ISSUE 22 JUNE 1991

MARK BRAMALL-PIMLOTT

TRAINING ON THE TOP ROAD AT PECKET WELL

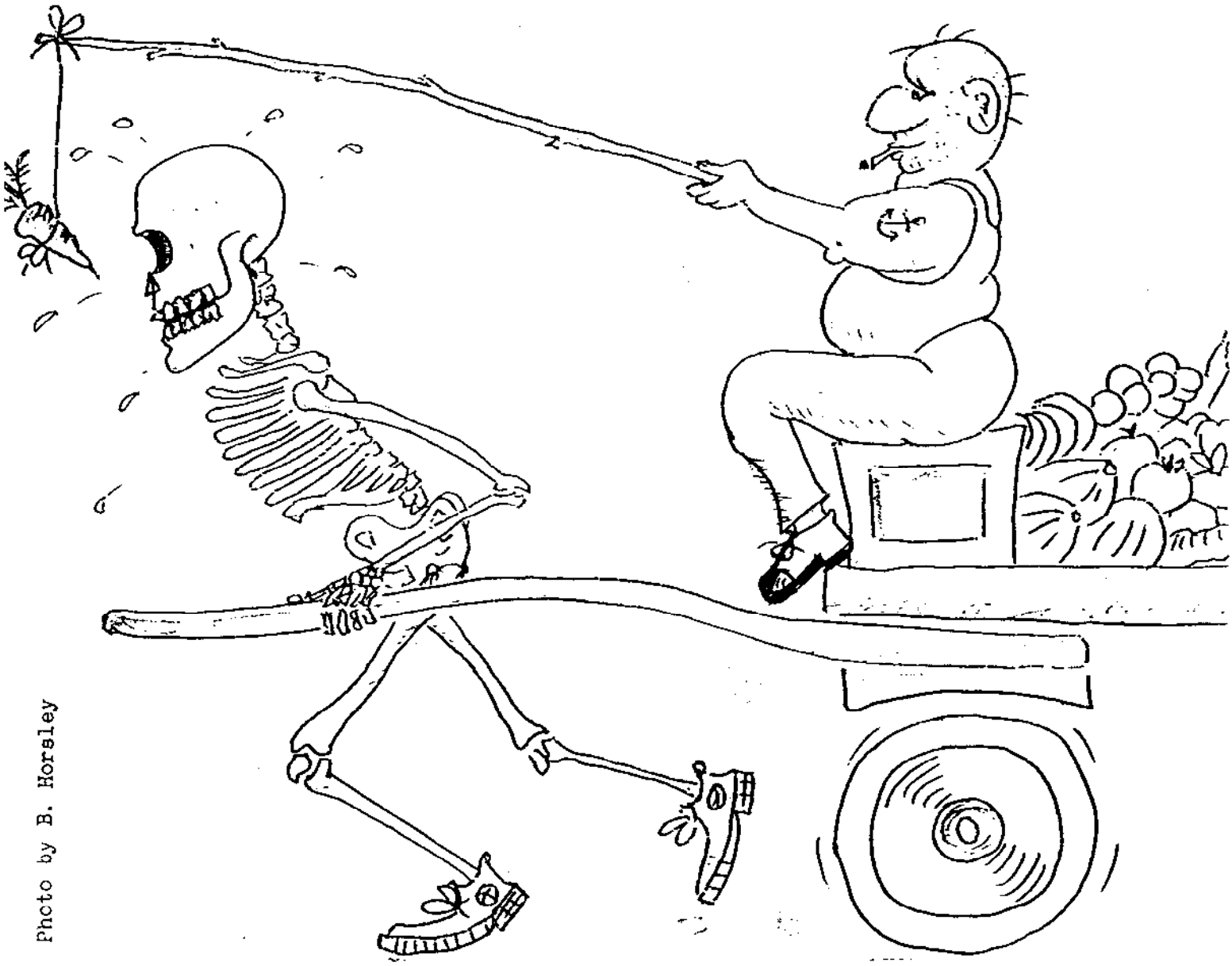


Photo by B. Horsley

RAMPAGE

CALDER VALLEY FELL RUNNERS

COMMITTEE MEMBERS

AS ELECTED AT THE A.G.M. 6th NOVEMBER 1990.

Chairperson	Jill Thistletnwaite	Hx 884756
Secretary	Andy Thompson	Bfd 676133
Treasurer	Alistair Sowden	HX 883744
Club Captain	Gary Webb	HB 842713
Membership Secretary	Richard Kellett	Hx 202923
Social Secretary	Pete Regan	Hx 355243
Publicity Officer	Duncan Thompson	NL 63559
Junior Officer	Jeff Winder	Hx 883600
Club Statistician	Ian Hartman	Bfd 546549
Auditor	Russell Arrendale	Hx 883510
Rampage Editor	Pete Horne	Hx 205547

Halifax Courier, Sat 29/6/91

Blazing the Pennine trail

TWO Calderdale runners are blazing a 100-mile trail today round the South Pennines.

Fifty-year-old Peter White and Rhys Kift, aged 44, aim to bag all the 39 Ordnance Survey "trig" points on the South Pennine Leisure Map.

Both members of the Calder Valley Fell Runners' Club, they believe it is the first time anyone has tried to cover a route taking in all the triangulation points used in surveying the South Pennines.

According to a schedule which has been worked out for them they should complete the course in 25 hours.

"If we can do it in under the magic 24 hours, then we shall be only too pleased. But it is a hard challenge," says Peter.

They have been doing training runs of six to eight miles, making sure they can find the "trig" points.

"Some of the small stone pillars have disappeared, but we shall make sure of going to the point on the map," Peter adds.

On the testing route, Halifax's Wainhouse Tower is listed as "trig" point number 33, though Peter and Rhys have no intention of climbing up all those steps just to admire the view.

The two runners left Mytholmroyd Community Centre, Caldene Avenue, at 8 am and according to the map they will clock up 102.5 miles before getting back to their starting point.

"But it could well be a longer trek, taking into account the hills we shall have to climb which have a combined height of between 11,000 ft and 16,000ft," says Peter.

The route will take them over rugged moorland, through woods and across farm land, following footpaths over Stoodley Pike, Blackstone Edge, Marsden Heights, Pendstone Hill, Soil Hill, Norland Moor, Wholestone Moor and Crow Hill.

"It is a big challenge, but the South Pennines is a marvellous scenic area," adds Peter.

The idea of the South Pennine Trig Challenge was the brainchild of John Riley, another member of the Calder Valley Fell Runners' Club.

Peter, of Coiners Fold, Nest Lane, Mytholmroyd, who is a building contractor, reached the summit of his running career just 10 years ago when he did a testing round of Lakeland peaks in 23 hours 30 minutes.

Only two weeks ago Rhys, who lives in Cragg Vale and is a building planner, scaled the same peaks in 22 hours 30 minutes.

On the South Pennines challenge, Peter's wife, Jackie, and Rhys's wife, Margaret, and Linda Hayles and Irene Neville, members of Calder Valley Fell Runners' Club, will be waiting at 11 road side check points to provide the runners with refreshments.

Full report next issue.

STOP PRESS.....ONE WILKINSON QUALIFIES FOR B.G. CLUB..... FULL REPORT NEXT ISSUE.....

CAPTAINS COMMENTS

Congratulations to Mr. Wimpenny & Mr. Kift for their B.G. rounds. Excellent performances supported by many lads in the club. Well done!

Dave Yates recently ran the Calderdale Way, to raise money for a girl with cerebral palsy, in 9 hours 47 minutes. A fine effort.

There is a notice on the community centre board for anyone interested in a Pennine Way relay attempt next year. Please support this attempt if your strong point is long distance running.

Pete White had to suffer complaints about fell runners from C.C. staff the other night. Firstly we had only paid for six showers on the Tuesday of the hill reps relay. There were 29 of us present ! Secondly cards are not being shown and some club members have been accused of verbal abuse towards C.C. staff. THIS WILL NOT DO !! Thirdly could we please remove footwear now the new carpet is down, and lastly, we have been asked to drink in the bar afterwards if possible. I know this is a recurring theme but if we could...just one before the Shoulder...

Runs continue as normal at 7pm. If I am unable to attend could a committee member please take charge, the routes are up on the board. 6.30 speed sessions down at Brearly on Wednesdays.

Thanks, Webbola.

EDITORS RAM—BLINGS

A big thank-you to Brian Horsley, Rhys Kift, Duncan Thompson, Linda Hayles, Trevor Redmond, Pete Regan and Chris Brasher for their contributions to this edition. Also to Mark Bramall-Pimlott and Richard Rowlands in anticipation of their promised articles not yet recieved at the time of writing (if you can't find their articles please cross the last sentence out) Also to Gary and Ian Hartman for their regular contributions and last but not least to Anon Y. Mouse and N.O.T. Mee for the rumours.

Lambpage seems to have died whilst still in its infancy, unfortunatly I nav'nt seen much of Jeff lately but I'll matter him for an update for the next issue. Hopefully I'll have a full report of the Wilkinson's B.G. round and the Kift/White South Pennines trig point pic also in the next issue.

There are quite a good selection of results in this issue but I'm still having problems with modest compeditors wishing to keep their results to themselves. Most disappointing is not having details of our forays to foreign fells, ie two trips to Scotland and one to Wales for British Championship races. There's a limit to how much time I can spend chasing up results so I want more people to come forward and offer to report on certain races without me having to make the approach - take a leaf out of Chris Peart-Binns book, he's offered to do the Wasdale report without being asked and Graeme Woodward is doing a report on the Saunders without being asked (allthough I hav'nt told him yet).

On the whole though the season seems to be going well with Club Championship races being well attended even though many members have been aiming for B.G. rounds and other one-offs.

On the social scene Pete Regan has organized a quiz night at the Hare & Hounds, Old Town for the evening of Saturday 20/7/91 and a barbecue is being arranged at Jill's for sometime at the end of August.

Rumour has it that 'Captain' Webb has entered us for the Cross Channel Relay.

Rumour has it that Richard Rowlands now uses Rivington Pike as a standard by which to judge all other races.

BOB GRAHAM ROUND - 8th June 1991

A Personal Account - Rhys Kift

This was to be my 4th attempt, having heard in passing that Andy Wimpenny was having a go in about 10 days time, I asked Andy if he minded if I could go along for the ride and see how I would go on. I explained that I did'nt want to slow anyone down so if I dropped behind they should carry on and I'd make my own way round. Happily Andy agreed so the attempt was on. It was to be a clockwise circuit commencing at midnight Friday 7th June 1991, with a 22½ hour schedule. We were using the word 'attempt' but I was absolutely determined and confident that I could do it and I'm sure Andy was in the same frame of mind.

I decided to go to the Lakes for the week prior to the attempt and acclimatise myself and get a bit more training in and get a feel for the hills. The weather was excellent and I could see that conditions were just about perfect underfoot.

I was feeling good when the lads started arriving during the Friday. First there was Martin who I'd first met on the SPAMM and was also going to give it a go. Andy and Denise appeared in the evening closely followed by Ewan Rennie who had come down from Aberdeen to assist in roadside backup.

So the scene was set, there were three of us, Andy, myself, Martin with Denise and Ewan backup. Pacers would join us at the road crossings, it seemed to be a well organised event and I was very happy with the small team.

The pacers were -

Leg 1 - Keswick to Threlkeld	-	Jon Wilkinson Tim Wilkinson
Leg 2 - Threlkeld to Dunmail	-	Grahame Woodward Mark Bramall-Pimlott
Leg 3 - Dunmail to Wasdale	-	Gary Webb Steve Houghton
Leg 4 - Wasdale to Honister	-	Kieth Munton Dave Yates Duncan Thompson
Leg 5 - Honister to Keswick	-	Dave Yates Kieth Munton Pete Mason

The team and our pacers for the first leg assembled outside the Moot Hall at 11.30pm on a lovely, cool, clear evening and were entertained by the local hooligans staggering aroun with handfuls of fish suppers closely followed by vanfuls of police. Nice place is Keswick at midnight on a Friday!

Also assembled was an enormous Rochdale contingent assisting 2 runners round. They questioned us unbelievingly at our tiny contingent - they obviously did'nt recognise the quality! Then there was a feeble attempt to synchronise watches and we were off.

We reached the summit of Skiddaw in no time with the lights of Penrith clearly visible in the distance. The Wilkinson Bros guided us off the summit down to the col and to a marker post at the fence and onto a good runnable track to the Caldew. We were moving fairly quickly finding the track to Great Calva which is considerably better than ploughing through knee deep heather. Jon and Tim were doing a good job.

Dropping off Calva by the fence we saw the new moon just rising - the night was still clear and cool. After the initial stiff climb up Blencathra I had dropped behind by ¼ mile so some determined running across the moor brought me back into the group - this was going to be the pattern for the day. Over the Blencathra summit and down the Halls Fell Ridge with daylight just breaking and the sound of skylarks singing above. We virtually skipped down the steep rocky arris in the half light knowing that it would be desperate in wet conditions and jogged to the checkpoint for a welcome pot of tea. We had covered the first section 3½ hours. Grahame and Mark were waiting, ready for the next leg in good spirits, and ten minutes or so later we were off up Clough Head, next stop - Dunmail.

On reaching the summit of Clough Head I was a good ½mile adrift, it must be these old legs they don't go up so fast these days! Anyway I got stick in and finally caught them up a couple of Dodds later in the glorious early morning sun with fantastic views all round. Grahame produced a very welcome slice of pineapple which was absolutely delicous, commenting that it was good for heart disease - I added that he should find a fruit that was good for damaged brain cells. A trouble free run across to Helvellyn and Dollywagon Pike brought up the view of Fairfield and Seat Sandal. I switched the brain into neutral and trudged up Fairfield again with fantastic views of neighbouring peaks covered in early morning whisps of cloud. I let the lads run on wishing to take my time off Seat Sandal and jogged into Dunmail about 5 minutes later to be greeted by an array of new faces and another very welcome pot of tea, rice pudding and sliced peaches.

