

## Wadsworth Trog 2010

<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Cat</b>	<b>Time</b>
1	TOM BRUNT	HOLMFIRTH HARRIERS	SM	3.00:24
2	PAUL THOMPSON	CLAYTON LE MOORS	SM	3.01:48
3	MICK FLATLEY	MIDDLETON HARRIERS	M40	3.08:27
4	JASON STEVENS	CALDER VALLEY	M40	3.10:26
5	ANDREW ORR	CLAYTON LE MOORS	SM	3.18:48
6	MARK OLLERENSHAW	GLOSSOPDALE HARRIERS	SM	3.19:09
7	SIMON BOURNE	CALDER VALLEY	M40	3.19:49
8	ANDREW NICOLL	BINGLEY HARRIERS	M40	3.20:01
9	ROGER TAYLOR	PRESTON HARRIERS	M40	3.20:10
10	DARREN HOLLOWAY	PENNINE	SM	3.20:22
11	CHRIS BALDERSON	CLAYTON LE MOORS	M40	3.22:36
12	MATTHEW HULLEY	DARK PEAK	SM	3.23:20
13	ED GAMBLE CHESHIRE	HILL RUNNERS	M40	3.24:28
14	MIKE NELSON	MACCLESFIELD HARRIERS	M40	3.24:33
15	ANDREW ROBINSON	CLAYTON LE MOORS	M50	3.33:55
16	TIM EDWARD	CLAYTON LE MOORS	M40	3.37:05
17	GARY SHAW	CLAYTON LE MOORS	SM	3.38:09
18	IAN HILL	BINGLEY HARRIERS	M50	3.39:05
19	DAVE COLLINS	TODMORDEN HARRIERS	M50	3.40:13
20	MARTIN HURST	BOWLAND FELL RUNNERS	SM	3.40:22
21	PETE BOOTH	CLAYTON LE MOORS	M50	3.42:14
22	CHRIS STANDISH	CALDER VALLEY	SM	3.43:14
23	PAUL HESKETH	CLAYTON LE MOORS	M40	3.43:19
24	ANTHONY EMMET	UNATTACHED	SM	3.43:46
25	HELEN JACKSON	BINGLEY HARRIERS	L	3.43:48
26	PAUL SMOOTHSON	KEIGHLEY AND CRAVEN	M40	3.44:11
27	KEVIN HOLMES	UNATTACHED	M40	3.44:33
28	EIRIK STANGNES	VALLEY STRIDERS	SM	3.47:59
29	KEVIN HOULT	CALDER VALLEY	SM	3.48:00
30	ANDY SUTTON	MILTON KEYNES AC	SM	3.52:50
31	STEVEN GRIMLEY	CALDER VALLEY	M40	3.53:39
32	ALAN RENFREE	UNATTACHED	M50	3.54:26
33	STEVE WEBB	VALLEY STRIDERS	M40	3.54:53
34	DAVE STEPHENSON	BINGLEY HARRIERS	M40	3.55:12
35	KAREN NASH	PRESTON HARRIERS	LV40	3.56:48
36	MARTIN TERRY	CLAYTON LE MOORS	M40	3.57:22
37	STEVE RIVERS	UNATTACHED	M40	3.57:42
38	NICKY SPINKS	DARK PEAK	LV40	3.57:58
39	DIGBY HARRIS	MACCLESFIELD HARRIERS	M40	3.57:59
40	PHIL HODGSON	TODMORDEN HARRIERS	M50	3.59:37
41	CHRISTINE PRESTON	TODMORDEN HARRIERS	LV40	4.00:14
42	IAN CHARLESWORTH	PENISTONE F'PATH RUNNERS	M50	4.01:04
43	WILLIAM HARRIS	SHROPSHIRE SHUFFLERS	M40	4.01:33
44	PAUL ORTON	SOUTHWELL RC	M40	4.01:59
45	RACHEL HILL	FRA	L	4.06:18
46	ALISTAIR BARLOW	ILKLEY HARRIERS	M40	4.07:39
47	NEIL WORSWICK	CLAYTON LE MOORS	M40	4.10:50
48	TIM HARGREAVES	STOCKPORT HARRIERS	M50	4.11:23
49	STEVE BURY	CLAYTON LE MOORS	M60	4.11:46
50	SHAUN BIRTWELL	UNATTACHED	M40	4.13:12

