

<u>Wadsworth Trog</u>		11-Feb-12		<u>rating</u>	<u>improvement</u>	
1	James Logue	CVFR	MV40	2:47:01	1.06	3%
13	Steven Smithies	CVFR	MV40	3:16:41	1.24	2%
16	Simon Bourne	CVFR	MV40	3:19:38	1.26	-2%
26	Nicky Spinks	Dark Peak	FV40	3:28:43	1.32	
30	Lee Shimwell	CVFR	M	3:32:26	1.34	-2%
37	Anne Johnson	CVFR	FV40	3:37:37	1.38	-2%
61	Jackie Scarf	CVFR	FV40	4:11:35	1.59	1%
70	Robert Paradise	CVFR	M	4:14:23	1.61	
93	Tony Steward	CVFR	MV50	4:32:45	1.73	-2%
106	Ryan Colbeck	CVFR	M	4:47:10	1.82	
123	Philip Jones	CVFR	MV50	5:29:30	2.09	-12%
dnf	Peter Fitzpatrick	CVFR	MV40			
dnf	Johnnie Watson	CVFR	MV40			
dnf	Mark Goldie	CVFR	MV40			
dnf	Jason Stevens	CVFR	MV40			
dnf	Clare Kenny	CVFR	FV50			
dnf	Linda Hayles	CVFR	FV50			

135 starters, 123 finishers