I was quite happy to take my time on the descents and have a shorter rest time - it was doing me a lot of good.

We all set off accompanied by Gary and Steve after careful selection of a route up Steel Fell which went diagonally left and was in fact a good choice, more or less straight to the summit. A bit more catching up was followed by a good run across to Calf Crag, my thoughts going back to previous attempts where this section over the Langdales has been my lowest point. We dig in on the long slog to High Raise then came some easy running round Sergeant Man and Thunacar Knott with Andy stopping every five minutes for a leak!

Andy knew a good line from Pike O'Stickle which got us to Rossett Crag quickly, saving the long trudge round the head of the valley. We were making good time, improving it further by a good route led by Gary through Hanging Knotts onto Bowfell.

The weather was still fine, but ground conditions had changed dramatically from soft grassy running to hard rocky paths over Esk Pike, Great End, through to Scafell Pike. The paths were now packed with walkers and Scafell Pike was like Blackpool Prom and I was glad to carry on without stopping onto Mickledore. I had intended to climb Broad Stand with the assistance of a promised rope from the Rochdale crew, but there was no one there at all and I did'nt think it wise to attempt it on my own just in case. Andy had decided to go round Lords Rake and the West Wall Traverse, Martin had obviously decided to do the same so I followed some minutes later and continued along Lords Rake to the end then climbed to Scafell summit and thought this was a good alternative route to the summit avoiding Broad Stand.

Still in bright sunshine I jogged down to Wasdale remembering the previous long uphill slogs I'd suffered here in previous attempts going the other way round, yet eyeing up the enormous bulk of Yewbarrow still to come. Gary and Steve had seen us through this tough section effortlessly, finding good lines saving valuable time and energy.

Andy allowed us slightly longer rest here and we had been joined by Duncan, Kieth and Dave, all looking fit and ready for the off. I was feeling good with no ill effects, partly due to my steady descents and the fact that we were up on our schedule but mainly because I was in cracking company.

We set off up Yewbarrow in high spirits, Duncan picking out a good route up this horrendously steep and rocky hillside, we all stayed together to the summit, achieved in 43 minutes, with slices of melon from Dave Yates as reward - gorgeous! A good track was found off the back of Yewbarrow across to Dore Head followed by a long climb to Red Pike, with Gary's words "When you get to Red Pike you've done it" ringing in my ears, unfortunatly minutes later bad weather started to close in, and on reaching Steeple we were in the throes of a storm with gale force winds and torrential rain. Visibility was now reduced to 100yds as we battled on to Pillar summit reaching it in very poor conditions, Duncan, Kieth and Dave were only dressed lightly, having to go relatively slowly and were obviously getting very cold. Some good map reading from Duncan got us over Kirk Fell where I suffered from loss of vision in one eye. I was having a bad time here battling up a loose red scree gulley in storm conditions with one eye and trying to eat a chocolate bar - anyway the chocolate did the trick and on turning the corner down to Beckhead Tarn I had recovered in time for the climb up Great Gable. A slipping, sliding, trudge over Gable brought us to Green Gable fairly quickly and some good navigation, still in very bad conditions brought up Brandreth, Grey Knotts , then the long wet, steep descent to Honister. My feelings were for Duncan, Kieth and Dave who had seen us round this section in bad conditions dressed lightly and having to go slowly for us.

I had just sufficient time to change into dry clothes, some borrowed - the cheerful faces of the support were very welcome, by now there were quite a few. Denise and Ewan were still working tirelessly keeping us fed and watered and pandering to our every need. Offers of assistance were coming from every direction and in no time we were off up Dale Head accompanied by Dave Yates, Kieth Munton, Jon Wilkinson and Pete Mason.

We marched up Dale Head at a cracking pace, I was feeling good but naturally with tired legs. The wind was now even stronger and visibility varied as the clouds rolled through. Dale Head summit appeared suddenly, we were all together and raced off to Hindscarth which we reached quickly then turned round to traverse round to Robinson in even stronger wind conditions. Everybody was flying now - onto the final summit. Pete Mason stuck with me encouraging me all the way as we toiled up the final climb to Robinson.

I had taken a slightly different line than the others, reaching the summit about a minute later. Raising my arms in a triumphant gesture we ran off along the ridge and descended by the rock steps which were now dangerously slippery into the valley below.

Further encouraged by Pete we ran at a good pace past High Snab Farm, still in daylight and into the field tracks where the pace suddenly told on me. I then had to jog and walk through the woods into Portinscale, and on reaching the suspension bridge I put in a final determined jog, through the last two fields and up the main street, finally reaching Moot Hall at 10.47pm. On this cold, wet, dark Saturday night, now minus drunken louts, we were greeted by the ever faithful back up team - Denise, Ewan and Gary. Andy and Martin had arrived at 10.27pm which was on schedule, a very creditable performance considering the conditions.

After a brief meeting in the toilets in Keswick, changing out of wet clothes, all we wanted to do was to get to our sleeping bags and get some sleep. I was asleep in seconds and reliably informed by Kieth Munton that I kept most of the camp site awake all night with reverberating snoring interspersed by violent coughing fits. I had an excellent nights sleep!

It had been a fabulous day out on the fells, with good weather for the most part and in tremendous company finally achieving an ambition that had eluded me for years.

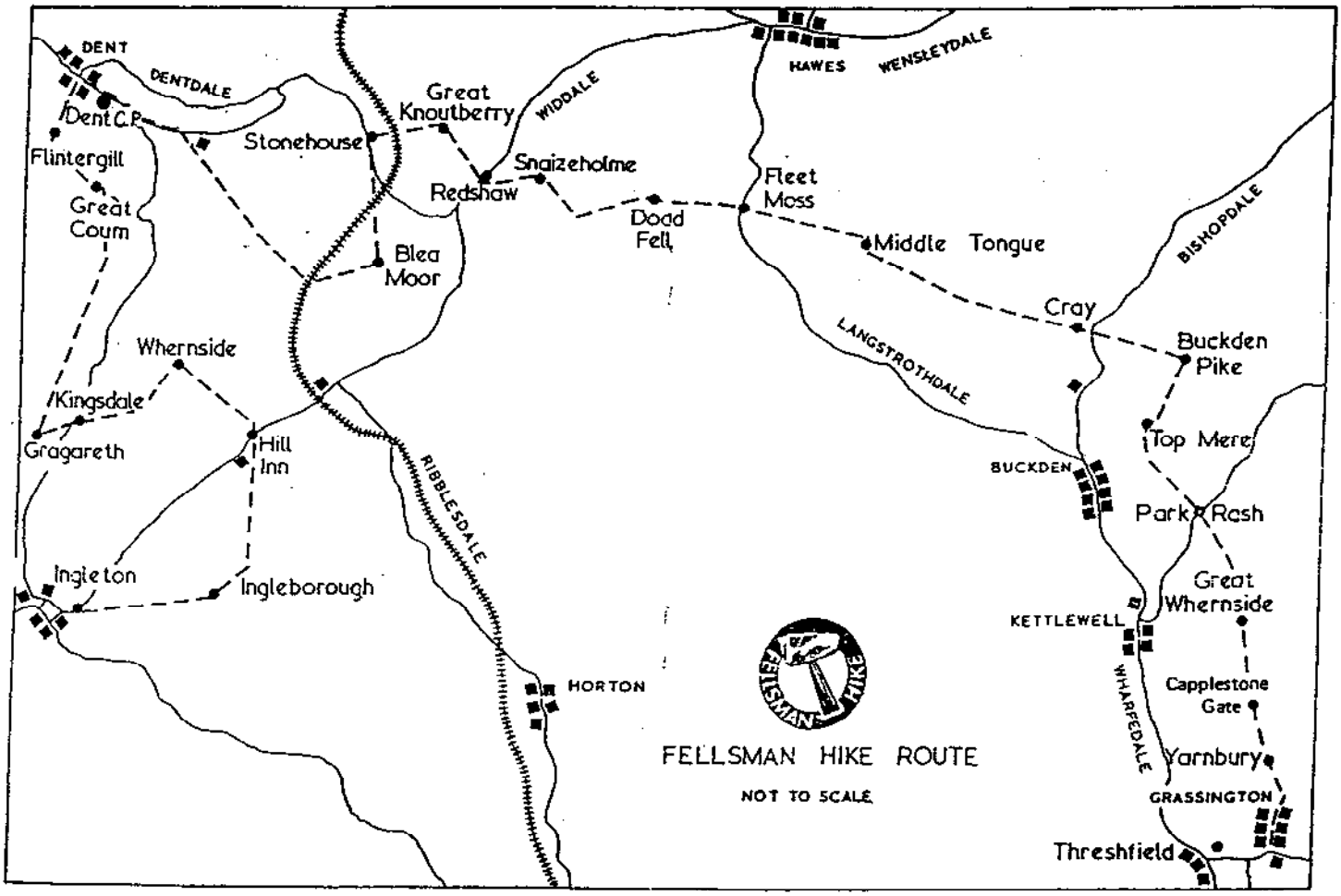
I have to thank several people without who's help it would'nt have been possible - first Andy and Denise Wimpenny for allowing me to go along on their attempt, Ewan Rennie for travelling down from Aberdeen to assist, Martin for his good, numerous company all the way round, Jon and Tim Wilkinson for good route finding and looking the same! Which one is which? Mark, for being there, Graname, for bringing the pineapple slices, Gary for continuous encouragement right up to the end, Steve for the conversation! Dave for the melon slices, Duncan, for navigation, Kieth, for being constant good company, Pete for sticking with me to the end, Emily, for tying my shoelaces, Jon for lending me the fantastic tights!

Finally I must thank Margaret, Heather, Rosie and Sally for their support and encouragement and their indulgence, in listening to my endless accounts of that day out on the fells.

Whats next ? !

Stop Press.....Stop Press.....Kift/White.....South Pennine Trigs.....successful attempt.....29/30 Jun.....new record established.....approx32hrs.....full report Sept.Rampage.....
(hope they don't burn themselves out before they reach maturity)

THE FELLSMAN HIKE 11/5/91 60m/lots of climbing Report by Duncan Thompson



At 5.30am on Saturday the 11th of May my alarm clock attempts to get me up ready to go on the Fellsman Hike with Andy Wimpenny and Rod Sutcliffe. At 6.25am I wake with a start as I realize I have 6 paper rounds and a substantial breakfast to get out of the way before they pick me up at 7am. Still with Rod there they must be good for 15 minutes late.

Then 'shock-horror' they arrive 5 minutes early, Rod had been up since 4.30 because he had to take his son to Wakefield by 6am to meet a lift down the M1."Sorry I'm late lads" slurp-crunch-crunch-"overslept"-crunch-slurp-crunch-"good job Elaine got up to write the papers for me."

We eventually left my house 20 minutes late (not bad by my standards - ask Kieth or Gary) but still got to Ingleton by 8am and even managed to get a space in the community centre car park.

A fine drizzle with low cloud had descended on the village but this did'nt seem to dampen peoples spirits as they queued up to register. After registering everybody is subjected to a kit check. hat-whistle-compass-waterproof top & leggings all present and correct. We then pass on to the table where we are issued with our tally cards.

Outside here we bump into Linda who seems a little apprehensive (arn'nt we all) allthough she is really looking forward to getting started.

Nine o'clock comes and we are off, loaded up like Jeff on a 'training for the Karrimor' run. I am only used to going up Ingleborough in the fast Ingleborough Fell Race so todays pace felt positively snail like. By now the weather is improving, it looks like we could be in for a nice day.

On the climb to Whernside we can see the leaders already coming away from the summit on there way to Kingsdale. Rod reckons that most of them will 'blow-up' having gone too fast-too soon and we will start to catch them after 30 miles or so. Andy says nowt.

The climbs up Gragareth and Great Coum come and go without any problems but on the 1700' descent into Dent village my right knee begins to play me up. That's all I need, another 40 miles to go on a bad knee with Rod and Andy going so well.

From Dent the climb over Blea Moor and down to Stonehouse was hard work but at least my knee does'nt seem to be getting any worse. The weather has really picked up with high cloud and the sun breaking through occasionally. Not too warm or too cold.

After a bite to eat and a drink at Stonehouse we set off in good spirits up Great Knoutberry and on through the Redshaw, Snaizeholme and Dodd Fell checkpoints to the next feed station at Fleet Moss.

While we sat and ate we tried to assess whether we could make it to Park Rash before the grouping time of 7.30pm. It looked doubtful but we would give it a try. Fleet Moss is at 38 miles and it is here that you are kit checked again. Andy passes okay and so do I, and then disaster - Rod fails. He has'nt got a cagoule. So where is it ? He thinks he must have left it on the table at the kit check before we started. I just hope he's more careful with his prescription pad. The check point marshalls radio through and sure enough it's still in Ingleton. No wonder he's been going so well - travelling light. Arrangements are made to get it taken through to Park Rash for him to collect and continue with. In the mean time marshalls lend him a real heavyweight cag (army surplus stores type). Carting that thing around should slow him down a bit. Rod was full of apologies for the delay (nearly ½hr) I don't know about Andy but I was glad about the rest.

The horror stories I had heard about the Fleet Moss to Middle Tongue section were dispelled by all the dry weather we had ahd through April and May plus the fact that we were going over it in daylight. I bet its a nightmare when wet (waist deep) and in the dark - very featurless

From Cray we drag our weary bodies up Buckden Pike with the comforting thought that after this there is only one more climb to go. On the long run off Buckden Pike Rod begins to fade - must be all that extra weight he's now carrying. We arrive at Park Rash having missed the grouping cut off by 75 minutes or so. We decide to have a decent rest and a cup of tea before setting off up Great Whernside. We manage to arrange it so that the three of us plus a guy called Jeramy Barker who has been with us for the last 10 miles or so all end up in the same group.

Our sole aim now is to finish before midnight. Rod is in agony now - his feet are really giving him some pain. It is now obvious that we are going to finish in darkness so we decide to put on our cagouls before we set off. We are now into the last 10 miles, we should soon be passing all the earlier pace setters if Rods earlier prediction is correct.

