDIUM

Note that due to the Angus Munros race having been cancelled the Borrowdale has been included as a replacement (both for club and British champs.) Also the Langdale has been added to the list due to so many entries being returned from Edale.

(E) denotes English Championship Race
(B) denotes British Championship Race
(CW) denotes Calderdale Way Relay selection race

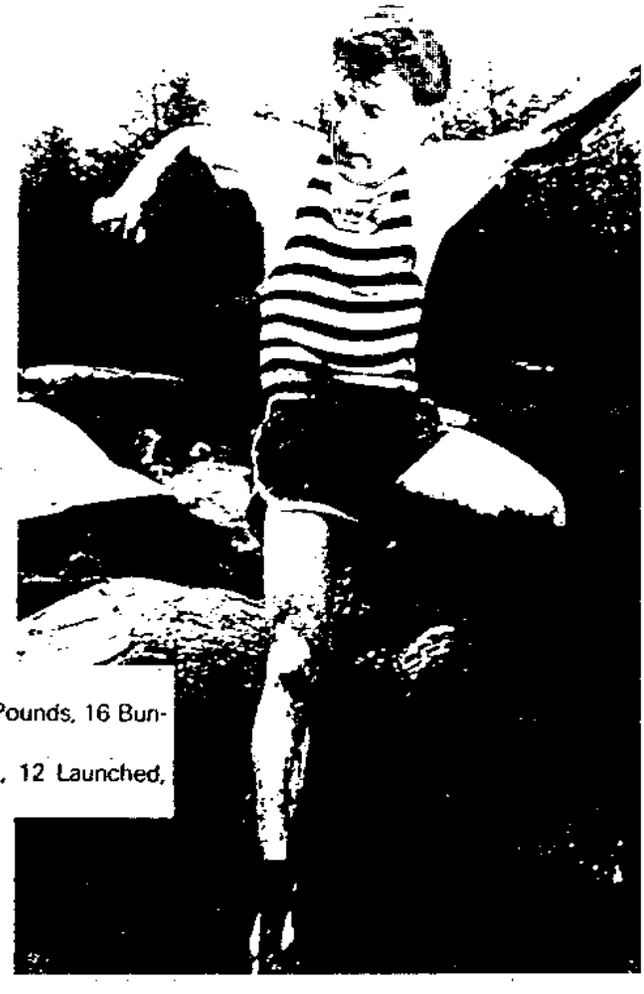
Also note that contrary to the F.R.A. fixtures list the official entry form for the Peris Horseshoe states that entries will not be accepted on the day

'Fell Race' by Bard Simpleton.

"Were gonna do a fell race
Mi Brother John an' me
We'll climb up on a grassy bank
An' tumble down some scree

We'll Plummet from the summit cairn
An' finish in the 'teens
And then we'll 'av a natter
Over Heinz baked beans.

(We'll drink beer really, but it don't rhyme)



QUICKIE CROSSWORD NO. 2 – SOLUTIONS

ACROSS: 5 Graphical, 8 Stop, 9 Rules Out, 10 Trusts, 11 Dollar, 13 Lesson, 15 Pounds, 16 Bunglers, 18 Cher, 19 Developed.

DOWN: 1 Proposes, 2 Sports, 3 Billed, 4 Pass, 6 Stirred up, 7 Sun and sea, 12 Launched, 14 Needed, 15 Piston, 17 Goes.

CRYPTIC NO. 2 – SOLUTIONS

ACROSS: 1 Pantomime, 6 Shrug, 9 Russian, 10 Erasure, 11 Eerie, 12 Beach, 13 Dot, 14 Smudge, 16 Dust-pan, 18 Attache, 21 Cashew, 24 Don, 25 Ratty, 26 Stern, 27 Nightie, 28 Tea-Cake, 29 Lotus, 30 Enlighten

DOWN: 1 Parcel, 2 Nostrum, 3 Olive, 4 Ignoble, 5 Emerald, 6 Sea-chests, 7 Round-up, 8 Greeting, 15 Decorates, 17 Cardinal, 19 Tonight, 20 Extreme, 21 Crystal, 22 Elegant, 23 Lagoon, 26 Slang

COED Y BRENIN YOMP 92

PREAMBLE

Following a picture and report in the 'Fell Runner ' I decided to give this event a go this year. Contacting the organisers was no easy task however, as there was no contact number, address or name in the report.

