	Midgley Moor	31-Mar-12			**rating**	**improvement**	
1	Karl Gray	CVFR	Vet 40	0:35:11	1.06	1%	new record
2	Tim Ellis	CVFR		0:40:46	1.23	-1%	
6	Andy Thorpe2	CVFR	vet 40	0:41:00	1.24	-2%	
7	Mark "Moaning" Goldie	CVFR	Vet 40	0:41:37	1.26	1%	
8	Alex Bowden	CVFR		0:41:50	1.26		
13	Rob Dobson	CVFR		0:42:21	1.28	-1%	
17	Bill Johnson	CVFR	Vet 40	0:43:04	1.30	0%	
21	Helen Fines	CVFR	Lady	0:43:38	1.32	0%	1st female
26	Sally Newman	CVFR	Vet 50	0:44:13	1.33	1%	
29	Richard Crossland	CVFR	Vet 50	0:45:25	1.37	-5%	
35	Mark Wharton	CVFR	Vet 40	0:46:03	1.39	-1%	
43	Anne Johnson	CVFR	Lady Vet 40	0:47:35	1.44	-5%	
44	Andy Fleet	CVFR	Under 23	0:47:42	1.44	-16%	
45	Jim Mosley	CVFR	Vet 40	0:48:08	1.45	5%	
52	David Culpan	CVFR	Vet 50	0:50:34	1.53	2%	best this year
56	Mike Wardle	CVFR	Vet 50	0:52:56	1.60	-2%	
68	Tony Steward	CVFR	Vet 50	0:54:05	1.63	-1%	
70	Blair Garrett	CVFR		0:54:14	1.64	4%	
71	Graham Lloyd	CVFR	Vet 50	0:54:15	1.64	-3%	
73	Rod Sutcliffe	CVFR	Vet 60	0:54:49	1.65	-3%	
78	Andy Thorpe1	CVFR	Vet 40	0:55:37	1.68	-9%	
80	Gillian Wisbey	CVFR	Lady vet 40	0:56:01	1.69	0%	
82	Manhar Patel	CVFR	Vet 40	0:56:03	1.69	-1%	
101	Helen Wilkinson	CVFR	Lady vet 40	0:59:59	1.81	3%	
104	Toby Sydes	CVFR	Vet 40	1:00:46	1.83	-3%	
106	Graham Davy	CVFR	Vet 50	1:01:11	1.85	4%	
109	Vicky Butcher	CVFR	Lady vet 40	1:02:31	1.89	2%	
113	Heidi Rushton	CVFR	Lady Vet 40	1:03:03	1.90	-1%	

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