A poor line off Great Whernside see's us contouring round the base of the fell in the gathering gloom, through knee high tussocks. Rods feet are really playing him up now. My knee seems to have realized that I won't pack in and has settled down, either that or tiredness has numbed the pain. Apart from 1 or 2 quiet spells Andy seems to be going well, it must be all his Bob Graham training

At last we reach Yarnbury after another poor route choice takes us the long way round from Capplestone Gate. Just 2 miles of tarmac left to do. As we drop down to Grassington we notice that we are catching a runner. We catch and pass him and set off after 2 of his group on the last pull up the road to Threshfield. We catch them with 200 yards to go as we sprint on to the finish, this is the fastest we have moved all day.

We finish together with a total time of 14hrs 44min, just before our midnight target, in equal 53rd position. When the results came through both Rod and I were surprized to see that it was'nt Andy who we had spent nearly 10 hours running with but someone called Philip Wilson. This cock-up in the results was the only flaw in an otherwise great event which is really well organized. Verdict - 100% reccomended, but pick a good year weatherwis

FOOTNOTE - Linda finished in an excellent time of 17hrs 42min to finish in 97th position and 4th lady.

298 people completed the 61 mile route which involves approximatly 11,000 feet of climbing.

RUCKER has it that the Rock & Run was cancelled because Jeff and Brian complained that it was'nt going to be hard enough.

..RESULTS.....RESULTS.....RESULTS.....RES

NEW CHEW TWO 3/3/91 'O'

1st	Tony Ratcliffe	Saddleworth	2.47.28	240pts
2nd	John Riley (1st Vet)	C.V.F.R.	2.51.54	235pts

Bod may not be running as fast as he was a few years ago but he proved that his reputation as a superb navigator is well deserved. Second overall (19 finishers) and first vet over the arduous moorland course in the Peak District finishing only five points adrift from the winner, local man Tony Ratcliffe.

THREE PEAKS RACE 28/4/91 23½m/4500' Report by Brian Horsley

1st	Ian Ferguson	Bingley	2.51.41 (rec)
22	Sarah Rowell	Leeds City	3.16.29 (rec)
25	Steve Houghton	C.V.F.R.	3.18.37
27	Paul Cleary	"	3.19.06
69	Dick Crossland	"	3.35.51
80	Greg Houghton	"	3.37.50
103	Brian Horsley	"	3.44.54
125	Ian Hartman	"	3.48.23
136	Mick Banks	"	3.50.20
141	Graham Fry	"	3.51.05
182	Richard Kellett	"	3.58.43
224	Carol Greenwood	"	4.06.52
278	Alan Greenwood	"	4.20.42
295	Trevor Redmond	"	4.25.22
296	Linda Hayles	"	4.25.32
???	Jill Thistlewaite	"	4.50.00
	Rod Sutcliffe	"	D.N.F.
	Pete Regan	"	D.N.F.
	Stuart Gardener	"	D.N.F.

460 started 406 finished

Sunday morning 7.15am I looked out of the window to see the sun shining in a clear blue sky. If anybody wants to take a holiday choose the 3 Peaks weekend, it's usually warm and sunny. By the time I arrived in Horton the field was full of runners, we had a good turn out for the club with 21 runners. With the weather being so good full body cover was not required but whistle, compass, and rain jacket was.

At 10am we set off to the start of the first climb, Pen-y-Ghent, half way up it's hot and dusty. Dick Crossland runs past me saying, "You're getting tired, you're falling asleep Brian." (I did'nt know he was into hypnotism).

At the top of Pen-y-Ghent there's a breeze but not enough to cool you down. It's then that long haul across to Ribblehead, it seems to go on for ever and it's getting hotter all the time. Just before the road there is a cast iron bath full of fresh water it's like an oasis, I fill my humps and then on to the arches. I look back and can see the future groom Richard Kellett, and Mick Banks, and then I have what must surely be a mirage, sat like a lion awaiting it's prey (which in this case is poor old me) is Jeff Winder. Jeff has with him a large bottle of water, he orders me to take a drink, I don't really want one but I'm feeling too tired to argue. I do as I am told and take a large mouthfull. I suddenly felt something wriggle in my mouth, at this point I knew where Jeff had got the water from, tadpoles live in river water not tap water from Halifax.

Jeff decided to back me up for the rest of the way, I think he was worried in case I turned into a frog. From then on it got hotter, at the top of Whernside you could see for miles, there was a long chain of runners right back to Ribblehead. At the Hill Inn Andy Thompson was sat having a pint, I was debating whether to join him when a shout from Jeff decided it for me, I had better carry on. We set off up Ingleborough, this year the path is boarded right up the steep climb which makes it better running. All the way up Jeff's talking, I can hardly breathe never mind have a conversation. At last I reach the summit, what a lovely breeze, but what a long way to the check point. And then to Sulber Nick to the sign that says 1½ miles to Horton. It's like a dust bowl at this point and it's the longest 1½ miles you'll ever do. Finally I'm into the field and cheered on to the finish by friends who allways support this race very well. I just finish with 15 seconds to spare to qualify for a first class time.

FOOTNOTE - Trevor Redmond stopped at Ribblehead for a drink, he heard a noise at the side of the table the drinks were on. He looked down and a head appeared from under a pile of dirty cups, it was Rod Sutcliffe, he'd bonked!

Brian

Will all club members remind Pete Regan for next year that the race is called the THREE PEAKS not TWIN PEAKS

RAVENSTONES BROW FELL RACE 4/5/91 10m/1250'

139 finishers
New course record (3min 5sec impr)

1st	Jon Taylor	Holmfirth	61.00
7th	Duncan Thompson	C.V.F.R.	68.30
12th	Andy Wimpenny	"	71.39
79th	Steve Cavell	"	84.37
88th	Graham Spencer	"	87.21

SIMONS SEAT FELL RACE 18/5/91 3½m/1350' Report by Linda Hayles

1st	Jon Taylor	Holmfirth	2?.44
14th	Gary Webb	C.V.F.R.	25.20
88	Steve Houghton	"	29.09
112	Rod Sutcliffe	"	30.15
118	Jon Wilkinson	"	30.31
119	Pete Horne	"	30.36
130	Mick Banks	"	31.16
133	Jez Wilkinson	"	31.19
158	Graham Fry	"	32.56
171	Graham Spencer	"	33.36
172	Steve Cavell	"	33.38
184	John Riley	"	34.43
199	Irene Neville	"	37.10
201	Linda Hayles	"	37.21

Simons Seat this year fell on a Saturday afternoon rather than it's usual time of Wednesday evening. Being an English Championship race, the numbers were up on last year with 213 finishers. It was Calder Valleys first short race in this years championship, but only fourteen of us turned up, a smaller number than usual for a short race. Maybe it was something to do with it being pre-entry. In ideal racing weather the race got off to a fast start, up the steep field to climb through the woods to Simons Seat itself. The beauty of this race is that at this point the work is over, apart from a small climb along a heathery track leading to a descent down a rocky path. Irene and myself had our customary battle, with Irene passing me as we entered the last field. Despite knocking nearly four minutes of last years time we were still in the last handful. Thank goodness we had brought our two road running friends along otherwise our position would have appeared even worse. They were second to last and have been put off fell running for good.

HUTTON ROOF CRAGS RACE 25/5/91 7m/1300'

213 finished.

1st	Mark Croasdale	Lanc & Morc	43.36
28	Duncan Thompson	C.V.F.R.	52.38
43	Steve Skelton	"	53.50
55	Kieth Hunton	"	54.58
62	Pete Horne	"	58.14
127	Trevor Redmond	"	62.18

This fast race starts from the gala field at Hutton Roof and by way of well worn rocky footpaths and tracks wends it's way over Hutton Roof Crags to the foot of Newbiggin Crags which is the less than beautiful lump that stands to the south,south-east of the M6/A65 junction south of Kendal. A hard but not too long climb up the scree slope to the summit of Newbiggin Crags then a long fast descent before the final climb over Hutton Roof Crags and another fast descent to the finish. Croasdale knocked nearly two minutes off his own course record the conditions being ideal for those who were fit and fast.
A good race for those who needed a fast workout or needed reminding that speed training is as,if not more important,than long steady miles. Also a good little gala to take your family along to. I must remember to pack my Calder Valley vest the next time I go away on holiday after being subjected to abuse from other team members for wearing an old Ron Hill second.

RUMOUR has it that 'Superbee' Chris P-B is going to organise a whip-round to raise money to buy Trevor Redmond a new club vest.

GREAT HAMELDON HILL RACE

6m/1100ft 26th May 1990

Five-Hundred competitors(I use the word competitor loosely) turned out for the Great Hameldon Hill Race at Accrington. Theres definitley a bit of a carnival atmosphere about this race with many doing it for charity.
The start of the race gets under way from the middle of Accrington,with a steady climb up the road for about half-a-mile reaching Peel Park the course takes a sharp left up a steep rough track,the race gets under way from here.Breaking out on to the open moor I'd got away from most of the fun runners,well the ones carrying buckets at least.The run across the moor is flat and fast,a couple from the TSB decide to give it a blast and go past me,undetered I carry on through the M65 underpass,up through a farmyard and then a bit of a climb onto the moor.
The TSB couple had blown it on the climb and were having a rest, from the summit of the hill the race was being videod,the guy from THE NO-CAN-DO KARATE CLUB decides to make his bid for glory and sprints to the top of the hill,collapsing in a heap at the summit but out of the veiw of the camera.
As the moor levels off things speed up again,an Accrington Road Runner goes past,taking a sharp left and climbing a stile the going becomes boggy and tussocky the Accrington man hits the deck thats another one down.
The climb to the trig point is runnable and is also the turn round point for the race,the return route being the same as the outward route,running back across the moor theres a familiar grunting and snorting sound from the man behind,the man from Accrington R.R. had returned and was now in the process of passing me again.He looked absolutley knackered with his head on one side and gasping out of the side of his mouth,but he was still in front of me.
The descent to to the finish was to change all that as I passed him and several others down the steep track to finish in 46mins 10mins behind the Race winner Richard Pallister of Pudsey&Bramley
The Great Hameldon is definitley not a classic fell race,but if you've nothing better to do on a Sunday morning it's okay.

Pete Regan.

RUMOUR is that Steve Kirkbride would have gone sub 5 hrs at London had he not kept stopping to autograph copies of Up & Down.

RUMOUR has it that Dave Yates is to do a sponsored Calderdale Way attempt to raise money for his club subs.

Technology takes over - RUMOUR is that Mytholmroyd Community Centre are to introduce a more sophisticated BRAND NEW accounting system to record how many fell runners pay for their showers - they're going to keep the money in a seperate tin - add it up and divide by thirty pence.

Buttermere Sailbeck.

This has to be my favourite race, Buttermere Sailbeck, all 9 1/2 miles and 4250' of ascent in beautiful sunshine, with the odd cloud which sneaked over from Ennerdale. The club championship was Set, the who's who of fell running lined up at the start, Ian Hartman, Robin Skelton, Gary Webb, Irene Neville, Bod, the list goes on. In fact Fifteen of us.

The Whistle was blown and all 183 of us set off, the 400 yards of road at the beginning set the precedence, Hard !! If you were not going up then you were descending. The first ascent is up to Knott Rigg and then along an undulating ridge to Ard Cragg (1st CP). Mick Banks tip toed down the initial steep descent and then flew past me on the grassy fields to the bridge over Rigg Beck (2nd CP). A swift drink of orange at the feeding station saw me ready to burn Mick off on the climb to Causey pike. This didn't happened instead Ian Hartman crept up from behind to steal the lead from either of us, after Causey Pike (3rd CP).

For those that have never seen Causey Pike, It starts off steep and then gets steeper until a scramble on to the Pike (not an exposed scramble) is required. The run (walk) from Causey to Eel Cragg is along a winding ridge undulates painfully with an agonising final climb up to Eel Cragg (4th CP).

This check point was one of the last points that a lot of runners saw before a sudden urge came over them to add variation to the course. This ranged from a tour of grasmor to way down without visiting Whiteless Pike. This urge was not discriminate in who it struck, for it struck the leader, who eventually came in 133rd right through to Greg, Ian, Mick and the other runners who followed Mick.

If it hadn't have been for Carl and I plodding along, Mick might still be up there..

This is a race not to be taken lightly.

Mark Bramall-Pimlott

RUMOUR is that Graeme Woodward had a pacemaker fitted for the Stoodley Pike race - Chris Peart-Simms.

C.V.F.R. HANDICAP TIME TRIAL 21/5/91

(actual time in brackets)

1st	John Riley	(61.34)	41.34
2nd	Chris Godridge	(56.23)	47.23
3rd	Chris Peart-Binns	(56.53)	47.53
4th	Mick Banks	(58.24)	47.54
5th	Graham Fry	(63.57)	49.27
6th	Pete Regan	(61.07)	49.37
7th	Rod Sutcliffe	(57.58(	49.58
8th	Andy Thompson	(64.54)	53.24
9th	Bob Slater	(69.29)	54.29
10	Ian Hartman	(65.08)	55.08
11	Andy Wimpenny	(64.48)	58.18
12	Graeme Woodward	(68.55)	59.55
13eq	Rhys Kift	(76.00)	60.00
13eq	D. Edwards	(76.00)	60.00
15	G. Shelton	(76.10)	62.40
16	Denis Gildea	(75.30)	63.00
17	Brian Horsley	(73.07)	63.07
18	Kieth Munton	(73.18)	63.18
19	Linda Hayles	(110.38)	80.38

Nineteen people (16 CVFR & 3 guests) took part in the first Handicap Time Trial. I had hoped that people would navigate for themselves but one minute intervals and good visibility ensured that the traditional Calder Valley 'sheep mentality' prevailed. From my vantage point at the Pack Horse I could see at least 50% of the course and some interesting lines over what was basically a circular course were thrown up. Straight lines between the controls seemed to be the quickest, maybe we need some obsticles (woods, cliffs, reservoirs, etc) for the next one.

