

<u>Winter Handicap</u>		28-Jan-12		<u>rating</u>	<u>improvement</u>	
1	Karl Gray	CVFR	0:36:52	1.10	-1%	
2	Mark Goldie	CVFR	0:42:24	1.27	0%	
3	Josh Whitely	guest	0:44:28	1.33		
4	Chris Godridge	CVFR	0:45:06	1.35	5%	
5	Bill Johnson	CVFR	0:45:55	1.37	-5%	
6	Robert Paradise	guest	0:46:31	1.39		
7	Toby Cotterill	CVFR	0:47:47	1.43	-4%	
8	Michael Dean	CVFR	0:50:02	1.50	4%	
9	Nat le Pla	CVFR	0:50:58	1.53		
10	Ben Davies	CVFR	0:51:40	1.55	6%	
11	Andy Thorpe1	CVFR	0:51:47	1.55	0%	
12	Nicky Bolton	guest	0:51:51	1.55		
13	John Nunn	CVFR	0:53:37	1.61	0%	
14	Sharon Godsman	CVFR	0:53:42	1.61	-3%	
15	Graham Lloyd	CVFR	0:54:13	1.62	1%	
16	Gary Muir	CVFR	0:54:43	1.64	-1%	
17	Jackie Scarf	CVFR	0:54:56	1.64	-3%	
18	Graeme Woodward	CVFR	0:55:44	1.67	-3%	
19	Trevor Murgatroyd	CVFR	0:57:26	1.72	-3%	
20	Blair Garrett	CVFR	0:59:02	1.77	0%	
21	Toby Sydes	CVFR	0:59:47	1.79	1%	best ever!
22	Paul Taylor	CVFR	1:00:13	1.80	6%	
23	Tony Bradley	CVFR	1:01:08	1.83	-4%	
24=	Vicky Butcher	CVFR	1:02:44	1.88	-1%	
24=	Heidi Rushton	CVFR	1:02:44	1.88	1%	
26	Linda Hayles	CVFR	1:02:54	1.88	-7%	
27	John Riley	CVFR	1:03:24	1.90	-10%	
28	Antony McManus	CVFR	1:04:21	1.93	-5%	
29	Melanie Nicholson	CVFR	1:05:52	1.97	-2%	
30	Catherine Plane	CVFR	1:05:57	1.97	9%	best ever!
31	Rachel Johnston	CVFR	1:07:17	2.01	-3%	
32	Carolyn Shimwell	CVFR	1:13:16	2.19		

32 runners