Despite horrendous language problems communication was achieved and the Forestry commission faxed through the entry form. Having made a few copies, I tried to arouse interest down at the pub after a Tuesdays training session. The response was overwhelming, nobody was interested! even amongst the more elderly members with whom I tried to raise a three man team.

I therefore resolved to do the race on my own and take the family for the weekend disguised as a treat.

We arrived at Portmadoc camping site, just one hour before the end of the May dry spell. Conciding with the worst electric storm for the area in the last three years.

THE EVENT

Luck was with me this time and I arrived at the right venue one hour before the start and on the correct date. Nothing could stop me now. There was a slight hiccup upon registration when I found my pack was 10lbs short of the allotted 25lbs ~~required~~ required for men. Balast was required, and after a quick scout round, the car park gravel in a plastic bag was hurriedly stuffed into the top of my Karrimor sac. I would point out at this point that it goes somewhat against the grain to increase the pack weight, after attending 15 mountain marathons and the best that could be said about 25lbs is that its lighter than 50lbs.

The start was staggered (not a play on words) and informal. In groups or singly your number and start time was noted, and off you went, following a marked route.

The terrain was forest tracks, through rides and over marsh, there was one big climb. Followed by a gradual descent through a forest section best described as fight in orienteering parlance. Some two miles from the finish there was a waist deep river crossing aided by a rope and inflatable crocadile in attendance. The whole of the route was marked and whilst I had no difficulty some other participants followed makers from a previous route choice and went wrong.

If you are inclined towards a small scale Karrimer between 2 and 3hrs with no navigational problems, I can highly recommend this event.

***** Stars.

Guisborough Woods Hill Race 27 Dec 91
5.75m/1000'

1	S Hale	Perth S.H.		35:17
3	Gary Webb	C.V.F.R.		37:20
20	Carol Greenwood	''	1st L	41:48 (rec)
70	Allan Greenwood	''		53:35

76 Ran

Cannock Chase Trig Points Race 4 Jan 92
15m/1500'

1	John Taylor	Holmfirth	1:27:33
21	Paul Cleary	C.V.F.R.	1:41:59
23	Carol Greenwood	''	1:42:28 (rec)
154	Allan Greenwood	''	2:36:13

166 Ran

Boulsworth Hill Race 11 Jan 92
6.5m/1200'

1	Shaun Livesey	R'dale		46:14
7	Gary Webb	C.V.F.R.		47:56
17	David Goldie	''		50:27
55	Robin Skelton	''		53:53
74	Carol Greenwood	''	(2nd L)	55:35
82	Brian Horsley	''		56:10
86	Chris Godridridge	''		56:22
106	Ian Hartman	''		57:21
121	Greame Woodward	''		58:07
122	C Peart-Binns	''		58:09
137	Mick Banks	''		59:24
152	Jez Wilkinson	''		1:00:01
170	Richard Benn	''		1:01:07
174	Jon Wilkinson	''		1:01:25
180	Steve Cavell	''		1:01:34
185	M Bramhall-Pimlott	''		1:01:52
201	Edward Proctor	''		1:02:44
216	Steve Kirkbride	''		1:04:02
233	Tim Wilkinson	''		1:04:57
236	John Riley	''		1:05:02
251	Graham Spencer	''		1:06:12
259	Allan Greenwood	''		1:06:35
262	Tony Bradley	''		1:06:49
296	Linda Hayles	''		1:10:25
???	Denis Cunningham			Great Gable)

Stanbury Fell Race 25 Jan 92
7m/1200'

1	Steve Hawkins	Bingley	45:16	
101	Carol Greenwood	C.V.F.R.	54:08	(New rec)
214	Trevor Redmond	''	59:54	
318	Mick Fleetwood	''	1:05:25	
336	Allan Greenwood	''	1:07:07	399 Fini
				2 Reti

The Half Tour of Pendle 15 Feb 92
9m/1800'

1	Shaun Livesey	R'dale	1:04:44	
15	Steve Houghton	C.V.F.R.	1:11:26	
23	Duncan Thompson	''	1:13:09	
34	Andy Wimpenny	''	1:15:33	
53	Carol Greenwood	''	1:17:57	1st L
56	Brian Horsley	''	1:18:09	
163	Trevor Redmond	''	1:30:17	
213	Allan Greenwood	''	1:38:37	255 F'she
				5 R'tir