It was funny to watch Rod, who had run strongly all the way round to the Gorple Reservoir service road being reduced to walking DOWNHILL towards CP6 after the road. The 2 foot tussocks complete with swampy ground between could have contributed to this.

Another gem was by Rhys who had said to his mate before they set off "Stick with me and I will show you round". He then proceeded to mistake Widdop reservoir for Gorple reservoir. By the time he realized this mistake he was down at the bottom of Widdop dam looking for a footbridge, they then had to run to CP6 by yhe road.

Fine runs by Chris (fastest actual time) and Bod saw them take the silverware home. If there is sufficient demand both Rhys and myself will put on further events of a similar nature.

Duncan

CONISTON WATER FESTIVAL FELL RACE 28/5/91 8m/3000'

1st	Kieth Anderson	Ambleside	1.02.55 (rec)
41	Pete Horne	C.V.F.R.	1.20.17
63	Carol Greenwood	"	1.27.10 (rec)
76	Alan Greenwood	"	1.37.08

A low-key mid-week race with 3000' of climbing, we could do with some of these nearer home. The course started at the Sun Inn and was organised as part of the week long Water Festival but was so low-key that when I arrived at the Sun Inn to register, one hour before the start time the landlord did'nt even know that there was a race or that his pub was the HQ. The race started outside the pub and followed the miners track out of the village via Stuothwaite Crag to the summit of the Old Man. Then via Goats Hawse to Dow Crag and Brown Pike before joining the Walna Scar Road for a long descent towards Coniston. There was a sting in the tail with a climb up to Crowberry Haws before re-joining the miners track and descending to the finish at the Sun. The weather was so good that Alan finally decided to take his rain jacket off and run in just long training bottoms and full thermals, most others found that shorts and vest were more than adequate. I was surprised to find that clubs such as Bingley, Pudsey & Bramley, Pennistone, Eccleshill, Holmfirth, Todmorden, Mercia, and Denby Dale as well as our own club were represented in in such a far off mid-week race. Carol once again flew the flag for the Calder Valley taking the ladies prize, now we know where they go to on a Tuesday evening instead of Mytholmroyd.

RUMOUR has it that Richard Rowlands heard that the Rock & Run is nearly as hard as the Rivington Pike and thereby deserves to be cancelled - endangering peoples lives like that!

DUDDON VALLEY FELL RACE 1/6/91 20m/6000'

1st	Billy Bland	Borrowdale F.R.	2hr 53min 00
2nd	Gary Webb	C.V.F.R.	2.59.07
2nd	Pete Irwin	Rossendale	"
9th	Jeff Winder	C.V.F.R.	3.14.12
19	Steve Houghton	"	3.28.55
26	Dick Crossland	"	3.32.12
28	Rod Sutcliffe	"	3.32.14
31	Pete Horne	"	3.36.19
32	Duncan Thompson	"	3.36.20
35	Kieth Nunton	"	3.43.15
48	Chris Godridge	"	3.56.00
52	Ian Hartman	"	4.01.12
67	Graham Fry	"	4.20.28
68	Denis Gildea	"	4.22.25
89	Linda Hayles	"	5.08.11

At 11.30am on a beautiful sunny day 94 competitors massed in the field at the back of the Newfield Inn, Seathwaite, for the start of the 14th Duddon Valley Fell Race. The starter looks at his watch; the chattering stops and an air of anticipation envelops the scene. Then, as adrenelin jolts every nerve and sinew to the height of readyness.....the 95th competitor.....Rod..... appears at the gate, the starter, obviously not aware that Rod likes to give the main field a few minutes start waits.

A few more minutes and we're off, over the footbridge and through the woods at Wallowbarrow Coppice. I'm feeling good; this is much better than the start of short races. 'Hey Pete' shouts Duncan, 'I thought you said you were taking it steady'. A gruff Cumbrian voice immediatly behind me laughingly replies, 'He's only being pulled along by the pace.' I look round to see the deeply tanned and wirey frame of the legendary Joss Naylor. This confirms to me that, without realising it, I must have been going too fast. Without trying too hard I slow my pace and a succession of red and white hooped vests; Duncan, Jeff, Dick, Kieth and Steve gradually pass by and disappear into the distance

Over the open moor before the main climb to the first check, Harter Fell, Mick Banks catches me, I'm perspiring freely and gasping for breath as Mick passes, I tuck in behind, we exchange places frequently as we climb to Harter Fell summit. I punch my card then concentrate on the descent to Hard Knott Pass where I look round for Mick. He's nowhere in sight, unknown to me he'd turned his ankle on the descent and was later forced to abandon the race.

Hard Knott summit came and went, I'de settled in and was now holding my position. I choose to follow a confident looking Clayton runner off Hard Knott rather than a clutch of Rossendales. This was a good choice which led me to gain a few positions and the sight of Kieth 50yds ahead, climbing Little Stand, spurrs me on. I pass Kieth who's grumbling something about LITTLE! Stand to my Clayton guide. Joss is about 20yds ahead, just the man to follow off Little Stand for the best line to Three Shire Stone. The summit is reached but to my dismay Joss was nowhere in sight. I'm faced with a route choice, panic, what do I do now ? I know, I hang around at the check, nonchalantly taking a drink from my bottle untill the Clayton man arrives, then follow him. He guides me to Three Shire Stone but rather thoughtlessly leaves me on the approach to Swirl How. I then place my faith in a Rochdale lad who does a fine job leading me round the contours to Dow Crag and White Pike. I can see Dick ahead, we're pulling him in gradually but I'm becoming worried about slight twinges of cramp inside both thighs. I manage to control this as far as White Pike by consciously relaxing my legs as I'm running. Then, on the steep descent immediatly after White Pike summit, both my legs lock in cramp, sheer agony! I lay there rubbing my legs when along came a man who I thought would be my saviour, 'Who's that red and white vest ahead,' says Rod, 'It's Dick I think, I've got cramp in both my legs Rod.....Rod.....ROD!!.....' He's gone; he's left me like this, has he forgotton his Hippocratic oath.

I mog on, chuckling to myself when I see Rod get stuck in a bog by trying to take a straight line to Caw when others are going round. Steady does it as I'm walking up towards Caw summit. Then, over the brow of a hillock, I see Duncan, only 30 yards ahead, he's wobbling around like a friday night drunk in Halifax town centre. I could have him. Careful not to overdoo my re-kindled enthusiasm I make contact with Duncan at Caw summit. He greets me with, 'That's the first time I've been caught by a copper,' (which is not strictly true, I once caught him at the top of Laddow Rocks in the Holme Moss when he'd chosen to take the line of a group of roped and helmetted rock climbers instead of the main field).

Anyway I'de no one else in sight to follow so I decided (after noticing that Duncan was limping), that the best plan was to stay with him and risk a sprint finish rather than getting st on the run in. We both managed to get lost in the coppice a few hundred yards from the finish (yes, the flagged section) but found our way out. On hearing shouts from the finish field Duncan kicks, he's going for a long one, I counter, barge him out of the way to find the best line through the boulders. I'm half a length ahead when we enter the finish field and retain that advantage to the line where I collapse.

Within minutes my legs are locked in cramp, no sympathy was forthcoming, even team mates ignored my distress, as I lay in agony the only words I hear are, "Get him shot."

A fine result for Calder Valley, 2nd team behind Keswick in their own back yard is'nt bad. A great performance from Gary who was up with Billy untill the climb to Swirl How, he tells me he made several attempts to shake off Pete Irwin but the elastic would'nt break. Even Jeff allowed himself a slight smile of satisfaction (which is more than he did at Wardle). Steve said he was happy but I could tell he was a little disappointed at 'blowing' over Swirl How. I was happy when I heard that nearly everyone else had suffered from cramp, most being afflicted earlier in the race than me. Denis in particular suffering for ¾ of the race. Graham had something to take his mind off his cramp; stomach ache and a bad head! serves him right for spending the previous evening in the Newfield Inn. Linda was far less fortunate than I, not having the services of experienced guides she had to spend valuable time ate finding. Chris appeared happy after his first long Lakeland race but I hope that not too many heard him asking, "Who is Joss Naylor?" Will someone lend him 'Stud Marks on the Summits'. Kieth knocked over an hour off his previous best for the course but this can be explained by the fact the in his only previous outing in the Duddon he and Duncan had taken an adventurous route which included the hayfields in the Eskdale valley.

PEN-Y-GHENT RACE 1/6/91 5½m/1500'

I don't have the results for the Pen-y-Ghent race but I gleaned from the national press that Carol set a new ladies course record, her second course record in five days, well done! I believe that Alan and Steve Cavell also ran but are too modest to let me have the results.

CALF FELL RACE 9/6/91 8m/2000' Report by Trevor Redmond

1st	Robin Bergstrand		50.17
18th	Duncan Thompson	C.V.F.R.	59.29
th	Brian Horsley	"	1.02. ?
48th	Graham Spencer	"	1.05.57
55th	Graham Fry	"	1.07.17
64th	Trevor Redmond	"	1.11.03
	Steve Cavell	"	retired

To coincide with the womens World Championship selection races, Pete Bland decided to put on a men only race to the Calf and back (from Sedbergh). This is the first time I recall the event being run.
The route missed out Arant Haw on the ascent and also on the descent and missing out Winder. This meant one thing, it was going to be fast, and it was!
Looking around at the start there seemed to be a lack of competitors, Steve Cavell said to me, "It looks like I'm going to be last here." I looked around and with the likes of Bergstrand, Ferguson, Symonds & Schofield to name a few out of the field of only seventy one I said, "I won't be far behind."
Off we went, Bergstrand quickly took off on his own unchallenged. On the first stiff climb out of the farmyard Steve looked round and he was right, he was the last and retired. After five minutes I looked round and could see only half a dozen behind me.
Graham Spencer was having a good run as he vanished over the horizon. As we approached Bram Rigg the wind whipped up to gale force adding to the pain. On the descent it was eyeballs out all the way to fend off the wooden spoon.
All in all a good turn out by the club and an enjoyable if not tough race in an elite field.

RUNCUR has it that Alan and Carol will only run if they can get a doggy sitter.
RUNCUR is that Carl Greenwood is in heavy (as they say in Scotland) training for the Drunken Duck and the Two Breweries Fell Races.

SKIPTON FELL RACES 9/6/91

Calder Valley Fell Runners junior section had two winners at the Skipton races. In the under 11's section Russell Hartman took first place from a field of 28 with a time of 5 minutes 45 seconds.
His success was followed by a win for Jon Smith in the under 15's race in a time of 13.47. In the seniors race Ian Hartman was 16th overall and 1st vetran in a time of 28.19. Craig Metcalfe of Skipton won the senior event in 23.36.

BUCKDEN PIKE FELL RACE 4m/1500' 15/6/91

1st	William Styan	Holmfirth	34.49
33	Steve Houghton	C.V.F.R.	38.52
54	Robin Skelton	"	40.50
66	Rod Sutcliffe	"	41.34
68	Graeme Woodward	"	41.44
75	Richard Kellett	"	42.12
79	Carl Greenwood	"	42.38
82	Pete Horne	"	42.44
93	Ian Hartman	"	43.49
95	Mark Bramall-Pimlott	"	43.54
108	Trevor Redmond	"	44.58
109	Graham Fry	"	44.59
115	Steve Cavell	"	45.28
119	Steve Kirkbride	"	45.38
126	Carol Greenwood	"	46.12
138	John Riley	"	46.55
180	Domonic Rivron	"	54.24
183	Linda Hayles	"	55.22
190	Michael Burns	"	58.42
192	Irene Neville	"	59.56

A good turn out by the club, a pity about the weather which not only spoilt the gala but made the steep grassy descent treacherous.
Our ladies had fruitful day, Carol taking the award for second lady, Linda first lady vet and together with Irene they won the team prize.
Steve Houghton took maximum points in the club championship but paid a heavy price, turning his ankle on the last descent and being reduced to walking to the finish losing many places. He looks like being out of action for several weeks. A disaster for Steve because up to now he had not missed one championship race and was running into his best form, beating Duncan and being placed 6th overall in the Five Cloughs Fell Race only a few days earlier.
Robin had a good run and is now showing us old 'uns the way home regularly.
Rod, on his debut as a vet, surprised everyone by turning up on time for the start, perhaps this is going to be the begining of a new era for Rod. Perhaps in the years to come we'll sit back in the Shoulder nostalgically reminiscing about those far off days when he was allways late,untill eventually such memories will fade and die only to be resurrected when we look back at our treasured old copies of Rampage.....perhaps.
Richard had another memorable day, I hope he told Josephine about his a affinity with streams before they were married for not only did he dive full length into Buckden Beck once, no not satified with that he did it again on the approach to the finish thereby losing contact with Graeme and Rod. I hear that Irene had a scrap with Harry Gracion on the approach to the finish whilst being filmed for 'Look North.' Unfortunatly I must have missed the programme or perhaps it was censored....early evening....kids watching....too violent etc.

HOLME MOSS FELL RACE 16m/4000' 16/6/91

1st	J. Bradley	Preston	2.22.54
57	Graeme Woodward	C.V.F.R.	2.49.28
58	Mark Bramall-Pimlott	"	2.49.28
60	Carol Greenwood	"	2.49.54
79	Pete Regan	"	2.57.49
86	Stuart Gardener	"	3.06.04

127 finishers
Heavy rain did'nt appear to slow Carol who knocked over ten minutes off the course record on her way to the award for the 1st lady. I suspect that it may have been a bit boggy over Black Hill but that's no excuse for Graeme and Mark holding hands all the way round - leave him alone Mark, it'll only end in tears.

NO MORE EAGLES.....

by Chris Brasher

His name is Pen yr Ole Wen, and my friend Idris Evans, who once kept the village shop in Nant and now ferries the village children to school, knows not what it means except that Pen is Welsh for Head. He stands at the head of the Nant Ffrancon pass - a massive mountain 3,210 feet high, guarding the route to the coast.