<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Cat</b>	<b>Time</b>
51	MARTIN HUDDLESTON	CALDER VALLEY	M40	4.13:37
52	JOHN TELFER	NORTHUMBERLAND FR	M40	4.14:13
53	ROY HUNTER	HARROGATE HARRIERS	M50	4.14:36
54	ROBYN ANDERSON	PRESTON HARRIERS	L	4.15:46
55	GARY BASTOW	RIPON RUNNERS	M50	4.16:50
56	JAMES RILEY	TODMORDEN HARRIERS	SM	4.19:03
57	MICHAEL MCLOUGHLIN	PRESTON HARRIERS	M50	4.22:43
58	CLIVE GREATOREX	TODMORDEN HARRIERS	M40	4.23:30
59	RICHARD BELLARIES	CLAYTON LE MOORS	M50	4.24:30
60	MALCOLM COLES	VALLEY STRIDERS	M60	4.24:55
61	DAVID JELLEY	RIPON RUNNERS	M50	4.25:10
62	NICKY JAQUIERY	ILKLEY HARRIERS	LV40	4.25:12
63	KENNY TURNER	DARK PEAK	M50	4.25:14
64	JULIE GARDNER	DARK PEAK	LV40	4.25:15
65	STEVE BATTLE	WORKSOP HARRIERS	M40	4.25:19
66	PETER CHAPMAN	RIPON RUNNERS	M50	4.25:51
67	JEFFREY PICKUP	CLAYTON LE MOORS	M50	4.26:03
68	DAVID FINDELL-HAWKINS	MILTON KEYNE AC	M50	4.26:30
69	ROY PARKINSON	PRESTON HARRIERS	M40	4.27:10
70	BILL FOREMAN	RIPON RUNNERS	M40	4.27:21
71	KATY THOMPSON	CLAYTON LE MOORS	W50	4.27:32
72	WILLY KITCHEN	DARK PEAK	M40	4.27:35
73	BOB WIGHTMAN	ILKLEY HARRIERS	M40	4.27:45
74	GINNY WILLEY	MIDDLETON HARRIERS	L	4.27:52
75	LYNNE CLOUGH	CHORLEY RUNNERS	LV40	4.28:05
76	JENNY BROWN	ROCHDALE HARRIERS	L	4.28:06
77	MANDY CLARKE	BINGLEY HARRIERS	LV40	4.28:20
78	RICHARD LEONARD	TODMORDEN HARRIERS	M50	4.28:29
79	MICHAEL POPE	NORTH YORK MOORS AC	M40	4.28:36
80	PAUL LEARY	ROCHDALE HARRIERS	M40	4.29:04
81	NATHAN MARTIN	UNATTACHED	SM	4.29:12
82	TONY STEWARD	CALDER VALLEY	M50	4.29:24
83 =	MARTIN STOCKS	DARK PEAK	M40	4.29:39
83 =	ROY GIBSON	DARK PEAK	M40	4.29:39
85	DAVE DEASON	DALLAM	M40	4.30:05
86	DAVID PICKERING	RETFORD AC	M40	4.30:14
87	EMMA GREGORY	PRESTON HARRIERS	L	4.30:41
88	STEPHEN DIXON	VALLEY STRIDERS	M50	4.30:49
89	YIANNIS TRIDIMAS	BOWLAND FELL RUNNERS	M60	4.30:53
90	STUART HIRST	DALLAM	M40	4.31:04
91	CHRIS HILL	ROCHDALE HARRIERS	SM	4.31:35
92 =	STEVE WOODWARD	RETFORD AC	M40	4.32:50
92 =	JAYNE BUTTERWORTH	SKIPTON AC	LV40	4.32:50
94	STEVE WATHALL	RETFORD AC	M50	4.32:52
95	NEIL HANKINSON	WARRINGTON ROAD RUNNERS	SM	4.34:15
96	MELANIE BLACKHURST	TODMORDEN HARRIERS	LV	4.35:23
97	RICHARD O'SULLIVAN	TODMORDEN HARRIERS	M40	4.35:53
98	ROBERT BUMSTEAD	VALLEY STRIDER	M40	4.37:31
99	IAN SHUTTLEWORTH	HOLMFIRTH HARRIERS	M40	4.38:53
100	TONY CUNNINGHAM	OTLEY AC	SM	4.41:24
101	WENDY DODDS	CLAYTON LE MOORS	LV50	4.44:33
102	DAVID KNIGHT	HOLMFIRTH HARRIERS	M40	4.45:20
103	PAUL MURRAY	HORWICH RMI	M60	4.45:39

<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Cat</b>	<b>Time</b>
104	GARY BALMER	CLAYTON LE MOORS	M40	4.46:46
105	MARTIN GABRIEL	RIPON RUNNERS	M40	4.47:21
106	GRAHAM DYSON	STAINLAND LIONS	M40	4.47:36
107	EDDIE LESNIAK	ACHILLE RATTI	M50	4.47:51
108	PHIL HARGREAVES	SKIPTON AC	M40	4.48:37
109	XANTHE HANNAH	VALLEY STRIDERS	L	4.49:47
110	JONATHON BROWNBILL	VALLEY STRIDERS	M40	4.51:45
111	BERNARD CORFE	UNATTACHED	M40	4.58:02
112	IAN HODGE	VEGAN RUNNERS	SM	5.05:13
113	DAVID CLAXTON	KEIGHLEY AND CRAVEN	SM	5.13:53
114	ANDREW KITTS	KEIGHLEY AND CRAVEN	M40	5.14:08
115	JIM DOHERTY	PRESTON HARRIERS	M40	5.16:18
116	HELEN HODGKINSON	TODMORDEN HARRIERS	L	5.19:50
117	ELISE MILNES	TODMORDEN HARRIERS	LV50	5.19:51
118	JOHN COX	MIDDLETON HARRIERS	M60	5.35:39

### **MENS TEAM**

CLAYTON-LE-MOORS (Paul Thompson, Andrew Orr, Chris Balderson)

### **LADIES TEAM**

PRESTON HARRIERS (Karen Nash, Robyn Anderson, Emma Gregory)