Tigger T'Higger Tor Race 16 Feb 92
9½m/1400'

1	A Wood	Clowne RR	1:01:44	
54	Carol Greenwood	C.V.F.R.	1:11:24	(New rec)

Wadsworth Trog 22 Feb 92 ("the Beast")
20m/4000'

1	Andy Schofield	R'dale	2:54:38
8	Jeff Winder	C.V.F.R.	3:10:48
12	Rod Sutcliffe	''	3:15:04
13	Duncan Thompson	''	3:15:39
22	Carol Greenwood	''	3:24:00 (rec)
26	Peter Horne	''	3:30:07
27	Mick Banks	''	3:30:59
34	Jeff Coulson	''	3:34:55
35	Barrie Price	''	3:37:05
43	R. Price	''	3:44:00
46	Brian Horsley	''	3:44:44
48	Ian Hartman	''	3:46:05
54	Peter Regan	''	3:51:06
57	Andy Thompson	''	3:51:52
65	Richard Kellett	''	3:54:42
72	Trevor Redmond	''	3:56:20
76	Steve Kirkbride	''	3:58:00

W'worth Trog continued

88	Chris Godridge	C.V.F.R.	4:04:51
92	John Riley	"	4:06:57
99	Steve Cavell	"	4:14:20
103	Edward Proctor	"	4:18:21
122	Tony Bradley	"	4:36:10
123	Tony Flint	"	4:36:13
124	Graham Spencer	"	4:37:11
132	Irene Neville	"	4:44:20

-Editors note:
Surely this must be one of the toughest races in the calendar. Even Wasdale and the other long lakes races don't produce such sorry sights as some of those runners coming over that moor.
Well done all of you.

Wadswoth Trog Short Course. 23 Feb 92 ("The Fop")

1	Paul Frechette	C.V.F.R.	(About ½ hour!)

1 Ran

Ilkley Moor Fell Race 8th March 92
4.5m ??? /1150'

1	James Parker	Ilkley	37:29
8	Gary Webb	C.V.F.R.	39:12
37	Duncan Thompson	C.V.F.R.	42:46
38	Robin Skelton	"	42:47
63	Chris Godridge	"	44:50
72	Carol Greenwood	"(1st L)	45:12 (rec)
76	Carl Greenwood	"	45:25
78	Keith Hunton	U/Att	45:31
90	Brian Horsley	C.V.F.R.	46:27
92	Pete Round	"	46:29
103	Ian Hartman	"	47:01
132	Peter Regan	"	48:26
142	Denis Gildea	"	49:17
146	Steve Kirkbride	"	49:40
148	Greame Woodward	"	50:00
151	Edward Proctor	"	50:09
154	John Riley	"	50:14
191	Rhys Kift	"	52:25
203	Allan Greenwood	"	54:01
221	Peter White	"	56:37
226	Micheal Burns	"	58:16 (257 Ran)

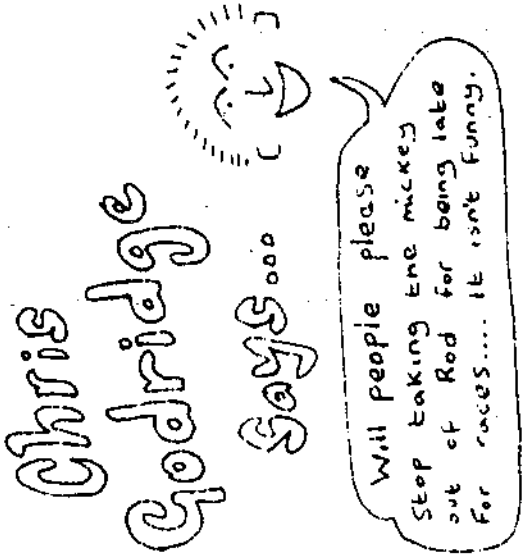
Black Combe Fell Race 15th March 92
9m/3800'

1	A Bowness	C-F-R	1:08:14
42	Carol Greenwood	C.V.F.R.	1:25:08
58	Pete Round	"	1:28:34
60	Carl Greenwood	"	1:28:49
110	Allan Greenwood	"	1:53:26 (123 Ran