I have been terrified when alone on this flank; I have fished his waters with my brother and caught nothing and that served us right because it was the sabbath and we were in Welsh-speaking Wales; and I have camped with my two youngest children beside the lake which he embraces between his cliffs.

It was from the coast that I journeyed to him first just after the last war. I was a teenaged engineering apprentice, one of 2,000 lads running errands for the 17,000 skilled men who worked for Metropolitan Vickers in Trafford Park, Manchester. I was paid £2.10s. a week and my digs cost me 30s. a week - and that included breakfast and a large dinner.

In the winter I cycled to work in the dark and I cycled back in the dark and the factory was so massive that I never saw the winter sun. One day in February, in that cold and snowy year of 1947, I climbed into the bowels of a massive turbine-casing to clean it out and, unseen by my master, crawled out of the other end, and slipped through the factory doors and lay concealed on top af an air-raid shelter and there above me, singing his glorious song, was a lark. He was free and I was a prisoner.

That was the moment I decided that this was not the life for me. From now on I would seek freedom. And freedom, as I had read, lay in the hills.

The following Friday, when I was supposed to be at an apprentices day release class learning about the myseries of magnetism, I played truant and caught the earliest train from Manchester to the North Wales coast where I alighted at Llanfairfechan. Thus began my next apprenticeship - to the mountains of Snowdonia.

I was armed with a Bartholomew's half-inch-to-the-mile map - not to be recommended for mountain walking - and my fathers First World War prismatic compass. Perhaps I had a whistle; perhaps I knew that the emergency signal was six long blasts followed by a minutes silence and then repeated. I should have had these essentials because I had read all the books - from Ruttledge's 'Everest 1933' to Kirkus's 'Lets Go Climbing'. But what can books tell us about the reality of being alone on big mountains?

The gods were kind to this young man climbing hard, up the broad shoulder of Drum and then along the ridge to Foel Fras, the first of the Welsh three-thousanders. Many years later, in my speedy days, I ran from Yr Wyddfa, the summit of Snowdon mountain, over all 14 three thousanders and finished, 6 hours 58 minutes later, on Foel Fras.

But now I was going in the opposite direction over Carnedd Llewelyn and Carnedd Dafydd (the cairn of Llewelyn and the cairn of David). I was higher than a lark and as free as a lark, striding the ridge of the Carneddau.

In the evening I came to the summit of Pen yr Ole Wen and looked down on my destination the youth hostel at Idwal. There, far below, were food and companionship and a bed. What more could a young man want?

But first I had to get down from the heights. As many of you may know it is often easier to climb up than to climb down. Soon my way was no way at all - just a precipitous drop. I cast left and then right, threading my way through the rocks, my heart thumping with fear. My food was all eaten but there was food below. The sun had surrendered the sky to the stars and the cold ate into my tired body.

Cont.....

Forty-five years later, in January this year, when the gales had blown themselves out and the sun, climbing into the New Year, gave hope of the spring and summer warmth, I looked at that steep southern flank of Pen yr Ole Wen and saw the cliffs standing black against the sparkling white snow and I remembered the terror of that day long ago.

And then I turned east, along the old Roman Road with the ice crunching under my feet and I thought of this land, the highest land in England and Wales which from time immemorial has been known as Eryri, the abode of the eagles.

Now there are no eagles in Snowdonia. We, supposedly the most intelligent of animals on this planet, have shot them out of the skies. And, in many other ways, we are irreparably damaging their domain.

We want more water to flush down the loo - two gallons per flush. We want more water for the dish-washer and the modern computerised washing-machine. We want more electricity to power these machines. We want wider and straighter roads. We are like spoilt children whose perpetual cry is 'I want...I want...'. If we get what we want now, we may be happy for a moment or two but soon another desire dominates the mind and the cry goes up again: 'I want...I want...'.

Somebody has to impose some discipline, somebody has to say a firm 'No'. There is such a person who says 'No'to those who want to defile the wild land of Snowdonia, the land which has refreshed my body and my soul during at least four of the seven ages of man. Her name is Esmé Kirby, and I ended that walk that sunny cold day in January by visiting her eyrie - a farmhouse which stands like a sentinal on the flanks of the Glyders with a commanding view across the valley to Moel Siabod and down it to Snowden.

More than 20 years ago, Esme Kirby founded the Snowdonia National Park Society to fight. As we drank tea from massive farmhouse mugs I asked her about her greatest victories and defeats. 'The worst defeat was the Cwm Dyli pipeline,' she said. 'The greatest victory is still to come - the A5.'

The pipeline is a hideous wound on the eastern flank of Snowdon. It is known as Marshall's Folly after it's perpetrator Lord Marshall who was the chairman of the CEGB. Every time I see it, I blame myself for not joining Esme's battle untill too late.

That mistake must not happen again. We must all join her in the battle against 'improvements' to the A5. It is a Telford road, beautifully engineered through the valleys and mountains, but it is not a trunk road according to modern standards.

As Esme points out there is such a trunk road, the A55 coast road which has recently been improved out of all recognition and can carry fast and heavy traffic from the M6 and the industrial heart of Britain to Bangor and Holyhead. Tens of millions of pounds have been spent on it and it will soon be complete.
But that is not enough for the Welsh Office. They are now planning to 'trunk' the A5 through Snowdonia and their first stage is to bypass Padog bends, the very first bends you encounter on entering the national park just to the west of Pentrefoelas.

Esme is fighting against it and has won the first skirmish. In mid-January the Snowdonia National Park Committee voted against the bypass and in doing they went against the wishes of the chief executive of the Gwynedd County Council. That is not the end of the matter. If you wish - and please do wish - to keep abreast of developments, then join Esme's army. The Snowdonia National Park Society has a recruiting office: The Ugly House, Capel Curig, Betws-y-Coed. Write to or visit them. You will find the Ugly House, or Ty-hyll in Welsh, just west of Swallow Falls on the A5, two miles west of Betws.

The Origins of the Fellsman Hike

Don Thompson recalls the pioneer days of one of Britain's classic challenge walks. This year's event starts at Ingleton Community Centre on May 11th and finishes at Threshfield the following day.

BRIGHOUSE District (Brigantes) Rover Crew was formed in November 1955 when I invited past members of 1st Lightcliffe Scout Group to spend a weekend with me at Linton Youth Hostel. Some time later we planned the Fellsman Hike. I worked out the route to include all the "tops" that were familiar in a grand circle of the dales. We invited a few friends to join us from Holme Valley and planned to try out the event in the first weekend of January.

Snow fell. At Skipton we found that buses were unable to get through to Grassington, so instead we managed to get as far as Ingleton, which was to be the finish. Snow had really fallen pretty heavily and was still falling. The snowplough was out on its usual route – Settle to Ribblehead and to Ingleton. We knew its route and the stopping-points!

Despite the snow we decided that the party would set off up Ingleborough, but as a safety precaution I would go up-dale to the Hill Inn to await them and, if need be, call out help if there were any snags. As I reached the brow above Ingleton I could hear the snow-plough chugging up the road behind me. As it drew near I hitched a lift as far as the Hill Inn, so that journey was easily accomplished. Some of the Gritstone Club passed us on the road – ski-ing down from their hut up at Gearstones. I went in the Hill Inn and began my pleasant sojourn there. After a couple of hours I went outside about every ten minutes to look towards the hill. It was about an hour later that I saw their lights coming down the familiar route up near the top. I went back in to the comforts provided by Tom Kilburn.

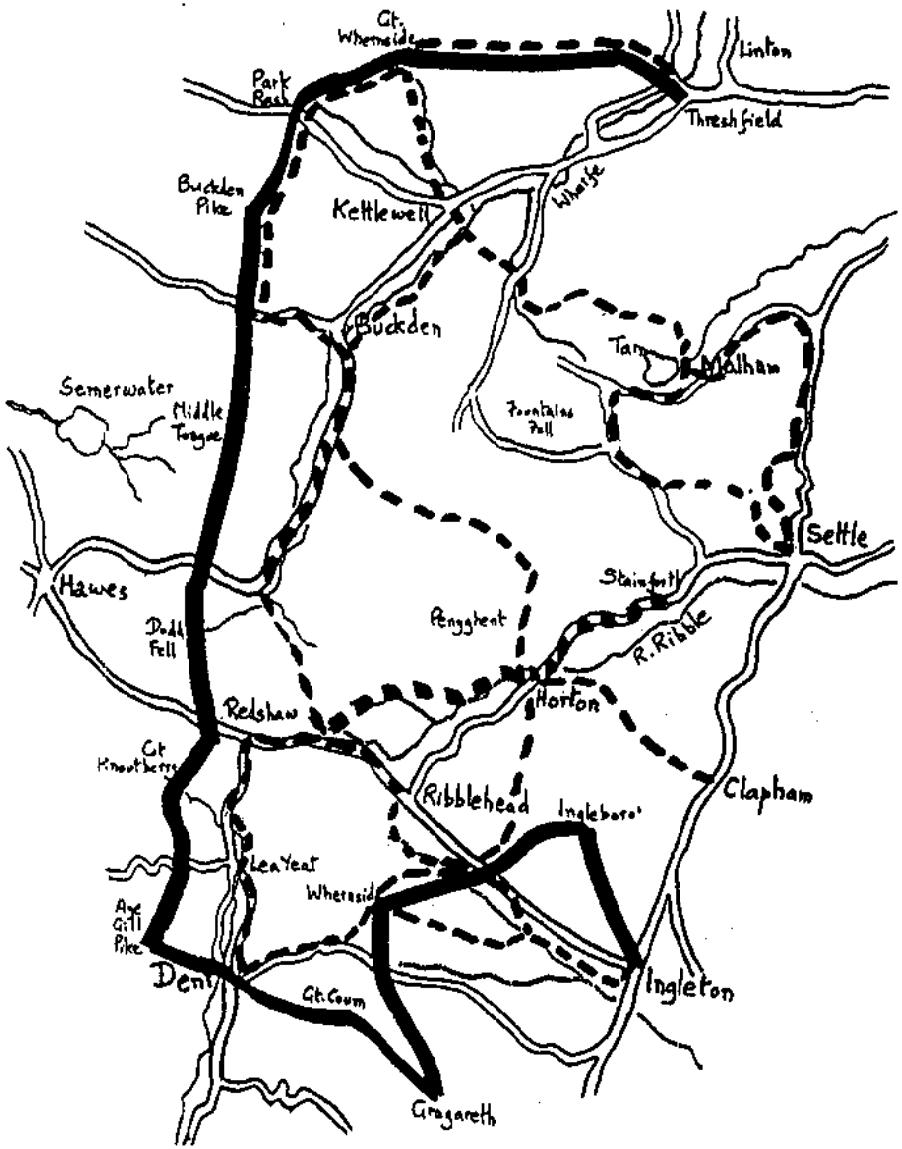
When they arrived I was feeling very comfortable and they joined me. Farmers were out on the hill prodding for their sheep. In view of these conditions we decided not to continue further but camped nearby. So the first Fellsman was the one that never was – it was put back to early summer and thrown open to all-comers.

The first hike was held in 1962. Out of some 63 who sent in entry forms there were actually 57 starters. We Brigantes decided that, as we were running the event, only two of our own members would be allowed to take part, the rest being needed to assist.

Don Thompson – and the "Fellsman axe"



W.R. Mitchell



Fellsman Hike country. The bold line shows the original route of 1962

Several other Rover Crews came in to help and the local Fell and Cave Rescue at Ingleton provided walkie-talkies. Lt. Commander Dougherty came along and was later to play a leading part in organising radio communications. The route was to go past checkpoints at Great Whernside summit, Park Rash, Buckden Pike, Cray, Middle Tongue, Fleet Moss, Redshaw, Great Knoutberry, Aye Gill Pike, Dent, Great Coum, Gragareth, Kingsdale, Whernside, Hill Inn, Ingleborough and then Ingleton. We had booked the Institute for the finish.

Sergeant Whitham was most concerned about the clutter of vehicles and people in Grassington Square – you could easily see

that. He came up to me and asked who was responsible and could we get them shifted. "Don't worry," I said, "in just five minutes when that big fellow (Sheriff) blows that whistle they'll all clear off!" There was a stampede up towards Town Head and they were away. Al and Maudie dashed off on their motorbikes to alert the first two checkpoints – the event was underway.

Although we had around 45 members in our crew – plus some thirty or so other Rovers and the rescue groups – we were stretched a good deal on this first effort. Most of us had to complete a checkpoint, convey away people who fell out, and then leap-frog onward to man another checkpoint. So it was that I found myself in the middle of the night rigging a shelter beside the road opposite the Hill Inn. I had an eight-gallon dixie cooking away with coffee in it. Periodically we would look towards Whernside summit for lights.

After two or three hours we realised that the coffee was getting a pretty thick scum on top of it, and it tasted horrible. Without more ado we heaved it up on top of the wall and pitched the contents over. There was a frightful squeal from the other side. Quite unknown to us one of Tom Kilburn's pigs had been sleeping under the wall. A dim shape draped with the thick scum scuttled away with further grunts and squeals.

At around dawn Patch, Kathleen and Ivor joined us. The coffee was re-made in a more palatable way and was much appreciated by the hikers as they arrived. We were delighted to have Earl and Martin with us first – about half-an-hour before the next group. At the top of Ingleborough they had actually lost their way a little in descending, and dropped down about a mile from the bottom of the Crina track. However, they got in first, in a time of 23 hours 20 minutes, each electing to come in together. In all 15 people completed the route, the other 42 retiring on the way. We knew the event had been a success and a very tough test of physical and mental fitness. The Fellsman Axe, which I had given, was jointly held by Earl and Martin for twelve months, and we were also pleased that the first team of three to finish were from West Yorkshire Scout Association. Many lessons were learned, the principle one being that staffing at all levels had to be greatly improved.

