

**Knowl Hill**

10-Jun-12

				<b><u>rating</u></b>	<b><u>improvement</u></b>
1	Anthony Dalton	Rossendale		0:45:57 1.19	
3	Andy Thorpe2	CVFR	V40	0:46:53 1.21	0%
39	Sarah Yeomans	Rossendale	F	0:56:59 1.47	
84	Tony Steward	CVFR	V55	1:06:32 1.72	-5%
99	Graham Davy	CVFR	V50	1:10:07 1.81	<b>1%</b>

115 runners