Haworth Hobble NO RESULTS AVAILABLE AT TIME OF TYPING
21 March 92-33m/4400'

Ollersett Moor Race (Hayfield, Derbyshire)
22 March 92 6½m/830'

1	A Ward		42:11
48	Carol Greenwood	C.V.F.R.	50:22 1st L



Harden Moor Easter Bunny Run 14th April 92
3m/300'

1	James Parker	Ilkley H.	18:18
15	Andrew Wimpenny	C.V.F.R.	19:55
29	Carol Greenwood(1st L)	''	21:28
60	Allan Greenwood	''	24:50

75 Finished

Ogden Moors Fell Race 20th April 92
5.75m/664'

1	Craig Watson	C le Moors	35:23
10	Robin Skelton	C.V.F.R.	39:22
16	Ian Hartman	C.V.F.R.	41:12(2nd v40)
17	Peter Horne	C.V.F.R.	41:15
20	Steve Cavell	C.V.F.R.	41:58
29	Tony Bradley	C.V.F.R.	44:13
35	Graham Spencer	C.V.F.R.	45:08
48	Linda Hayles	C.V.F.R.	50:19 (2nd L/v35)

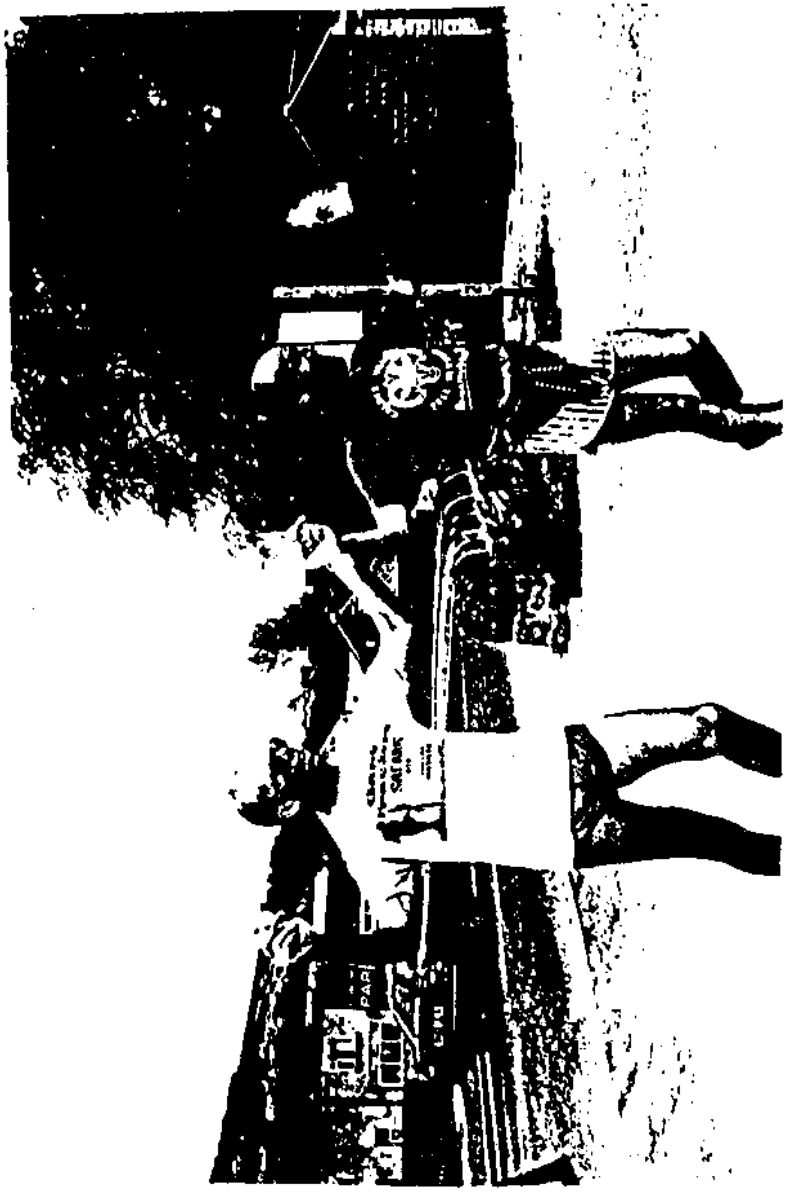
Chris Godridge unfortunately missed the start by 40 minutes.