The following year we took in 201 entries for the event, of which 171 turned up on the day. We had improved on the first event by drawing in Upper Wharfedale Fell Rescue to take responsibility for rescue of anyone as far as Hawes, the Cave Rescue Organisation for the other side beyond. Moreover, Lt. Cdr. Dougherty had brought along his Manchester Amateur Mobile Radio Hams to do the main communication job, with Giggleswick School providing walkie-talkies between ground-level and tops for the last bit. Crews which fielded effective rescue or checkpoint teams included Pudsey, Keighley, Hebden Royd, Holme Valley and Ingleton. Our own strength was fielded by around 45 persons for the weekend, excluding wives and girl-friends.

The weather was once again abysmal, and 106 dropped out, most of these by Redshaw. We had a long haul to get those who had stopped in Upper Wharfedale to Ingleton, but none-the-less this was done without too much delay for anyone. We were delighted that for the second year running West Yorkshire Scouts gained the team award, the Axe being shared between Roger Whitaker of Keighley and Mike Alport of Marske Barn Owls. In total, 65 completed the course. Tyne-Tees Television interviewed Patch about the event afterwards which I think he enjoyed doing.

In 1963 I moved to Staffordshire. Soon afterwards the running of the Fellsman Hike was transferred to Keighley District, which has made a good job of the organisation. This one event has introduced thousands of folk to our Dales, and I feel that all of them, be they competitors or supporters, have a respect for the countryside and the people who live there. They are aware, like myself, of local problems of erosion on too-well-beaten-tracks, and harm that can be caused to the livelihood of local hill farmers by lack of consideration. I am proud to think that I have been the cause for introduction to the Dales for so many. It is all God's country, yet yours for the day!

Two years ago, whilst following round to watch the Fellsman in progress, I stopped to brew myself a meal under Dent Head viaduct. Two other cars were already there. When their occupants returned we began chatting. They came from parts of the country about 200 miles apart, had brought competitors up to the Fellsman for years and had struck up a friendship between themselves. They thanked me for thinking up the event which had caused them to meet. But there again, originally I was an "Scotsman". It was a man called Alfred Ramsden who first introduced me to the Dales in 1939, when the newly formed 1st Lightcliffe Scouts went on their first summer camp and I was about number five in Tickor's Owl Patrol!

Further details of this year's Fellsman Hike can be obtained from the Tourist Information Centre, Penyghent Cafe, Horton-in-Ribblesdale, tel: 07296 .

Stephen Lord and the author manning a checkpoint

The final checkpoint opposite the Hill Inn, Chapel le Dale







Huddersfield Rover Scouts in Grassington Square, just before the start of the 1962 Fellsman Hike

A selection of

FELL FIXTURES

OD - Entries accepted on day
PE - Pre-entry required
✱ - Club Championship Race

JULY

2	Tues	Hope Wakes Fell Race	OD	BS	7.30pm	4m/650'
3	Wed	✱ Stoodley Pike Fell Race	OD	BS	7.30pm	3½m/700'
6/7	Sat/Sun	Saunders Lakeland M.M.	Entries closed			
6	Sat	West Highland Way	PE		3am	95m/8200'
7	Sun	Blackamoor Chase	OD	BS	3.15pm	5¼m/700'
7	Sun	Peakers Stroll	PE	BL	11.30am	25m/4000'
7	Sun	Skiddaw Fell Race	OD	AM	2.30pm	9m/2700'
9	Tues	Heathcliffe & Cathy Canter	OD	CS	7.15pm	6½m/800'
10	Wed	Fellside Fellrace	OD	AM	7.15pm	6½m/1900'
13	Sat	Thurlestone Chase	OD	CS	3.15pm	4¼m/800'
13	Sat	✱ Wasdale Fell Race	PE	AL	11am	21m/9000'
14	Sun	Bootle Black Combe Fell Race	OD	AS	2pm	5½m/1900'
14	Sun	World Cup Selection Race (Long)	OD	AL	1pm	8½m/5000'
16	Tues	Beacon to Beacon	OD	BS	7pm	3½m/700'
17	Wed	Cowpe Hill Race	OD	AS	7.30pm	5m/1500'
17	Wed	Blisco Dash	OD	AS	7pm	5m/2000'
20	Sat	Ingleborough Fell Race	OD	AM	3pm	7m/2000'
20	Sat	Kinniside Fell Race	OD	AM	1.30pm	9m/3000'
20	Sat	Moel Siabod Fell Race	OD	AM	2pm	6½m/2300'
27	Sat	✱ Turnslack Fell Race	OD	AM	2.30pm	8m/2000'
27	Sat	Snowdon Race	PE	AM	2pm	10m/3200'
28	Sun	Reeth Hills Fell Race	OD	AM	10am	12½m/3300'
31	Wed	Widdop Fell Race	OD	CM	7pm	7m/850'

AUGUST

1	Thurs	Rydal Round	OD	AM	2.15pm	9m/3000'
3	Sat	✱ Borrowdale Fell Race	OD	AL	11am	17m/6500'
3	Sat	Moel Hebog	OD	AM	2pm	5½m/2560'
4	Sun	Latrigg Fell Race	OD	AS	12noon	3m/950'
7	Wed	Sheepstones Relay	OD	AS	7pm	3 X 3m/1000'
10	Sat	Buttermere Horseshoe	PE	AL	10am	20m/8000'
10	Sat	Downham Fell Race	OD	AM	2.30pm	5½m/1700'
11	Sun	✱ Gategill Fell Race	OD	AS	12 noon	4m/1500'
11	Sun	Wadsworth Village Fell Race	OD	BS	3pm	4½m/800'
14	Wed	Drunken Duck Fell Race	OD	BM	7pm	7m/1500'
18	Sun	✱ Sedbergh Hills Race	OD	AL	12 noon	14m/6000'
21	Wed	Musbury Heights Fell Race	OD	BS	7pm	5½m/1000'
24	Sat	Burnsall Classic Fell Race	PE	AS	5pm	12M/900'
24	Sat	Cross Keys Road & Fell Relay	OD		1pm	
25	Sun	Ras Y Cnicht	OD	AS	11am	4½m/1850'
31	Sat	✱ Dufton Pike Fell Race	OD	AS	1pm	1½m/1578'
31	Sat	Mount Skip Fell Race	OD	BS	3.10pm	4½m/1000'
31	Sat	Pendleton Fell Race	OD	AS	3pm	5m/1500'

SEPTEMBER

1	Sun	Shelf Moor Race	OD	AS	2pm	6m/1500'
5	Thurs	Hades Hill Race	OD	BS	6.45pm	5m/1200'
7	Sat	✱ Ben Nevis Race	PE	AM	2pm	10m/4400'
7	Sat	Jack Bloor Races	OD	BM	2.30pm	7½m/1150'
8	Sun	Stretton Skyline	OD	BL	12 noon	18½m/4300'
8	Sun	Llangorse Loop	OD	AM	12 noon	5½m/1900'
14	Sat	Lantern Pike Fell Races	OD	BS	3pm	5m/1050'

Non F.R.A. events of intrest - these L.D.W.A. type events usually accept runners but check first (I have further details if required)
ED.

JULY	6	SAT		GREAT SHUNNER SHUFFLE	N YORKS	29
	6	SAT	*	WINDERMERE FESTIVAL WALK	CUMBRIA	25
	7	SUN	*	CAERPHILLY SUMMITS CHALLENGE	MID GLAM	42-32-21-10
	7	SUN		PENNINE HERITAGE WALK	W YORKS	26
	7	SUN		PEAKERS STROLL	DERBYSHIRE	25
	13	SAT		THE GUIDE TRIGS WALK	W YORKS	26
	13	SAT		WHITE PEAK WALK	DERBYSHIRE	26
	13-14	SAT-SUN		NORTH YORK MOORS CROSSES WALK	N YORKS	54
	14	SUN	*	MORTIMER FOREST MARATHON	SHROPSHIRE	30-10
	14	SUN	*	HERTFORD HOBBLE	HERTS	25-12
	20-21	SAT-SUN		TANNERS 2-DAY WALK	SURREY	2x30-10
	21	SUN		FIGHT CANCER IN TRAFFORD	STAFFS	20-15-10-5
	27-28	SAT-SUN		GALLO WAY	BORDERS	50
AUG	3	SAT		DERBYSHIRE HILLS AND DALES	DERBYSHIRE	43
	10	SAT		MOR A MYNYDD	DYFED	40-20
	10	SAT	*	LIMESTONE LIMP	N YORKS/LANCS	38
	10	SAT		KIELDER BORDERER	NORTHUMBERLAND	20
	11	SUN		TUNBRIDGE WELLS CIRCULAR	KENT/SUSSEX	28-18-13
	11	SUN		MILLENNIUM WAY	I.O.M.	25
	11	SUN		WAENDEL WALKERS 10th ANNIV	NORTHANTS	25-15-6
	17	SAT	*	HANGING STONE LEAP	N YORKS	24
	18	SUN		WORCESTERSHIRE WAY	HEREF & WORCS	36-22-13-9
	18	SUN		DORSET DODDLE	DORSET	30
	24	SAT	*	SMUGGLERS TROD	N YORKS	26
	26-29	MON-THUR		YORK 4 DAY WALKS	N YORKS	4x25-15-9
SEPT	1	SUN		OUSE VALLEY AMBLE	BUCKS	30-25-10-5
	1	SUN		WINDMILLS AND WATERTOWERS	E'X/CAMBS/SUFF	26-19-12-7
	7	SAT		ACROSS WALES WALK	POWYS/DYFED	45
	7	SAT	*	GONGOOZLER	SUFFOLK	31-17-14
	7	SAT		WITCHES' WAY	LANCS	31
	7	SAT		TALYBONT TRIAL	POWYS	20
	7	SAT		PEAK CHALLENGE	DERBYSHIRE	26-16
	7	SAT		HOLME VALLLEY CIRCULAR	W YORKS	24
	7	SAT		BUTTERMERE ROUND	CUMBRIA	17
	7-8	SAT-SUN		BULLOCK SMITHY HIKE	DERBYS/STAFFS	56
	8	SUN	*	WIGAN PIER WALK	GTER MANCH/LANCS	32-27-15
	8	SUN		SCARBOROUGH SAMARITANS WALK	N YORKS	25
	8	SUN		HOP-A-LONG WITH PHAB	NORTHANTS	25-15-7
	14	SAT		LANGDALE CIRCUIT	N YORKS	27-14
	14	SAT	*	CHARNWOOD FOREST MARATHON	LEICS	27
	14	SAT	*	KENDAL GATHERING WALK	CUMBRIA	25
SEPT	15	SUN		CHILTERN MARATHON	BUCKS	26
	15	SUN	*	KIRKBY LONSDALE PARISH WALK	CUMBRIA	25
	17-20	TUE-FRI		WELSH INTERNAT 4-DAY WALKS	POWYS	4x25-15-10
	22	SUN		THREE SHIRES TRIANGLE CHALL	STAFF/DERBY/CHES	25
	29	SUN	*	DUNSFOLD KANTER	SURREY	20-12
	28	SAT		OTTER HIGH PEAK CHALLENGE	DERBYSHIRE	40
	28	SAT	*	S WALES PAIRS MOUNTAIN CHALL	GWENT	34---20
	28	SAT	*	COTSWOLD CHALLENGE	GLOS	25
	28	SAT		PENNINGTON ROUND	CUMBRIA	22-7
	28-29	SAT-SUN		CLEVELAND CLASSIC	CLEVELAND/N YORKS	56
	29	SUN	*	HARDENS MARATHON	SUSSEX/HANTS	27
	29	SUN		MERIDIAN WALK	LONDON/E'X/HERTS	25
	29	SUN		HEART OF SURREY WALK	SURREY	20-8/10
OCT	5	SAT		FALCON FLYER	N YORKS	26
	5	SAT		PATHFINDER 25	N YORKS	25
	5-6	SAT-SUN		LONGHYND HIKE	SHROPSHIRE	50
	6	SUN		CAVENDISH 27	N YORKS	27
	12-13	SAT-SUN	*	WEALDEN WATERS WALK	KENT/SUSSEX/SURREY	62
	19	SAT	*	WHITTLE WANDER	LANCS	23-14-7
	20	SUN		DUNCTON MARATHON	SUSSEX	26-12-6
	26	SAT	*	HALLOVE'EN HAPPENING	LANCS	30-22
NOV	2	SAT	*	BLACKWATER MARATHON	ESSEX	?28-12
	3	SUN		BECK-EHLEY HOOF-IT	W YORKS	21
	17	SUN	*	SHILLINGTON SHUFFLE	BEDS/HERTS	26-17
	17	SUN	*	DOG WALK	CUMBRIA	25
	23-24	SAT-SUN		REAL ALE AMBLE	POWYS	25-15-10
DEC	7	SAT	*	THREE WESTMORLAND RIVERS	CUMBRIA	25