59 Ran

Edale Skyline Race 29 Mar 92
21m/4500'

1	R Thompson	Cumberland F R	2:38:23
12	Gary Webb	C.V.F.R.	2:51:23(L/C)
31	Jeff Coulson	"	3:08:16
55	Carol Greenwood	"	3:16:08(2nd L)
59	Rod Sutcliffe	"	3:16:23
84	Barrie Price	"	3:29:50
134	Jez Wilkinson	"	3:45:47
	Allan Greenwood	"	D-N-F.

203 Finished/39 Retired
(L/C denotes runners who lost a cagoule on-route)



PETE AND RHYS AT THE END OF THE SOUTH PENNINE 39 TRIG CHALLENGE

RESULTS.....RESULTS.....RESULTS.....R

HALF TOUR OF PENDLE	9m/1800'	15/2/92	
1st	Shaun Livesey	Rossendale	1.04.44	
15	Steve Houghton	C.V.F.R.	1.11.26	
23	Duncan Thompson	"	1.13.09	
34	Andy Wimpenny	"	1.15.33	
53	Carol Greenwood	"	1.17.42	1st lady
56	Brian Horsley	"	1.18.08	
163	Trevor Redmond	"	1.30.17	
213	Allan Greenwood	"	1.38.37	

WARDLE SKYLINE	7m/1000'	11/4/92	
1st	Colin Donnelly	ERYRI	38.57	
41	Carol Greenwood	C.V.F.R.	46.38	
76	Pete Horne	"	49.45	
166	Allen Greenwood	"	57.29	

THREE PEAKS RACE	23½m/4500'	26/4/92	
1st	Ian Ferguson	Bingley	3.01.11	
30	Paul Cleary	C.V.F.R.	3.26.08	
61	Greg Houghton	"	3.38.27	
90	Brian Horsley	"	3.46.30	
93	Carol Greenwood	"	3.48.06	
106	Pete Horne	"	3.51.53	
116	Andy Thompson	"	3.54.01	
124	Steve Cavell	"	3.56.05	
161	Richard Kellett	"	4.03.53	
192	Graham Spencer	"	4.09.58	
281	Trevor Redmond	"	4.34.15	
289	Linda Hayles	"	4.36.22	

HUTTON ROOF CRAGS	7m/1300'	23/5/92	
1st	Kieth Anderson	Ambleside	43.45	
52	Steve Skelton	C.V.F.R.	54.35	
51	Duncan Thompson	"	57.13	
64	Pete Horne	"	58.54	

...RESULTS.....RESULTS.....RESULTS.....

FAIRFIELD HORSESHOE — 9m/3000' — 17/5/92

1st	Colin Roberts	Kendal	1.18.53
31	Richard Rowlands	C.V.F.R.	1.30.04
42	Jeff Winder	"	1.31.41
69	Pete Horne	"	1.36.24
93	Richard Kellett	"	1.39.21
114	Brian Horsley	"	1.40.52
195	Carl Greenwood	"	1.46.56
293	Bob Horne	"	1.56.38

ULFKIL STRIDE — 24 mile route — 6/6/92

1st	Steve Houghton	C.V.F.R.	3hr 37min
2	Andy Wimpenny	"	3hr 37min
5	Duncan Thompson	"	4hr 4min

ULFKIL STRIDE — 33 mile route — 6/6/92

1st	Jeff Coulson	C.V.F.R.	4hr 51min
13	Pete White	"	6hr 27min
17	Paul Frechette	"	6hr 32min
24	Pete Horne	"	6hr 41min
26	Mick Banks	"	6hr 46min
29	Richard Kellett	"	7hr 00

Also G.Bell 18th and G.Symes 19th both Calder Valley same time as Paul

ENNERDALE HORSESHOE — 23m/7500' — 13/6/92

1st	Gavin Bland	Borrowdale	3.37.51
15	Paul Cleary	C.V.F.R.	4.21. 55
21	Steve Skelton	"	4.33.03
76	Pete Horne	"	5.49.12

COINERS FELL RACE — 7½m/1100' — 17/6/92

1st	Gary Devine	Pudsey & Bramley	51.01
16	Robin Skelton	C.V.F.R.	56.13
28	G. Symes	"	60.01
35	Steve Cavell	"	60.50