1991		Race	Venue	Catg.	Miles	Climb	Start	Fee	Organiser	Record Time	Year	Holder	Pg
16	Feb	* The 21st Tiso Carnethy 5 Hill Race	@ Penicuik	A M	6	2500	14.00	£3.00	W B Scott, 49 Nevis Gardens, Penicuik, Midlothian by 27 January	48.08	1985	K Stuart	..
3	Mar	Bishoo Hill Race	Scotlandwell	A S	2½	1000	15.00	£1.00	A Graham, 12 School Road, Coaltown of Balgonie, Fife	17.35	1989	D Crowe	..
10	Mar	* Criffel Hill Race	New Abbey	A M	7	1800	13.00	£1.50	R Austin, Fannich, Culdoch Road, Tongland, Kirkcudbright	48.47	1987	R Pilbeam	..
23	Mar	Chapelgill Hill Race	Glenholm, nr. Broughton	A S	1½	1400	15.00	£1.00	R Wall, Nettlebush Cott., Drumelzier, Broughton, by Biggar	18.55	1988	C Donnelly	..
24	Mar	Bank of Scotland White Caterthun Race	Brechin	C M	11½	700	13.00	£3.00	A Young, 11 Gellatly Place, Brechin, Angus	1.03.23	1989	F Clyne	..
13	Apr	Craig Dunain Hill Race	Inverness	B S	6	900	15.00	£2.00	P Garner, 8 Tower Court, Westhill, Inverness	33.15	1986	K Martin	..
20	Apr	Ben Rhe Hill Race	Reay, Thurso	C M	7½	800	14.30	£3.00	D Lyall, Morven View, Weydale, Thurso	45.19	1985	V Miller	..
20	Apr	Screel Hill Race	Palnackie, nr. C. Douglas	A S	4	1300	13.00	£1.50	D Milligan, 107 Queen Street, Castle Douglas	28.26	1990	M Rigby	..
28	Apr	* Four Tops Hill Race	Leisure Ctr, Fort William	A L	14	5100	11.00	£4.00	E Campbell, Kisimul, Alma Road, Fort William	2.00.31	1987	John Maitland	..
4	May	* Stuc A'Chroin	Strathyre	A L	13	5000	13.00	£2.50	G Coppock, Ben Shoann Hotel, Main Street, Strathyre	2.13.26	1990	D Weir	..
5	May	Hill O' The Fairies	Strathyre	A S	5	1500	12.00	£1.00	G Coppock, Ben Shoann Hotel, Main Street, Strathyre	New Race			
11	May	* Ben Lomond Hill Race	@ Rowardennan, Loch Lomond	A M	9	3192	14.30	£4.50	J Holmes, 20 Kilmahew Avenue, Cardross, Dumbarton by 25 April	1.02.16	1983	J Wild	..
15	May	Dunyet Hill Race	Stirling University	A S	5	1250	19.00	£1.50	P Bilsborough, Sports Union, Stirling University, Stirling	33.18	1987	D McGonigle	..
17	May	Bruachleaddich Scottish Island Peaks Race	@ Oban to Troon	A L	70	12000	12.30	£25.00	C Mills, 5 Seafield View, Kinghorn, Fife by 1 April	9.25.58	1987	Haines/Ashworth	..
18	May	* Goatfell Race (also junior race)	Brodick, Arran	A M	8	2866	14.15	£3.50	C Turbett, 'Rannoch', Shiskine, Isle of Arran	1.13.13	1979	A Styan	..
19	May	Power of Scotland Kaim Hill Race	Fairlie	A S	3½	1250	14.00	£1.50	A Rodman, 9 Thirdpart, West Kilbride, Ayrshire	26.52	1989	G Devine	..
22	May	Kinnoull Hill Race	Brankiyn, Perth	C S	4	800	19.00	£1.00	G Duncan, 22 Wilson Street, Perth	23.59	1989	S Hale	..
25	May	* Bens of Jura Fell Race	@ Craighouse, Jura	A L	16	7500	10.30	£4.50	D Booth, 18 Allergill Park, Upperthong, Holmfirth by 1 May	3.07.05	1988	C Donnelly	..
25	May	Cairnpapple Hill Race (Veterans only)	Bathgate	C S	6	800	14.30	£0.50	D Morrison, 12a Deedes Street, Airdrie	34.10	1990	A Sterling	..
1	Jun	Glengoyne Gallop	Glenaffield	A S	2	1200	13.00	£1.00	A Campbell, 189 Cleveden Road, Glasgow	22.08	1988	Jack Maitland	..
2	Jun	Scolty Hill Race	Banchory	B S	5	800	14.15	£1.50	E Dunster, 80 Contlaw Road, Milltimber, Aberdeen	29.45	1983	F Clyne	..
2	Jun	Aonach Mor Hill Race (incl. Gondola fare)	@ Fort William	A M	10	3500	12.00	£9.00	E Campbell, Kisimul, Alma Road, Fort William by 20 May	1.21.39	1990	McGonigle/Fleming	..
8	Jun	Dollar Hill Race	Dollar Academy	A S	5	2000	14.00	£1.50	A S Blyth, 41 Princes Crescent, Dollar	38.50	1989	C Donnelly	..
8	Jun	Traprain Law Race	East Linton	C S	6	650	15.00	£1.00	K Burns, 21 The Dean, East Linton, East Lothian	38.05	1989	J Ross	..
9	Jun	Lomonds of Fife Hill Race (& junior race)	Gateside	A M	9	2200	14.15	£1.50	T Robertson, Knockmalloch, Station Road, Newtonmore	1.03.11	1989	M Paterson	..
9	Jun	Cairntable Hill Race (also junior races)	Games Hall, Muirkirk	C M	6	1275	12.00	£3.50	D Purdie, Games Hall, Pagan Walk, Muirkirk	41.40	1984	A Wilson	..
15	Jun	* Glen Rosa Horseshoe (100 limit)	@ Brodick Castle, Arran	A L	12	5500	12.00	£3.00	D Freeman, 26 Murray Crescent, Lamlash, Isle of Arran by 8 June	2.18.49	1989	D Davies	..
19	Jun	Ben Shoann Hill Race (also junior race)	Strathyre	A S	2½	1400	19.00	£1.00	G Coppock, Ben Shoann Hotel, Main Street, Strathyre	24.49	1990	B Rodgers	..
22	Jun	Eildon 2-Hill Race	Greenyards, Melrose	A S	4½	1500	15.00	£2.00	M Thom, Donlatmuir, Waverley Road, Melrose	25.48	1984	K Stuart	..
22	Jun	Scottish Mountain Trial (see back page)	@ Venue to be disclosed	O L,M & S courses			08.00	£5.00	Mrs S Coon, Ballencrieff Cottage, Bathgate, W. Lothian by 1 June	New Course			
23	Jun	Tiso 7 Hills of Edinburgh Race	Calton Hill, Edinburgh	C M	14	2200	11.15	£3.50	G Tiso, 13 Wellington Place, Leith, Edinburgh	1.32.40	1987	M Lindsay	..
24	Jun	Knockhill Race	Crieff	C S	3	560	19.00	£1.00	P Turek, 12 Mellfield Road, Crieff, Perthshire	17.19	1988	J Pentecost	..
26	Jun	Cort-ma Law Hill Race	Clachan of Campsie	A M	6	1500	19.30	£1.00	A Campbell, 189 Cleveden Road, Glasgow	46.08	1988	M Rigby	..
29	Jun	Cairngorm Hill Race	Glenmore, nr. Aviemore	B M	10	3000	14.30	£1.00	Mrs M McKay, Cairngorm Chairlift Company, Aviemore	1.12.15	1979	R Shields	..
30	Jun	* Lairig Ghru Race	Braemar to Aviemore	C L	28	2100	11.00	£3.00	J Diffey, Riverdale House, Longside, Peterhead	3.12.40	1976	A Pratt	..
30	Jun	Falkland Festival Race (also junior races)	Falkland	A S	3	1200	12.30	£1.00	R Hammond, Arthur Place, Cross Wynd, Falkland, Fife	19.24	1987	D McGonigle	..
2	Jul	Black Hill Race	Earlston	C S	4	600	19.00	Free	Mrs J Bryson, 2 Williambank, Earlston	26.22	1984	B Emmerson	..
6	Jul	* West Highland Way Race (80 limit)	@ Milngavie to Fort William	C L	95	9200	03.00	£10.00	P White, Chaos Control, PO Box 2, Prestonpans by 28 February	15.26.20	1989	D Wallace	..
6	Jul	Rubers Law Hill Race	Hallrule, Bonchester Br.	A S	3½	1350	16.00	£1.00	J Townsend, Abbotrule, Bonchester Bridge, nr. Hawick	New Race			
6	Jul	* Carlsberg Culter Fell Horseshoe	Tweedsmuir	A L	12	4000	12.00	£4.00	F Smith, Jennings Brewery, Cockermouth, Cumbria	1.52.14	1989	C Donnelly	..
7	Jul	* Moffat Chase	Moffat	A M	12	3500	11.00	£2.00	R Mitchell, 45 Twirlees Tce., Hawick	New Course			
7	Jul	Kildoon Hill Race	Maybole	C S	3	300	14.00	£0.50	K Anderson, 42 Ladyland Road, Maybole, Ayrshire	15.57	1979	D Auchie	..
13	Jul	Meall Ant-Suidhe Hill Race (& junior race)	Claggan Prk, Fort William	A S	3½	1500	14.00	£2.00	E Lee, Leesholme, Cameron Road, Fort William	27.54	1983	K Stuart	..
14	Jul	Half Ben Nevis Hill Race	Claggan Prk, Fort William	A M	6	2200	12.00	£2.00	E Lee, Leesholme, Cameron Road, Fort William	47.39	1983	C Donnelly	..
19	Jul	Lochaber AC Cow Hill Race (& junior race)	High Street, Fort William	B S	2	900	19.00	£2.00	E Lee, Leesholme, Cameron Road, Fort William	17.21	1987	S Carey	..
20	Jul	David Shepherd Memorial Glamaig Hill Race	Sligachan Hotel, Skye	A M	4½	2400	15.00	£2.00	R L Morris, 33 Morningside Road, Edinburgh	46.02	1990	A Kitchin	..
27	Jul	Snowdon Race International	@ Llanberis, Wales	A M	10	3200	14.00	£6.00	The Secretary, 6 Blaen Oddi, Llanberis, Gwynedd by 26 June	1.02.29	1985	K Stuart	..
27	Jul	Lochaber Highland Games Cow Hill Race	nr. Rail Stat., F. William	A S	2	900	14.30	£2.00	R Boswell, Cluaran, Annat, Fort William	18.47	1988	D Rodgers	..
3	Aug	Craag Dubh Hill Race	Newtonmore	A S	3	1223	15.00	£0.50	Mrs M Geddes, Inistrynich, Newtonmore, Inverness-shire	28.18	1990	J Wilkinson	..
4	Aug	Burnswark Hill Race	Ecclefechan	C S	6	900	12.30	£2.00	Mrs McKay, 7 Castle Acre, Ecclefechan, Lockerbie	34.06	1985	M Carroll	..
4	Aug	* Angus Munros Race (also junior race)	Glen Doll	A L	14	5000	11.00	£2.00	J J Wilkins, 11 Rose Street, Carnoustie, Angus	2.56.51	1989	D Armitage	..
7	Aug	North Berwick Law Race	North Berwick Harbour	C S	3	600	19.00	£0.50	A Scott, 140 Ruillon Road, Penicuik, Midlothian	17.53	1989	J Wilkinson	..
10	Aug	Merrick Hill Race	Bruce's Stone, Glen Trool	A M	8	2690	12.00	£2.00	P Trenchard, 11 Wheatfield Road, Girvan, Ayrshire	1.14.01	1989	A Kitchin	..
11	Aug	Dalchully Hill Race	Laggan Bridge	A S	4½	1500	14.00	£1.00	R Campbell, Aird Villa, Alma Road, Fort William	27.15	1986	J Musgrave	..
11	Aug	Glen Trool Forest Hill Race	Bruce's Stone, Glen Trool	C M	10½	1680	11.00	£1.00	Forestry Commission, Cree Bridge, Newton Stewart	1.31.30	1990	I Wallace	..
17	Aug	Largo Law Hill Race	Lower Largo, Fife	B S	5	900	15.00	£1.00	R Morrison, 8 Trinity Place, St Andrews, Fife	28.00	1987	T Mitchell	..
17	Aug	* Arrochar Alps Hill Race	@ Arrochar	A L	13	7900	11.00	£2.50	R Shields, 'Maymore', Drymen Road, Belloch by 9 August	3.07.39	1987	W Bland	..
18	Aug	Tweedsmuir Fair Fell Race	Tweedsmuir	A S	2	1000	15.00	£1.00	F Smith, Jennings Brewery, Cockermouth, Cumbria	18.43	1989	R Hope	..
21	Aug	Caerketton Hill Race (also junior race)	Hillend, Edinburgh	A S	2½	800	19.00	£1.00	A Doble, 5 Newhaven Main St., Edinburgh	12.41	1989	A Kitchin	..
24	Aug	* Great Wilderness Challenge (150 limit)	@ Corrie Hallie, Dundonnell	C L	25	3000	10.30	£5.00	A Macrae, 11 Mellon Charles, Aultbea, Ross-shire by 11 August	2.49.06	1987	J Musgrave	..
24	Aug	Great Wilderness Challenge (200 limit)	@ Drumchork, Aultbea	C M	13	1100	10.30	£3.00	A Macrae, 11 Mellon Charles, Aultbea, Ross-shire by 11 August	1.17.33	1990	G Grant	..
31	Aug	Achmony Hill Race	Drumnadrochit	B S	3½	500	15.00	£0.50	R Macdonald, Westfield, Lewiston, Drumnadrochit	20.39	1982	F Clyne	..
7	Sep	* Ben Nevis Race (500 limit)	@ Fort William	A M	10	4400	14.00	£6.00	G MacFarlane, 16 Grange Terrace, Fort William by 27 July	1.25.34	1984	K Stuart	..
7/8	Sep	1991 World Cup Mountain Races	Zermatt, Switzerland										
14	Sep	Calen William Hill Race	Monymusk, nr. Inverurie	B M	6½	1270	15.00	£2.00	D Armitage, 7 St Ninians, Monymusk, Inverurie	46.24	1989	G Bartlett	..
15	Sep	* Corrieyairack Pass Race	@ Motor Inn, Spean Bridge	C L	16	2250	11.00	£2.00	S Hastings, 13 Inverroy, Roy Bridge, Fort William by 1 Sept	1.45.21	1987	G Reynolds	..
22	Sep	Cockleroi Hill Race	Linlithgow	C S	5½	850	15.00	£1.50	J Bird, Netherwood, 10 St Ninians Avenue, Linlithgow	27.59	1985	P Faulds	..
28	Sep	Knockfarrel Hill Race	Strathpeffer	C S	6	1000	14.30	£3.00	A Bratt, 15 Peffery Road, Dingwall, Ross-shire	32.03	1986	I Mathieson	..
28	Sep	* The Breweries Fell Race	Traquair to Broughton	A L	18	5200	12.00	£4.00	W Sheridan, Dreva Craig, Broughton, by Biggar	2.36.38	1987	Jack Maitland	..
29	Sep	Black Meldon Hill Race (also relays)	Meldon Car Park nr. Peebles	A S	1	800	11.00	£1.00	R Wall, Nettlebush Cott., Drumelzier, Broughton, by Biggar	8.45	1986	R Hope	..
6	Oct	* The Inn-on-the-Hill Pentland Skyline	Hillend, Edinburgh	A L	16	6200	11.00	£2.00	Joe Forte Sports, 65 High Street, Haddington, East Lothian	2.26.40	1989	N Rigby	..
9	Nov	* Tinto Hill Race	Symington Sports Centre	A S	4½	1500	12.30	£1.00	A Farningham, 13 Abbotsiee, Tweedbank, Galashiels	31.33	1985	A Farninghee	..
23	Nov	Elrick Eightsome Relay Race	South Kirkhill, Aberdeen	B S	3x3	670	14.00	£3.00	E Rennie, 29 Ashley Gardens, Aberdeen	New Race			
1992													
1	Jan	Aonach Mor Gondola Race (also junior race)	Snowgoose C. Park, Torlundy	A S	2	2000	11.00	£2.00	S Hastings, 13 Inverroy, Roy Bridge, Fort William	24.13	1990	D Rodgers	..
2	Jan	Broughton Brewery Greenmantle Dash	Broughton	A S	1½	650	12.00	£1.50	R Wall, Nettlebush Cott., Drumelzier, Broughton, by Biggar	16.00	1991	Jack Maitland	..
15	Feb	* Tiso Carnethy 5 Hill Race	@ Penicuik	A M	6	2500	14.00	£3.00	W B Scott, 49 Nevis Gardens, Penicuik, Midlothian by 25 January	48.08	1985	K Stuart	..

IF YOU'RE GOING NORTH OF THE BORDER FOR YOUR HOL'S HERE'S THE S.H.R.A. CALENDER.

CALDER VALLEY FELL RUNNERS 1991 CHAMPIONSHIP

Championship Positions after 8 races

NAME	RACE								TOTAL
	1 (M)	2 (M)	3 (M)	4 (M)	5 (S)	6 (L)	7 (S)	8 (S)	POINTS
Gary Webb	30	30	30	30	30	30		30	210
Steve Houghton	27	29	28	29	29	28	30		200
Rod Sutcliffe	25	28			28	26	28	25	160
Robin Skelton		25	25	28			29	28	135
Graham Fry	17	17	16	21	23	20	20		134
Ian Hartman	22		22	25		21	23	15	128
Chris Godridge		23	21	27		22		18	111
Graeme Woodward	24			26			27	27	104
Pete Horne			18		26	25	24		93
Richard Kellett	23		20				26	22	91
Mark Bramall-Pimlott		20		24			22	20	86
Jeff Winder			26			29		29	84
Linda Hayles	16	16			18	18	14	2	84
Mick Banks			19	23	25			12	79
John Riley	18			17	20		16	5	76
Irene Neville	14	13		16	19		12	1	75
Chris Peart-Binns		24	23					26	73
Carl Greenwood				22			25	21	68
Steve Cavell				18	21		19	7	65
Jez Wilkinson		19			24			19	62
Richard Rowlands	28		29						57
Andy Thompson	21		17					16	54
Andy Wimpenny	26		27						53
Dick Crossland		26				27			53
Duncan Thompson	29					24			53
Dennis Gildea	19					19		13	51
Graham Spencer				19	22			10	51
Jon Wilkinson		21			27				48
Greg Houghton		27		20					47
Pete Round		22	24						46
Michael Burns	15	14					13	3	45
Steve Kirkbride	20						18		38
Carol Greenwood							17	17	34
Dave Yates		15	15						30
Trevor Redmond							21	9	30
Steve Skelton								24	24
Brian Horsley								23	23
Keith Munton						23			23
Tim Wilkinson		18							18
Dominic Rivron							15		15
Stewart Gardener								14	14
Pete Regan								11	11
Leahn Parry								8	8
Allan Greenwood								6	6
G Bailey								4	4
Christopher Nuttall								1	1
David Ayling								1	1
Dennis Commissar								1	1
J Sloane								1	1

If you spot any errors please let me know

CALDER VALLEY FELL RUNNERS 1991 CHAMPIONSHIP

Handicap Positions after 8 races

NAME	RACE								TOTAL
	1 (M)	2 (M)	3 (M)	4 (M)	5 (S)	6 (L)	7 (S)	8 (S)	POINTS
Steve Houghton	28	29	23	26	22	26	29		183
Graham Fry	18	23	30	29	28	23	30		181
Gary Webb	29	28	20	30	26	30		3	166
Chris Godridge		27	29	28		25		26	135
Linda Hayles	16	22			29	18	15	30	130
Robin Skelton		26	28	27			25	22	128
Rod Sutcliffe	21	24			19	28	22	12	126
Irene Neville	14	14		16	30		14	28	116
Ian Hartman	22		25	22		21	17	8	115
Pete Horne			24		25	24	23		96
Richard Kellett	20		22				27	21	90
Steve Cavell				20	23		26	15	84
Graeme Woodward	24			25			20	14	83
John Riley	17			17	18		18	9	79
Chris Peart-Binns		25	27					24	76
Mark Bramall-Pimlott		20		24			16	16	76
Graham Spencer				23	24			23	70
Mick Banks			21	21	21			6	69
Michael Burns	15	15					12	27	69
Andy Thompson	23		17					20	60
Carol Greenwood							28	29	57
Andy Wimpenny	30		26						56
Jez Wilkinson		16			20			18	54
Dennis Gildea	19					19		13	51
Jeff Winder			16			29		5	50
Greg Houghton		30		19					49
Jon Wilkinson		21			27				48
Carl Greenwood				18			19	10	47
Duncan Thompson	27					20			47
Steve Kirkbride	25						22		47
Dick Crossland		19				27			46
Richard Rowlands	26		19						45
Trevor Redmond							24	17	41
Pete Round		17	18						35
Dave Yates		13	15						28
Allan Greenwood								25	25
Keith Munton						22			22
Pete Regan								19	19
Tim Wilkinson		18							18
Dominic Rivron							13		13
Brian Horsley								11	11
Christopher Nuttall								7	7
Steve Skelton								4	4
David Ayling								2	2
Dennis Commissar								2	2
G Bailey								2	2
J Sloane								2	2
Leahn Parry								2	2
Stewart Gardener								2	2

If you spot any errors please let me know

CALDER VALLEY FELL RUNNERS 1991 CHAMPIONSHIP

Race Results

RACE 1: FIENDSDALE FELL RACE (AM 9m/2,600ft) - SATURDAY 23RD MARCH

Results in previous issue of Rampage

RACE 2: KENTMERE HORSESHOE FELL RACE (AM 12m/3,300ft) - SUNDAY 7TH APRIL

Pos.	Name	Time	Champ pts	Handicap	Adjusted Time	H'cap pts
1.	Sean Livesey	1.23.48				
21.	Gary Webb	1.31.09	30	6.00	1.25.09	28
77.	Steve Houghton	1.38.28	29	14.00	1.24.28	29
135.	Rod Sutcliffe	1.45.25	28	15.24	1.30.01	24
138.	Greg Houghton	1.45.41	27	24.00	1.21.41	30
144.	Dick Crossland	1.46.33	26	9.24	1.37.09	19
155.	Robin Skelton	1.47.57	25	20.00	1.27.57	26
174.	Chris Peart-Binns	1.49.41	24	21.00	1.28.41	25
209.	Chris Godridge	1.52.13	23	26.00	1.26.13	27
*259.	Pete Round	1.57.37	22	15.00	1.42.37	17
267.	Jon Wilkinson	1.58.17	21	25.00	1.33.17	21
268.	M Bramall-Pimlott	1.58.28	20	23.12	1.35.16	20
309.	Jez Wilkinson	2.03.22	19	19.48	1.43.34	16
332.	Tim Wilkinson	2.04.57	18	27.00	1.37.57	18
367.	Graham Fry	2.09.10	17	38.24	1.30.46	23
422.	Linda Hayles	2.18.21	16	45.24	1.32.57	22
446.	Dave Yates	2.26.05	15	-	-	13
454.	Michael Burns	2.28.49	14	35.36	1.53.13	14
*474.	Irene Neville	2.46.30	13	48.00	1.58.30	14

*Pete Round's time was affected by the assistance he gave to Pete Mason who had been injured while Irene Neville also suffered from a bad fall.

RACE 3: WARDLE SKYLINE RACE (CM 7m/1,000ft) - SATURDAY 13TH APRIL

Results in previous issue of Rampage

RACE 4: BUTTERMERE SAILBECK (AM 9.4m/4,250ft) - SUNDAY 12TH MAY

1.	James Bulman	1.33.34				
6.	Gary Webb	1.38.39	30	4.42	1.33.57	30
48.	Steve Houghton	1.50.00	29	10.58	1.39.02	26
65.	Robin Skelton	1.54.17	28	15.40	1.38.37	27
76.	Chris Godridge	1.56.06	27	20.22	1.35.44	28
77.	Graeme Woodward	1.56.13	26	15.40	1.40.33	25
84.	Ian Hartman	2.00.19	25	16.18	1.44.01	22
89.	M Bramall-Pimlott	2.01.25	24	18.10	1.43.15	24
94.	Mick Banks	2.02.29	23	15.12	1.47.17	21
102.	Carl Greenwood	2.05.15	22	14.06	1.51.09	18
108.	Graham Fry	2.05.42	21	30.05	1.35.37	29
124.	Greg Houghton	2.07.43	20	18.48	1.48.55	19
127.	Graham Spencer	2.08.11	19	24.26	1.43.45	23
134.	Steve Cavell	2.09.44	18	21.47	1.47.57	20
148.	John Riley	2.18.55	17	22.52	1.56.03	17
169.	Irene Neville	2.48.00	16	37.36	2.10.24	16

If you spot any errors please let me know

CALDER VALLEY FELL RUNNERS 1991 CHAMPIONSHIP

Race Results (continued)

Pos.	Name	Time	Champ pts	Handicap	Adjusted Time	H'cap pts
	RACE 5: SIMONS SEAT FELL RACE (AS 3.5m/1,300ft) - SATURDAY 18TH MAY					
1.	John Taylor	23.44				
14.	Gary Webb	25.20	30	1.10	24.10	26
88.	Steve Houghton	29.09	29	3.51	25.18	22
112.	Rod Sutcliffe	30.15	28	4.40	25.35	19
118.	Jon Wilkinson	30.31	27	6.53	23.38	27
119.	Pete Horne	30.36	26	5.50	24.46	25
130.	Mick Banks	31.16	25	5.57	25.19	21
133.	Jez Wilkinson	31.19	24	5.50	25.29	20
158.	Graham Fry	32.56	23	10.06	22.50	28
171.	Graham Spencer	33.36	22	8.24	25.12	24
172.	Steve Cavell	33.38	21	8.21	25.17	23
184.	John Riley	34.42	20	8.24	26.18	18
199.	Irene Neville	37.10	19	15.14	21.56	30
201.	Linda Hayles	37.21	18	14.56	22.25	29
	RACE 6: DUDDON VALLEY FELL RACE (AL 20m/6,000ft) - SATURDAY 1ST JUNE					
1.	Billy Bland	2.53.00				
2=.	Gary Webb	2.59.07	30	15.00	2.44.07	30
9.	Jeff Winder	3.14.12	29	23.00	2.51.12	29
19.	Steve Houghton	3.28.55	28	30.00	2.58.55	26
26.	Dick Crossland	3.32.10	27	36.40	2.55.30	27
28.	Rod Sutcliffe	3.32.14	26	38.00	2.54.14	28
31.	Pete Horne	3.36.19	25	36.40	2.59.39	24
32.	Duncan Thompson	3.36.20	24	21.20	3.15.00	20
35.	Keith Munton	3.43.15	23	36.40	3.06.35	22
48.	Chris Godridge	3.56.00	22	56.40	2.59.20	25
52.	Ian Hartman	4.01.12	21	49.20	3.11.52	21
67.	Graham Fry	4.20.28	20	79.20	3.01.08	23
68.	Dennis Gildea	4.22.25	19	66.40	3.15.45	19
89.	Linda Hayles	5.08.11	18	111.00	3.17.11	18
DNF.	Mick Banks					
	RACE 7: BUCKDEN PIKE FELL RACE (AS 4m/1,500ft) - SATURDAY 15TH JUNE					
1.	William Styan	34.49				
33.	Steve Houghton	38.53	30	4.24	34.28	29
54.	Robin Skelton	40.51	29	4.52	35.59	25
66.	Rod Sutcliffe	41.34	28	5.20	36.14	22
68.	Graeme Woodward	41.44	27	5.24	36.20	20
75.	Richard Kellett	42.12	26	6.36	35.36	27
79.	Carl Greenwood	42.38	25	5.56	36.42	19
82.	Pete Horne	42.44	24	6.40	36.04	23
93.	Ian Hartman	43.49	23	6.24	37.25	17
95.	M Bramall-Pimlott	43.54	22	6.28	37.26	16
108.	Trevor Redmond	44.58	21	8.56	36.02	24
109.	Graham Fry	44.59	20	11.32	33.27	30
115.	Steve Cavell	45.28	19	9.32	35.56	26
119.	Steve Kirkbride	45.34	18	9.20	36.14	22
126.	Carol Greenwood	46.12	17	10.56	35.16	28
138.	John Riley	46.55	16	9.36	37.19	18
179.	Dominic Rivron	54.24	15	10.32	43.52	13
182.	Linda Hayles	55.22	14	17.04	38.18	15
189.	Michael Burns	58.42	13	14.12	44.30	12
191.	Irene Neville	59.36	12	17.24	42.12	14